ISSUE 18: SEMTEMBER 2009 - NOVEMBER 2009

PHANGAN.INFO

POCKET GUIDE - FREE COPY - POCKET GUIDE - FREE COPY

TRAVEL INFORMATION P22
Ferry, Bus, Train & Flight Timetables

HEALTH & SPA P74
Massage, Reiki, Retreats, Yoga

SCUBA DIVING P32
The Best Dive Sites Around Koh Phangan

ADVENTURE & ACTIVITIES P80
Explore Koh Phangan

BUSINESS DIRECTORY P162
A-Z Listing, Telephone Numbers

ISLAND MAP P174

FREE GUIDE BOOK



Special Feature "Thong Nai Pan Noi Beach" p10-11

WWW.PHANGAN.INFO
INFORMATION, MAPS, RESTAURANTS & HOTELS
ONLINE ISLAND GUIDE TO KOH PHANGAN

amazing THAILAND

WWW.PHANGAN.INFO ONLINE RESERVATION & ISLAND GUIDE 18

funk.soul.jazz
funk.hip.hop

ju ju bar
"it's all in the music"
Haad Yao, Koh Phangan

"....think about your holiday, think about us...."

- Air-Con or Fan Bungalows
- Hot Water
- Modern Bathrooms
- Fresh Local Thai Food
- Western Cuisine
- Tour & Travel
- International Call & Fax
- Supermarket
- Swimming Pool
- Spa Massage and Sauna

CBR
Chaloklum Bay Resort
โจกลัมเบย์รีสอร์ท
Chaloklum Bay Spa







Ao Chaloklum Beach, Koh Phangan, Suratthani 84280, Thailand
Reservation Tel: +66 (0)77 374147-8, Fax: +66 (0)77 374222
Email: reservation@chaloklumbay.com, Website: www.chaloklumbay.com






HAAD SON RESORT
KOH PHANGAN

HAAD SON RESORT
Tel/Fax : 077 349103-4, 077 349223
www.haadson.net www.haadson.info
email: haadson@hotmail.com



..Be at Home with Nature..








SEE THROUGH BOUTIQUE RESORT
tel: 077 349315 fax: 077 349316
www.haadyao.net
email: haadyaoseethrough@gmail.com

Tel: +66(0)77 349146-8, +66(0)77 349216
Fax: +66(0)77 349187 www.saladburi.com
email:info@saladburi.com / saladburi@yahoo.com

Salad Buri Resort & Spa

The ideal place to relax and refreshing natural beauty of this magnificent.













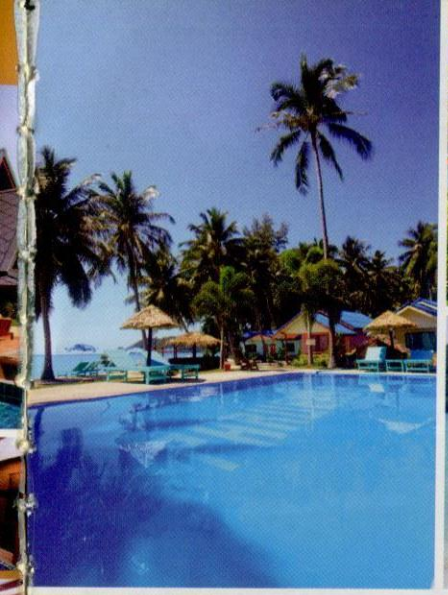
Facilities & Services

Room Service
Laundry Service
Safety Deposit Box
Beach Front Restaurant & Bar
Health Spa, Massage, Jacuzzi
Swimming Pool & Waterfall
Internet, Telephone, Fax, Overseas Call
Travel Booking
Diving School
Jeep & Motorbike for Rent
Transfer Service

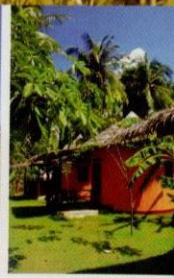


Salad Beach Resort

Tel: +66(0)77 349149, +66(0)77 349274-5, +66(0)77 377015,
+66(0)77 238242 Fax: +66(0)77 238242, +66(0)77 349275
www.phangan-saladbeachresort.com
info@phangan-saladbeachresort.com, saladbeach@yahoo.co.th









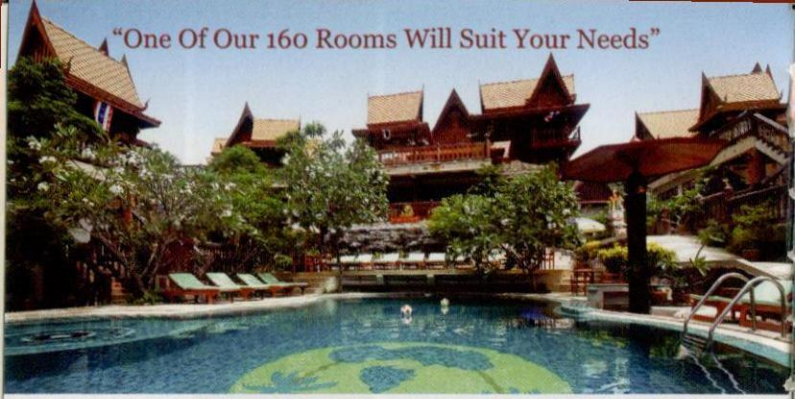


phrueksa

beach resort

Phrueksa
beach resort

Thongsala Beach, Koh Phangan
Tel/Fax: 077 238959 Mobile: 08 1858 0472

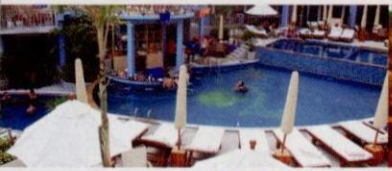


"Welcome To Your Tropical Dream"





"Our Smile to Your Face"





Monthly Foam + Pool Party

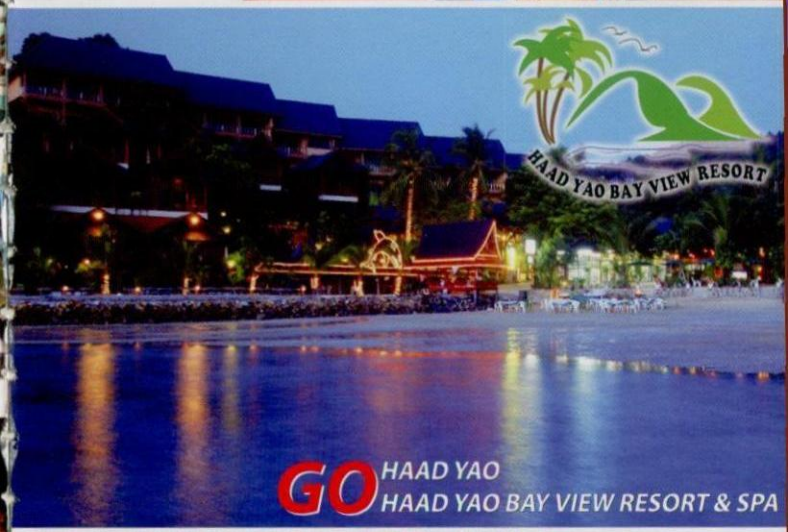
- Airport Transfers
- Business Center
- Room Service
- Coffee Shop
- Jacuzzi
- Shopping Arcade
- Doctor Service
- Tour Desk
- Baby-sitting Service
- Children's Play Pool
- Spa Treatment Center
- Internet Service
- Laundry Service
- Swimming Pool
- Restaurant & Bar

DROP IN CLUB
RESORT & SPA
HAADRIN, KOHPHANGAN THAILAND

154/1-10 Moo 6, Haad Rin, Koh Phangan, Suratthani, Thailand 84280
www.dropinclubresortandspa.com email: dropinclub@hotmail.com
Tel: 077 375444-7, Fax: 077 375448











57 M.8 Haad Yao Beach, Koh Phangan
www.haadyao-bayviewresort.com Email : haadyao-bayviewresort@hotmail.com
Tel : 077 349193 , 077 349141 Fax : 077 349140

facebook®
PHANGAN.INFO on Facebook

Share Stories...
Post Photos...
Write Reviews...
Join us on Facebook.

www.facebook.com/phangan.info

Facebook is a registered trademark of Facebook Inc.

CONTENTS

Editor
Chontira Bartholomew

Graphic Designer / Photographer
Wasit Buasamui

Coordinator
Temsiri Chotithammo
Areerat Kasabai

Sales & Advertising Manager
Ruchapha Tantrakul

Advertising Sales
Ruchapha Tantrakul (Manager)
Tel: 077 238766
Mobile: 08 1970 5449
Email: guidebook@phangan.info

PHANGAN INFO is Published by
PHANGAN INFO CO., LTD.
101/12 Moo 1, Thongsala, Koh Phangan
Suratthani 84280, Thailand
Tel: 077 238764, Fax: 077 238765
Printing License No. 84/2550

Printing
Lake & Fountain Printing Co., Ltd.
146/30 Soi Ramintra 21
Ramintra Road, Bangkhen
Bangkok 10220, Tel: 08 6313 5913

Front Cover
Rasananda, Thong Nai Pan Noi

Acknowledgements
Dive Photographs provided by Johnny, Haad Yao Divers & Chaloklum Diving
Dive Section edited by Haad Yao Divers

Copyright 2009
PHANGAN INFO CO., LTD.
All rights reserved

EDITORIAL

Special Feature
Rasananda.....10

About Koh Phangan
History, Services & Safety, Medical.....12

Travel Information
Ferry Timetables, Travel Agents.....22

Scuba Diving & Snorkelling
Koh Ma, Dive Sites, Dive Schools.....32

Full Moon Party & Beyond
Half Moon, Black Moon, Party Scene.....46

Restaurants & Bars
Seafood, BBQ, Italian, Mexican etc.....56

Shopping
Jewellery, Clothing, Art, Handicrafts.....70

Health & Spa
Massage, Yoga, Healing etc.....74

Adventure & Activities
Thai Boxing, Safari, Boat Trips etc.....80

Places to Visit.....94

South West
Thongsala, Baan Tai, Baan Khai.....98

South East
Haad Rin, Haad Yuan, Haad Leela.....118

North West
Srithanu, Haad Yao, Chaloklum.....134

North East
Bottle Beach, Thong Nai Pan.....152

Business Directory.....162
Island Map.....174

KOH PHANGAN MAP DIRECTORY

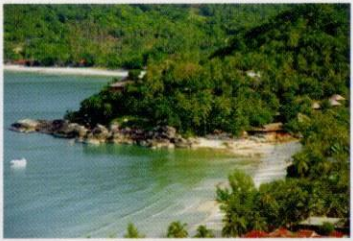


SOUTH WEST	SOUTH EAST	NORTH WEST	NORTH EAST
Wok Tum	Haad Rin Nok	Ao Hin Kong	Thong Nai Pan Noi
Ao Plaaylaem	Haad Rin Nai	Ao Srithanu	Thong Nai Pan Yai
Ao Nai Wok	Haad Khontee	Haad Chao Phao	Haad Khuat
Thongsala	Haad Leela	Haad Son	Haad Sadet
Ao Bang Charu	Ao Hin Lor	Haad Yao	Haad Thong Reng
Ao Baan Tai	Haad Yuan	Haad Thian	Haad Yang
Ao Baan Khai	Haad Thian	Haad Gruad	
Bang Nam Khem	Haad Wainam	Haad Salad	
	Haad Yao	Haad Mae Haad	
		Ao Chaloklum	

MAP DIRECTORY

To make it easier to find your way and introduce the best spots on the island this guide book is split into different regional sections, including specific information for each area. All the maps are listed below:

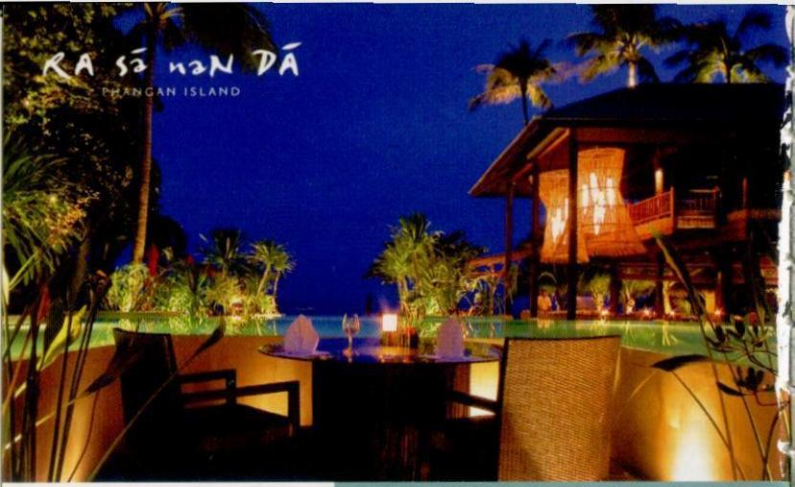
Thailand Map.....p13
Bus, Ferry & Train Travel Routes.....p23
Scuba Diving and Snorkelling.....p33
Koh Ma Island.....p36
Full Moon Party.....p47
Ang Thong Marine Park.....p91
Things to do and see.....p97
South West.....p99
Around Thongsala..... p100
Thongsala.....p104-105
Baan Tai & Baan Khai.....p108-109
South East.....p119
Haad Rin.....p124-125
North West.....p135
Srithanu & Haad Chao Phao.....p136
Haad Yao, Haad Salad & Mae Haad....p138
Chaloklum.....p142
North East.....p153
Thong Nai Pan.....p154
Than Sadet Waterfall Map.....p161
Koh Phangan Map.....p174-175



MAP ICONS

- Activity
- ATM
- Bank
- Bar / Pub
- Bus Station
- Business
- Chinese Temple
- Church
- Diving
- Elephant Trekking
- Gas Spot
- Gas Station
- Government Center
- Health
- Hospital / Health Center
- Mosque
- Peak
- Pharmacy / Clinic
- Pier
- Police Station
- Post Office
- Resort / Hotel / Bungalow
- Restaurant / Café
- School
- Shopping
- Snorkelling
- Temple
- Thing to See
- Traffic Light
- Viewpoint
- Waterfall

YELLOW café free wi-fi internet zone



'Amazing'
South China Morning Post

The Bistro @ The Beach
Discover Phangan's Most Unique Dining
Discover Ultimate Bliss

Complimentary Round Trip
Transportation from Tong Nai Pan*

SEASIDE
DINING AT IT'S BEST

Koh Phangan's Happiest Happy Hour Offering 2 for 1's Daily 17:00 - 19:00
Complimentary Appetizer with the Purchase of a Bottle of Wine in The Lounge
'Thai Jim Jum' Exclusively @ Rasananda only THB 950++ Per Person

www.rasananda.com | +66 (0) 77 239 555 | discover@rasananda.com

*Advance booking is required. **Valid 1 September - 23 December 2009



The Spa @ Rasananda

Discover a Whole New You
Discover Ultimate Bliss

'Interesting & Unique'
Asia Spa

Complimentary Round Trip
Transportation from Tong Nai Pan*

FABULOUS
FALL FANTASY

Experience Our 'Fall Fantasy Happy Body' Package
Exclusively @ The Spa Enjoy **3** Hours of Ultimate Bliss
Facial, Body Scrub, Massage and Steam only THB 3,500++ Per Person

www.rasananda.com | +66 (0) 77 239 555 | discover@rasananda.com

*Advance booking is required.. **Valid 1 September - 23 December 2009

ABOUT KOH PHANGAN

WWW.PHANGAN.INFO

WHERE IS KOH PHANGAN ?

Koh Phangan is located in Jangwat (province) Suratthani in the Southern Gulf of Thailand and is part of the group of islands that make up the Samui Archipelago; a group of over 40 islands fashioned in granite from age old igneous formations. The provincial capital is also called Suratthani and acts as the main overland transport hub for the islands. Koh Phangan is 70kms from the mainland and approximately 12kms away from Koh Samui which acts as the main air-link to Koh Phangan.

HISTORY AND FACTS

Koh Phangan has always been a beautiful and spiritual place for the Thai people, it has been visited by no less than four Kings of Thailand; with the Great Rama V coming over 10 times, leaving his royal seal engraved on a rock at Thaan Sadet Waterfall; and the current King Bhumibol following in his footsteps. The island was uninhabited until about 600 years ago when passing monks realised its tranquillity and spiritual importance and settled in Wat Phu Khao Noi just outside Thongsala. It is Thailand's fifth biggest island and has an area of 167km^2, thus over 90% of Phangan is unspoilt tropical forest; and due to its granite structure, there are several small mountains where it's possible to trek and even camp. There is an abundance of wildlife from monkeys to birds of paradise and then there is the amazing underwater world that surrounds Koh Phangan; with over 10kms of vibrant coral and 20 local dive sites. And if you have any energy after that, there is the nightlife that the island became internationally famous for, with the globally renowned Full Moon Party and weekly outdoor events in jungle and beachfront venues; not forgetting the daily session that goes off in Haad Rin.

ECO-TOURISM

Koh Phangan has been officially designated as a zone for eco-tourism, so if you are planning to visit make sure that you join in. There are plenty of activities such as doing a local trek up the highest mountain or beach hopping along the east coast - check out the trekking section at *page 86*. For those that need a bit more speed pick up a mountain bike for around 100 Baht per day. *See page 84* for our recommended routes.

MONEY

If you have plastic or travellers cheques, there are plenty of places to get cash; the main towns of Thongsala and Haad Rin have the best selection of exchange booths and banks, who all offer similar rates. Most towns have ATMs and there are a few 7-Eleven's, supermarkets and resorts with them.

Take a look at our town maps of Thongsala (*page 104*) and Haad Rin (*page 124*) if you are looking for banks or money exchange services.

Climate

Month	Average High (°c)	Average Low (°c)	Average Rain (mm)
January	29.1	24.1	144.5
February	29.5	25.2	33.3
March	30.8	25.8	50
April	32.1	26.2	85.8
May	32.5	25.8	157.5
June	32.2	25.6	92.8
July	31.9	25.1	130.9
August	31.8	25.2	105.5
September	31.5	24.9	113.2
October	31.5	24.9	265.9
November	29.5	24.1	526.1
December	29.0	23.9	203.1

MAP OF THAILAND



Distances to Koh Phangan

Bangkok	744 km
Chiang Mai	1440 km
Suratthani	100 km
Phuket	387 km
Koh Samui	20 km
Hat Yai	387 km
Kanchanburi	758 km
Koh Tao	45 km
Krabi	311 km
Chumphon	293 km
Hua Hin	544 km
Ranong	319 km
Sungai Kolok	669 km

INTERNET & EMAIL

Koh Phangan has tons of internet shops dotted around the island which are either independent or inside the hotel; the old dial-up modems are almost a thing of the past as most shops now have ADSL broadband services. For those of you with a laptop, you will find fairly good wireless network coverage around Koh Phangan and Samui.

MEDICAL SERVICES

Koh Phangan Hospital (*map page 100*) near Thongsala has a good standard of care but lacks facilities, there is an X-ray machine, excellent motorbike wound repair and a weekly dental clinic, but should really be considered as your family doctor and not as fully equipped as Thai hospitals can be. Samui offers several choices if you need good care and the Koh Phangan Hospital will quickly hand over cases they can't handle whilst arranging a speedboat if necessary.



If it is not too serious then there are numerous clinics around the island; three good choices being the *Bandon Inter Clinic* (*page 19*) and *Haad Rin Inter Clinic* (*below*) both in Haad Rin, or the *Phangan Medical Center by Bangkok Hospital* (*see map on page 108*) in Baan Tai. Bigger Hospitals are available on Koh Samui and also in Suratthani.

Haad Rin Inter Clinic HR

24 Hours & Medical Services
On Call With Doctor
House Call & Visit Patient
Travel Insurance Accepted



Dr. Siripong (Dr. Sam)

PLAZA COMPLEX
DROP IN HOTEL
HR

116/20 Haad Rin,Koh Phangan
Suratthani 84280, Thailand

Tel: 077 375342 Fax : 077 375103
Mobile: 08 1318 5085

VISA MasterCard

RESCUE SERVICE



Koh Phangan also has a rescue service kindly run by a group of volunteers to help in any kind of medical emergency. The staff are trained at the Narenthorn EMS Center to be skilled in dealing with common life threatening events, such as motorbike accidents. In the unfortunate circumstance that there is a fatality the Rescue service will help by providing support and guidance, contact friends and family, while also dealing with the police and hospital. The service is free and open 24 hours a day, entirely run on donation any kind of offering is wholeheartedly appreciated. Contact the Rescue service on 077 377500, 077 377194 or 08 1698 9493 (Khun Lek).

TOURIST POLICE

There are currently no Tourist Police officers on Koh Phangan, so if you have experienced a crime and want to make a report, it is best to go to the Police Station near Thongsala (*see map on page 100*) where there are English speaking officers ready to make an official record. If you need assistance at the Full Moon Party, there are volunteers on the beach. For more information telephone the Samui Office on 077 421281 or the hotline on 1155.



Heinz Kaulen

MH PROMOTIONS + MARKETING AGENCY CO.LTD

70/1 Moo 6
Haad Rin
Koh Phangan
Suratthani 84280
Tel.087- 010 7692
heinzkaulen@hotmail.com

6 years experience on this island

- Beach House for rent
- Rooms all budgets
- Business consulting
- Business for sale
- Sport events
- Moderations (MC)

Up 2 you



Restaurant & Bar
Kaadrin

Sunset Beach - Tommy Road

Best Schnitzel - Bratwurst - Steaks
Daily Specials - Draught Beer

Table Football - Pool Table
Sport events live on big screen

DANGERS AND ANNOYANCES

Koh Phangan is a very safe place where most troubles are self inflicted; with drink driving and drug arrests the biggest problem makers. Motorbike accidents are fairly common; the unsightly scar has become known as a "Koh Phangan Tattoo" so you should always wear a helmet and shoes; most of the roads here are concrete now so they are crucial, jeans and a jacket are advisable. If you are an inexperienced rider, be careful on sandy corners and do not attempt the hills of Haad Rin or Thong Nai Pan. Taxis and rental jeeps are cheap, especially if you hire one in a group!

Our advice is don't be tempted by drugs; this island has had a bad reputation for a long time and the open taking of drugs is not tolerated. Thailand has also had a crackdown and the police are very hot on stopping the problem. The days are gone when you could buy your way out for a few dollars and the penalties in Thailand are harsh to say the least - expect a hefty fine and possibly an extended jail term if caught.

Theft is uncommon, but if it does happen go to the police station (*see map on page 174*) and get a report for your insurance. Always leave your valuables in the resort safe (especially at FMP) and do not give opportunists the chance, as most theft is through an open bungalow window or from the front basket on the motorbike.

Trekking and rock climbing without a guide or proper equipment is not recommended, the island is a big place and gets dark early. Guides can be contacted at the Phaeng Waterfall National Park (*see page 86*).

PUBLIC TRANSPORT

Songthaew Taxi

A songthaew is a combination of a taxi and a bus and is usually a utility vehicle or pick-up that has been converted to carry people. They work much in the way that public buses do but without bus stops, fare collectors or timetables. Thus if you want to travel at normal price, the car may wait to fill up then pick up and drop off as passengers wish to embark. The most popular route between Haad Rin and Thongsala has a set price of Bt100 per person; but expect this and other prices to double after the last boat arrives.

Longtail Boat

A few years back the only way to get around Koh Phangan was on a longtail boat and it is still a great way to see the island. The east coast beaches of Haad Yuan, Thien, Yao (east) and Yang are best accessed

Taxi Fares

SONGTHAEW TAXI

Thongsala - Haad Rin	100 Baht
Thongsala - Baan Tai	50 Baht
Thongsala - Thong Nai Pan	200 Baht
Thongsala - Chalokum	150 Baht
Thongsala - Haad Yao	150 Baht

MINI-BUS TAXI

Haad Rin - Thongsala	120 Baht
Haad Rin - Chaloklum	200 Baht
Haad Rin - Haad Yao	200 Baht
Haad Rin - Thong Nai Pan	250 Baht

PLEASE NOTE: The taxi fares above are the minimum price per person during daytime - prices will change depending on season and time of day. Also, most of the time the taxis will only leave when full, so you may have to wait - if you want to leave immediately or are travelling alone the fare may be up to 500 Baht to hire the taxi. Always agree the price before getting a ride.

from Haad Rin Pier via longtail taxi boat as is Bottle Beach from Chaloklum Pier; boat taxis are also available from Thongsala, Baan Tai and most beaches. Costs are similar to songthaew prices.

MOTORBIKE & JEEP RENTAL

Motorbikes & Mopeds

Mopeds such as the Honda Dream with gears but no clutch and the fully automatic Yamaha Mio are available from Bt150-Bt250 per day. Dirt bikes such as the Honda MTX125 are more suitable for the rougher roads and the more experienced rider, but expect to pay Bt200-Bt350 per day.

Always check the bike before you take it!

As a word of warning, the roads on Koh Phangan are not the best; many steep hills, potholes and patches of dirt and sand. It is easy to end up out of control causing damage to the bike and probably yourself. Wear a helmet and drive carefully; the island is not a race track.

Finally, never drive around with valuables in the front basket; this is a danger and is also an easy target for thieves.



If you are first time driver we recommend that you either take a taxi or get those legs working by renting a mountain bike.

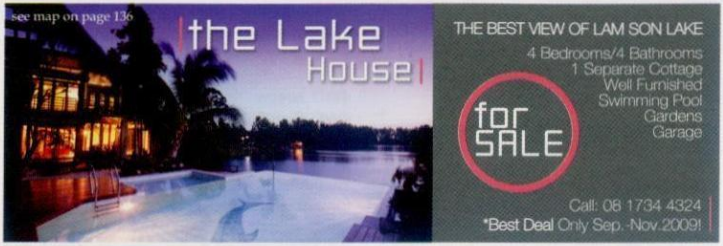
4WD Jeeps

4WD Suzuki Caribbean jeeps are the best way to get around and can be cheap if shared by a group. They range in price from Bt700 for an old banger to Bt1200 per day for a new one. Most are not insured so if you have an accident you will be in for a hefty bill. Shop around if you want insurance and always ask if there is any. Again, do not be tempted to drink and drive, there are very few road barriers and a lot of cliffs.

NO DRINK DRIVING. The police have been instructed to hand out a steep fine for offenders.



YELLOW café free wi-fi internet zone



LOCAL CUSTOMS



As a visitor in Thailand, please respect the local customs to avoid offending other people. In Thailand it is polite to be aware that the following behaviours are considered rude and will reflect badly on other tourists:

1. Don't touch the head of older Thai people, as the head is believed to be the most sacred part of the body.

2. Don't step across the body of Thai people sitting or lying on the floor.

3. Don't disrespect or talk badly about the King and the Royal Family.

4. Always take off shoes before entering into a Thai house or Buddhist Temple.

5. Don't wear a only bikini or swim-suit in the town or while walking around in public places.

6. Generally Thai women are conservative. So do not touch them without their consent.

PROPERTY SALES

The Lake House for Sale (above)
08 1734 4324, Laem Son Lake
(map page 136)
Located on the side of Laem Son Lake in Srithanu village (*see map on page 136*), with scenic views and sunset atmosphere. The house has 4 bedrooms, spacious outdoor balconies, fully furnished and plenty of open areas surrounded by tropical gardens. The stunning lake view infinity swimming pool will make this place everyones dream home on Koh Phangan paraside island.

PHANGAN.INFO
WWW.PHANGAN.INFO
SECURE ONLINE CREDIT CARD RESERVATION

see map on page 124



BCLINIC
bandon international network

*24 Hours Medical Services
*Emergency Patient Transfer
*More Than 30 Year Experiences

Clinic1:(Haad Rin Pier)
Clinic2:(Tonson Road)
Clinic3:(Full Moon Party Beach)



Dr.Tee
Dr.Pop

CALL
077 375471-2

ศูนย์อภิบาลสัตว์ เกาะพะงัน

PAC

PhaNgan Animal Care

Nursing care for the stray animals
of Koh Phangan since 2001
For more info check our website or contact PAC
Location: 300 metres from Koh Phangan hospital
info@pacthailand.org www.pacthailand.org call: 08 9875 7513

Telephone Nos.

Police Station	077 377114
Emergency Call	191
Mastercard Hotline	001800118870663
VISA Hotline	0018004413485
Post Office	077 377118
Koh Phangan Hospital	077 377034
Bandon Inter Clinic	077 375471-2
Haad Rin inter Clinic	077 375342
Phangan Medical Center	077 239599
Bangkok Airways	1771
Raja Ferry	077 377452-3
Lomprayah Ferry	077 238412
Songseam Ferry	077 377704
Seatran Discovery	077 238679
Haad Rin Queen Ferry	077 375113
999 Government Bus	077 238507
State Railway Thailand	02 6218701
Phangan Animal Care	08 9875 7513

LAND FOR SALE BY OWNER

Special Price
~~20 Million Baht~~
16.5
Million Baht



9.5 Rai (15,364 m^2)

Only 200 Metres to the Beach

Including Access Road, Water, Electricity,
Construction Permission and Legal Ownership Rights

KOH MA SUNSET VIEW, KOH PHANGAN





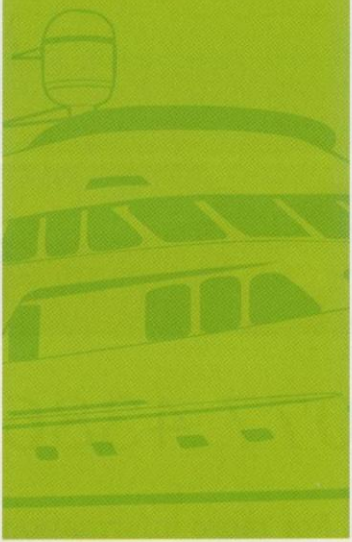
Call 08 1077 4386

For more information
www.phanganproperty.com



TRAVEL INFORMATION

WWW.PHANGAN.INFO



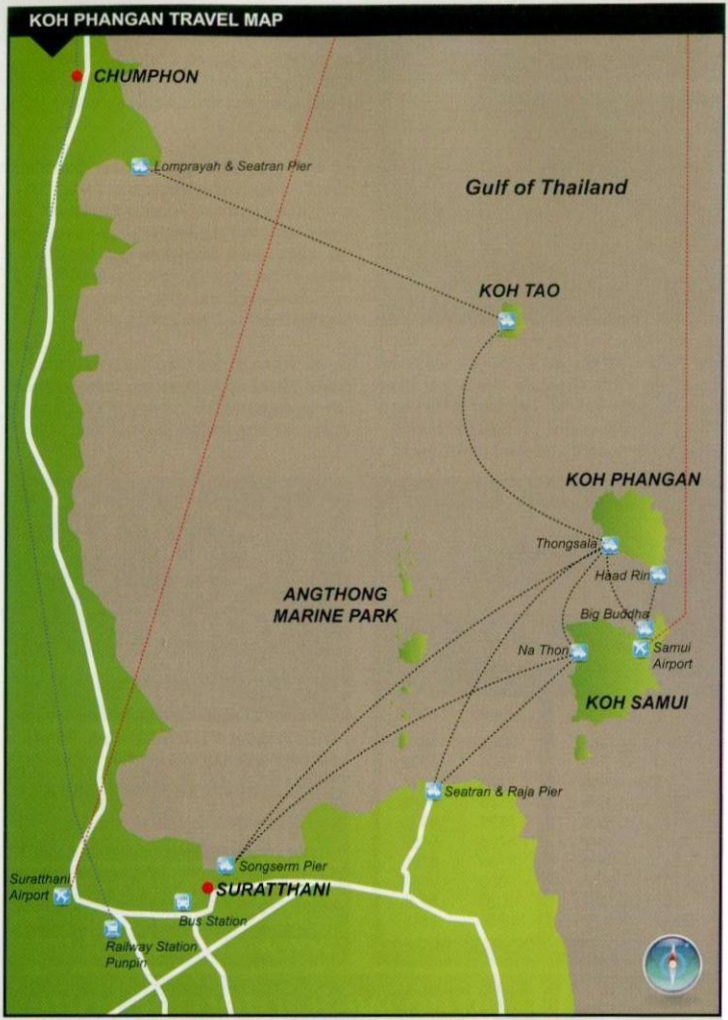
GENERAL INFORMATION

Koh Phangan is most easily accessed via Koh Samui Airport though it is slightly cheaper to fly to the regional transport hub of Suratthani. From Koh Samui a fast boat takes only 25 minutes whereas the journey from the mainland takes around eight times longer. If you come overland, the overnight train is the best option with a first class sleeper carriage ideal for families. Buses are the most economic choice with a trip from Bangkok costing only about 650 Baht, all the way to Koh Phangan. Ferry services are more or less hourly throughout the day from Koh Samui and every couple of hours from the mainland; several boats also go regularly from Koh Tao.

BUS

Most travel agencies will be able to sell an all-in-one ticket from Bangkok to Koh Phangan which includes the bus and ferry ticket for about 650 Baht per person. The price is low because the journey takes all night and is the least comfortable way to travel. Buses depart from Bangkok at around 7pm, arriving early morning in Suratthani in time for the first ferry to the islands. Coming back, there are numerous ferries, but for the bus you will need to depart no later than 1pm. Usually a shuttle bus will drop passengers off in Suratthani to wait until about 7pm at which time the bus will depart to Bangkok. As a more convenient option consider buying a ticket on the well-organised Government Bus which actually goes on the Raja Ferry and saves time and discomfort changing modes of transport – although it is more expensive and will set you back up to 1000 Baht.

There are also several other bus routes (mostly via mini-bus) linking Suratthani with other major destinations.



PHANGAN.INFO
WWW.PHANGAN.INFO
SECURE ONLINE CREDIT CARD RESERVATION

TRAIN



Second Class (Air Con or Fan) Sleeper trains are the best as you get a table and sofa that turns into fairly spacious beds; the lower bunk is bigger so best. The best of course is First Class with a sink and double bunks in each room, good if you are travelling with a lot of stuff. It is worth booking ahead with a travel agent as the train is a popular choice of transport and fills up quickly during peak periods.

All trains for Phangan stop at Suratthani railway station which is a few miles out of town, so if you have to stay in Suratthani, it is cheapest to lodge near the station otherwise you must rent a Songtaew taxi. Most trains arrive in the morning and guides take you to buses which transport to the ferry port, approximately a 1 hour drive away.

If you arrive at the train station without an onward ferry ticket there are plenty of travel offices opposite the railway station, any of which can arrange the transfer to the pier.

STATE RAILWAY OF THAILAND



SURAT - BANGKOK		BANGKOK - SURAT	
Depart	Arrive	Depart	Arrive
1040	1945	0805	1630
1646	0445	1300	0009
1722	0515	1445	0046
1822	0605	1510	0153
1945	0805	1535	0302
2025	0540	1705	0402
2047	0825	1735	0509
2107	0845	1820	0538
2300	1030	1930	0627
2324	1030	2250	0811

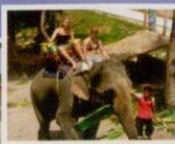
Hotline: 1690 Tel: 02 2204444 www.railway.co.th

TAN tour
License no: 33/3381
TOURIST INFORMATION CENTER
BETWEEN THONGSALA PIERS
* INTERNET * TOURS *
* TICKETS * DIVING *
* ACCOMMODATION *
TEL No. 077-377836
contact : tantours@gmail.com
www.safariboat.info

YELLOW café free wi-fi internet zone

HIPPO Club Tours


Chinese Temple


Elephant Trekking

Option 1 : Discover Phangan by Land

09:30 - 15:30.

- Elephant Trekking
- Chinese Temple
- Phaeng Waterfall
- Thai set lunch at viewpoint
- Snorkel around Koh Ma before returning home

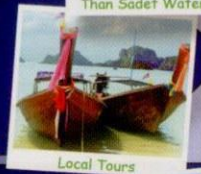
Cost - 1,500Baht Incl. Snake Show Extra 300 Baht


Than Sadet Waterfall

Option 2 : Discover Phangan by Sea

10:00 – 17:00.

- Koh Ma
- Than Sadet Waterfall
- Tong Nai Pan
- Bottle Beach
- Haad Khom and home again by boat Cost - 1,200Baht


Local Tours

Option 3 : Fishing Trips

16:30 - 21:30. Depart Meeting Point to the port , Boat Departs at 5pm. Cruise to the main fishing hotspots only known to the local Thai fishermen. Cost - 1,200Baht


Fishing Tours

Option 4: Mountain Biking

499Baht 1 Session / 799Baht 2 Sessions (Est 3 Hours each Tour)

Incl : Professional Mountain Bike, Helmet, Refreshments & Guide


Mountain Biking

Option 5 : Angthong National Marine Park

Snorkeling, Island Hopping, Kayaking & More - 1,700Baht

Coming Soon : 2 Day /1 Night Overnight Trekking


Our Boat Big Trips

BOOKINGS LINES - 077 377 247 / 080 452 9714

Bangkok Airways



HONG KONG
BANGKOK
PATTAYA
KRABI
SAMUI
PHUKET
Chiang Mai
SINGAPORE
KUALA LUMPUR

CALL CENTRE: 1771

Bangkok: +66 (0)22 655555
Samui Airport: +66 (0)77 245601-8
Samui Chaweng Reservation:
Tel: +66 (0)77 422512-9, Fax: +66 (0)77 422235

for full schedule check the website
WWW.BANGKOKAIR.COM

AirAsia

Suratthani - Bangkok



BKK	SURATTHANI
1145	1255
1405	1510
SURATTHANI	**BKK**
1540	1650
1330	1440

Call Centre : 02 515 9999 **airasia**.com

AIR

Koh Samui Airport is the most convenient airport, with Bangkok Airways (*www.bangkokair.com*) flying in over 40 times in a day from Bangkok, Krabi, Phuket, Pattaya, Singapore, Penang, Kuala Lumpur or Hong Kong. The last boat leaves for Koh Phangan from Big Buddha Pier at 6:30pm, so for flights arriving later than 5pm you may have to hire a private speedboat or stay in Koh Samui; during FMP there are boats all night from Samui from 300 Baht per person.

It is cheaper to fly from Bangkok to the government airport at Suratthani where a couple of budget airlines are now operating from, especially as One-Two-Go (*www.fly12go.com*) is now offering one-way flights from 1,750 Baht per person and with Air Asia (*www.airasia.com*) flights are available at slightly cheaper rates, though taxi fares and journey time tend to negate savings. It takes a minimum of 5 hours to get to Koh Phangan from Suratthani Airport at a cost of around 450 Baht which includes bus transfer and boat ticket, while the journey is just a minimum of 1 hour from Koh Samui Airport, where you can also buy a convenient minibus and boat joint ticket from around 300 Baht up.

Pantip Bus Co. Ltd

Transfers to/from Donsak Pier and Suratthani Airport

- Clean & Comfortable
- Fast Service
- Friendly Staff

Tel: 077 272230, 077 272906, 077 282331

www.fly12go.com

Suratthani - Bangkok

BKK	SURATTHANI
1350	1455
SURATTHANI	BKK
1525	1635

One-Two-GO



Call Center : 1126

FERRY

HAAD RIN QUEEN FERRY TIMETABLE



HAAD RIN - SAMUI		SAMUI - HAAD RIN	
Depart	Arrive	Depart	Arrive
0930	1020	1030	1120
1140	1230	1300	1350
1430	1520	1600	1650
1730	1820	1830	1920

Tel: 077 375113 / 077 484668 / 077 427650
Mobile : 08 5795 3925, 08 9730 6817

If you are coming to Koh Phangan from the mainland, buses, trains and planes all stop around Suratthani where you will be transferred to either a Suratthani jetty for the *Songserm* Ferry Service (3½ hours to Koh Phangan) or to Donsak which is a 50 minute bus ride away. If you stay overnight in Suratthani, the hotel can book you a ferry, or alternatively head for *Phangan Tour* as they are the main agent for bus transfers to Koh Phangan. From Donsak, *Raja* (3 hours) car ferry has five services a day.

From Koh Samui the shortest crossing point is from the Bophut and Mae Nam area where several services run to Koh Tao via the main Thongsala pier on Koh Phangan:

Lomprayah Catamaran (25 mins)
Seatran Discovery (25 mins)

The only service direct to Haad Rin is the *Haad Rin Queen* (50 mins) which also runs the most frequent service and also has a last boat at 6:30pm if you fly in late.

Songserm Express (45 mins) also runs to/ from the main port of Nathon.

If you are in a hurry or arriving too late for any of the regular ferry services then a speedboat may be a good option from Koh Samui, there is now a regular service running between Bophut and Baan Tai pier (Koh Phangan) which departs every hour. While coming from Suratthani the *Night Boat* departs at 10.00pm which may be able to help out if you don't want to spend the night in a hotel there.

Departing Phangan at 10.00pm, the *Night Boat* arrives at 04.00am and is a popular choice for quick **VISA trips** to Ranong (Burma) as you can return the same day. On arrival at Suratthani you'll find travel agents offering the return minibus service at a cost of around 1,500 Baht per person which will include boat transfer to and from the border. This service should have you back at the pier by around 4pm at the latest.



LOMPRAYAH TIMETABLE

Tel: 077 238411-2, 077 238 981-2
Website: www.lomprayah.com

BANGKOK - CHUMPHON - KOH PHANGAN - KOH SAMUI

Bangkok	Hua Hin	Chumphon	Koh Tao	Phangan	Koh Samui
-	-	-	-	0700	0720
0600	0830	1300	1500	1620	1640
2100	2330	0700	0930	1100	1120

KOH SAMUI - KOH PHANGAN - CHUMPHON - BANGKOK

Koh Samui	Phangan	Koh Tao	Chumphon	Hua Hin	Bangkok
0800	0830	1015	1300	1715	2030
1230	1300	1445	1730	2140	0030
1730	1800	-	-	-	-



Lomprayah Catamaran and VIP Bus from Koh Phangan to Bangkok

SEATRAN DISCOVERY BOAT TIMETABLE

Tel: 077 238679,077 246 086-8 Email: info@seatrandiscovery.com, Website: www.seatrandiscovery.com

ISO 9001:2000 CERTIFIED

SEATRAN DISCOVERY BOAT					
KOH SAMUI	KOH PHANGAN	KOH TAO	CHUMPHON	HUA HIN	BANGKOK
0800	0830	1000			
1330	1400	1600	2030	2400	0500
BANGKOK	HUA HIN	CHUMPHON	KOH TAO	KOH PHANGAN	KOH SAMUI
2030	2400	0700	0930	1100	1130
			1500	1630	1700



Please note: The departure/arrival times above may be subject to change.

Night Boat

SURATTHANI	KOH PHANGAN
11.00 pm	06.00 am
KOH PHANGAN	SURATTHANI
10.00 pm	04.00 am

TRAVEL & TOUR AGENTS

Koh Phangan's Tourist Info Center *(p25)*
Thongsala, 077 238454 or 077 377261
Koh Phangan's Tourist Information Centre is a TAT registered travel office (registered under MTF Travel license no 11/03979) in the *Weangthai Hotel*. As a well established tour provider for travellers across Thailand what better place to stop for useful information.

SONGSERM EXPRESS

www.songserm-expressboat.com

JOINT TICKET
Boat+Bus+Train+Plane

Tel: 077 377704
BOAT TIMETABLE

SURATTHANI - KOH SAMUI - KOH PHANGAN - KOH TAO - CHUMPHORN

Suratthani	Koh Samui	Koh Phangan	Koh Tao	Chumphorn
0800	1100	1230	1430	1700
	1730	1815		

CHUMPHORN - KOH TAO - KOH PHANGAN - KOH SAMUI - SURATTHANI

Chumphorn	Koh Tao	Koh Phangan	Koh Samui	Suratthani
0700	0930	1230	1330	1600
		0700	0800	1030

KOH PHANGAN RAJA FERRY TIMETABLE

Suratthani Tel: 077 471206-9 Phangan Tel: 077 377452



DONSAK - PHANGAN		PHANGAN - DONSAK	
Depart	Arrive	Depart	Arrive
0600	0830	0500	0730
0800	1030	0700	9300
1000	1230	1100	1330
1400	1630	1300	1530
1600	1830	1700	1930
1800	2030		

Timetable is subject to change without prior notice by Raja Ferry Company only
Koh Phangan Ferry Departs from Thongsala
Air-Con Bus Available To/From Bangkok

999 GOVERNMENT BUS TIMETABLE



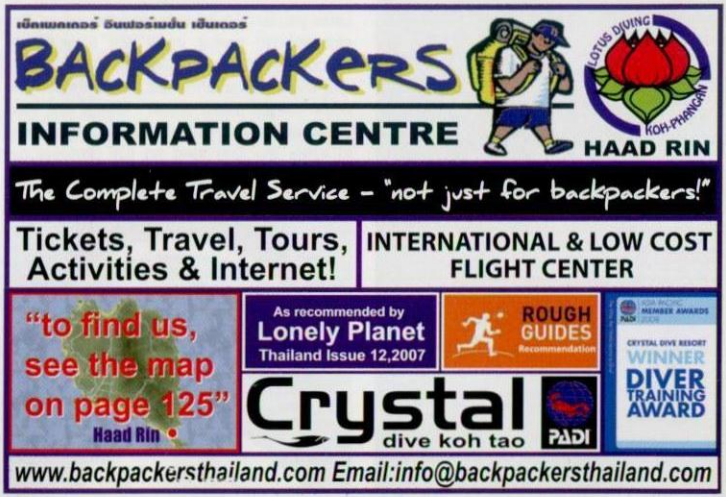
PHANGAN - BKK		BKK - PHANGAN	
Depart	Arrive	Depart	Arrive
1700	0600	1930	1130
1700(VIP)	0600	1950(VIP)	1130
Depart from Raja Ferry Port Thongsala		Depart from Southern Bus Terminal Bangkok	

Phangan Tel: 077 238507, 077 238762
Bangkok Tel: 02 894 6122 Ext:5

English managed, *Koh Phangan's Tourist Information Centre* can help with your travel requirements in a quick, easy and clear manner. The office also provides booking for PAID and SSI dive courses and fun dives on Koh Phangan and Koh Tao through *Phangan Int. Diving School* (*see page* 34).

Backpackers Information Centre (below)
Haad Rin, 077 375535
www.backpackersthailand.com
The original *Backpackers* travel agency and the only one recommended by Lonely Planet and Rough Guides on the island. *Backpackers* offers a service 'not just for Backpackers' providing a complete travel service including an International and low cost flight center, travel, tours and activities across Asia. *Backpackers* is also the Haad Rin office of *Lotus Diving* (Phangan) and runs the *Crystal Dive* (Koh Tao) Office located next door. *Crystal Dive* was awarded 'Winner of Diver Training Asia Pacific' by PADI & can be pre-booked here! As a western managed business you can expect a high quality service from *Backpackers*!

Tan Tour & Art (p24)
Thongsala, 077 238232
www.safariboat.info
A full service travel agency, *Tan Tour & Art* is located on Koh Phangan, on the main road between the piers in Thongsala. They offer a full range of travel services including plane, bus, rail, boat tickets, package tours, jeep and motorbike rentals. The agency also offers hotel bookings in all parts of Thailand. Those looking for adventure will find extreme sports options, diving and aqua activities, and trips to places like Ang Thong National Marine park. All tickets available from the *Tan Tour & Art* office. Friendly, efficient and trustworthy service. Licensed by Tourism Authority of Thailand license #33/3381.



SCUBA DIVING & SNORKELLING

WWW.PHANGAN.INFO

DIVING ON KOH PHANGAN

Koh Phangan is an excellent place to dive and snorkel with numerous dive sites and a relaxed yet professional attitude to the sport. Groups are usually small, four to ten people a typical size, with the vibrant coral reef that follows the west coast of the island, there are plenty of beach dive sites and areas easily accessible to snorkellers. It is also a very inexpensive place to learn to dive, with PADI Open Water courses at some of the best rates in the world and courses right up to instructor level. Best of all is the location, as we are only 20 kilometres away from the best dive sites in the Gulf of Thailand.

DIVING COURSES

There are various options open to those who want to learn to dive, from a one day introductory course to see if you like it, to the PADI Open Water Certificate that is an internationally recognised qualification to allow you to dive anywhere in the world. For experienced divers there are a multitude of courses such as Rescue Diver, EFR, and even Nitrox Enriched Air for those who want longer down under. There are also Divemaster courses for those who want to enter the first step on the professional ladder in diving, with assistant instructor and instructor courses for the fully initiated.



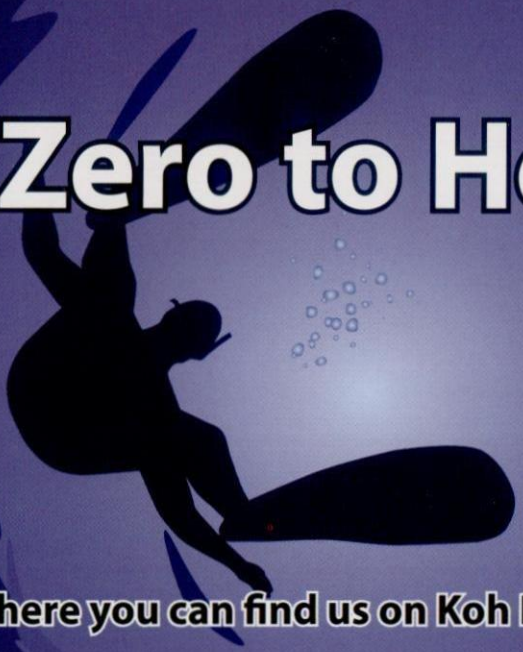


PHANGAN.INFO
WWW.PHANGAN.INFO
SECURE ONLINE CREDIT CARD RESERVATION

Phangan

INTERNATIONAL DIVING SCHOOL

Zero to Hero



Where you can find us on Koh Phangan

Main Booking Line **089-5879795**

Weangthai Hotels & Resort	(Baan Tai)	077-377 247
Milky Bay Resort	(Baan Tai)	077-238 566
Holiday Beach	(Baan Tai)	077-238 855
Grand Sea Resort	(Ao Nai Wok)	077-377 776

3 Day Open Water Courses

Prices Start from 10,500Baht

Incl : Eqpt, Tanks, Certification

FREE 4 Nights Accommodation

Fun Dive Sites
Prices Start From
2,000 Baht
Local Phangan
Sail Rock
Ang Tong National Marine Park
Chumphon Pinnicles
Koh Tao

Discover Scuba Diving
Pool Session
+2 Local Dives

Incl : Eqpt, Tanks & Guide
3,900 Baht
Daily Free
Pool Trial Dives

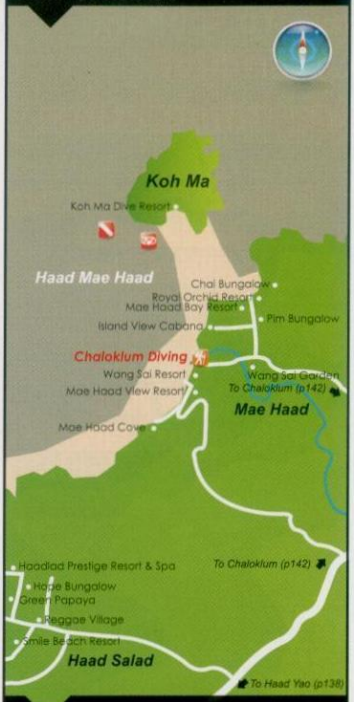




www.phanganinternationaldivingschool.com

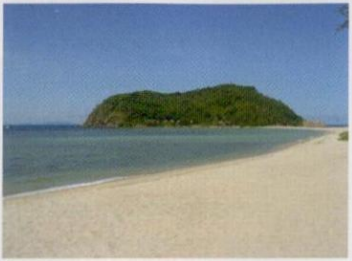


MAP OF KOH MA



Instantly recognisable, Koh Ma is a natural wonder special to the island of Koh Phangan. Connected to Koh Phangan by a single long stretch of golden white sand, on a perfect day Koh Ma boasts clear blue sea, colourful corals and a rich array of other marine life. It is easily possible to spend hours exploring the reef parallel to the beach and around the island. On the beachfront there are also several excellent restaurants and bungalows.

DIVE SITES



Koh Ma

Koh Ma is a small picturesque island connected to Koh Phangan by a sandbar at Haad Mae Haad on the north west coast. It is possible to beach dive from either Mae Haad or Koh Ma and several local scuba schools do trips by boat. That said, it is far from crowded and is an excellent place to see the local marine life, with schooling fish, bannerfish & big grouper, barracuda and a vast range of coral; maximum depth 24m.

Haad Salad, Haad Yao & Haad Chao Phao

These three beaches are all bordered by the long coral reef that thrives on the west coast of Phangan and runs up to Koh Ma. Any one of these beaches offers great beach and boat dives with a range of hard corals & reef fish; maximum depth 19m.

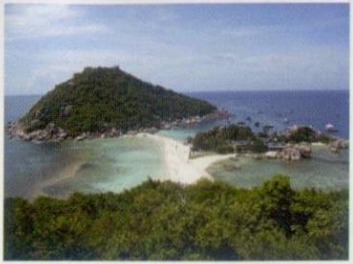
Koh Tae Nok

Koh Tae Nok is located near Thongsala on the south coast of Koh Phangan and is a great local boat dive; with reef fish, hard corals and the odd small reef shark; maximum depth 19m.

Sail Rock

Sail Rock is undoubtedly the most famous dive site in the Gulf of Thailand and is located in-between Koh Phangan and Koh Tao. A spectacular rock formation that rises out of the sea, creating an excellent wall dive with a great range of marine life, spectacular underwater scenery, rock formations and the legendary "Chimney" swim-through! A fantastic site that can be explored by all levels of divers; maximum depth 40m.





Koh Tao and Koh Nang Yuan

Koh Tao has loads of beach dive sites and two major dive sites; Shark Island nearby and Southwest Pinnacle about 15kms away. Both are exceptional sites with a great variety of reef fish and alluring rocky formations; maximum depth 32m.

For more information about Koh Nang Yuan and day trips to the island *see page 92.*

HAAD YAO DIVERS

DEEPLY ADDICTIVE!

Located directly on Haad Yao,
Mae Haad and Haad Chao Phao
PADI Courses in English
Deutsch, Francais, Dutch
Tel : 08 6279 3085 / 08 4841 2102

www.haadyaodivers.com



Ang Thong Marine Park

The Marine Park of Ang Thong consists of a string of about 42 islands and offers some of the most beautiful, vibrant, undamaged coral in Thailand. The boat trip takes about two hours to get to the northernmost tip of the Marine Park and Koh Ang Thong has the best range of fish within the Gulf of Siam. There is a good chance of seeing the rarer creatures such as turtles or seasnakes and the sites are also very scenic, featuring 2m giant hydroids and black corals; ideal not just for beginners but also for the more experienced diver; maximum depth 25m+.

There are several tour operators that run regular trips to Ang Thong Marine Park. Check below, also check out the full review of Ang Thong on *page 90* for more details.



DIVE SCHOOLS

Chaloklum Diving (opposite)
077 374025 or 08 1477 2005
www.chaloklum-diving.com

Established for 15 years in Chaloklum Village (with 30+ years experience!), *Chaloklum Diving* offers luxury dive/snorkel trips and personal PADI programmes from novice to professional (in a variety of languages). The main office is in Chaloklum, with bases at Mae Haad and Haad Yao beaches. There is a simple teaching policy; small groups (max 4), genuine individual care, long easy dives and consistently high standards. *Chaloklum Diving* has an exemplary safety record, full diver insurance and *Tourist Authority of Thailand* approval.

Tropical Dive Club (opposite)
077 445081, Thong Nai Pan Noi
www.tropicaldiveclub.com

Based in the middle of the beautiful beach of Thong Nai Pan Noi, the *Tropical Dive Club* is a multi-lingual school specialising in German and English tuition. To ensure the best quality dive trips, *Tropical Dive* only works with small groups of divers or on a one-to-one basis. They also appreciate that most visitors prefer a few extra hours in bed which is why the speedboat departs directly from the bay at around noon! The full range of PADI and SSI dive courses are available including Discover Scuba for those wanting to sample the thrill of diving. Snorkellers are always welcome.

PHANGAN.INFO
WWW.PHANGAN.INFO
SECURE ONLINE CREDIT CARD RESERVATION


CHALOKLUM DIVING
15+ Great Years of Personal Care
CHALOKLUM DIVING
Chaloklum/Mae Haad/Haad Yao
Tel: 077 374025/374292/374303
www.chaloklum-diving.com
PADI
padi.com
DAN
ASIA • PACIFIC
Your Buddy in Dive Safety
SSS Recompression Chamber Network


DIVE THAILAND THE CLUB WAY
Tropical
dive club
TONG NAI PAN NOI
TEL.: 077 445 081
www.tropicaldiveclub.com

Phangan Inter. Diving School (p34)
08 7043 3780, Ao Baan Tai
www.phanganinternationaldivingschool.com
FREE try dives at Phangan's PADI Gold Palm Dive Resort based on Baan Tai beach. For anyone who's not convinced diving is for them, *Phanagn International Diving School* can provide a FREE pick up from any resort and then FREE pool dive in a purpose built dive training pool. Courses with no more than 4 to a group, underground classroom with pool views and 20% divers discount on all room prices, give them a call or visit the resort for more details.

Dreamland Diver (below)
077 238735, Thong Nai Pan Yai
www.dreamland-diver.com
Dreamland Diver is located next to Dreamland Resort on the stunning beach of Thong Nai Pan Yai. With its own fastboat and speedboat, *Dreamland Diver* leaves directly from the beach with easy access to all the major dive sites in the Samui Archipelago. A departure time between 11 and 12 o'clock allows divers a bit more sleep in the morning. *Dreamland Diver* offers all PADI and SSI dive courses, fun diving, Discover Scuba days and snorkelling trips. To guarantee a high standard most of the courses are on a one to one basis, or not more then four students in one group.

Reefers Dive Resort (below right)
08 6471 4045, Haad Yao
www.reefersdiving.com
PADI Dive Resort offering FREE ACCOMMODATION with courses at *Shiralea Backpackers* (*see page 140*) and *Haad Yao Bungalows*. Our team of highly qualified and experienced instructors teach courses in English, Italian, French, Dutch and German. As a small relaxed self-sufficient diving centre we are able to



be flexible with your holiday schedule and guarantee top class service and instruction. Our newly refurbished spacious dive boat is ready to take you to all the best sites in the Gulf of Thailand.

Haad Yao Divers (p37)
08 4841 2102 or 08 6279 3085
www.haadyaodivers.com
Haad Yao Divers is a PADI 5 Star Gold Palm Resort based on the north west coast. The main office is on Haad Yao with two more in Mae Haad and Haad Chao Phao. As a relatively small dive outfit, *Haad Yao Divers* promise small groups, high standards of teaching and a relaxed friendly atmosphere with personal tuition. Courses range from the half/one day Discover Scuba course right up to the Assistant Instructor qualification. Specialities include underwater camera rental, nitrox courses and underwater photography. Courses can be taught in English, Deutsch, Swedish and Francais.

Sail Rock Divers (p45)
08 6470 9325, Chaloklum
www.sailrockdiversresort.com
Sail Rock Divers have two offices; one in Chaloklum and another at *Salad Beach Resort*, and are the only school with a 3m deep training pool dedicated to scuba diving. All courses from bubble maker for the kids up to professional level are available. The team of award winning Master Instructors will guarantee your safety and enjoyment with groups no bigger than 4. Travel to all the best dive sites by speedboat saving more time for diving. Nitrox is available. FREE pick up service, FREE pool try dives and FREE advice. After diving, finish your day with a cocktail at the poolside bar.



Okay Divers, Thongsala (top right)
077 239629
www.okaydivers.co.uk
With *Okay Divers* you will get professional service at competitive rates. *Okay Divers* offer SSI and Padi dive training with all new equipment. Safety and comfort is the primary concern, so that you can simply enjoy yourself. Stop by the shop located on Baan Tai road just south of Thongsala, next to Big A supermarket and opposite the 7-Eleven. Come and explore the depths with *Okay Divers* today!

SNORKELLING

The west coast of the island is host to a rich and vibrant coral reef that stretches from Srithanu up to Koh Ma; and from any beach along this stretch an amazing underwater world of mesmerising corals and luminescent tropical fish is right at your fingertips. Good beaches are Haad Chao Phao, Haad Yao, Haad Salad and Mae Haad; although almost any beach will have something of interest, especially if you head to the rocky areas.

There is very little to be warned about as the Gulf does not harbour many sea-nasties, though look before you put your feet down and **NEVER** stand on coral as it kills thousands of years of growth instantly. Beware of strong currents, wear a t-shirt to stop your back burning....and enjoy.





If you are not on Koh Phangan too long or don't want arrange your own transport, an excellent way to visit the best snorkelling spots is by booking on an around-the-island boat trip. These organised boat trips run every day depending on the weather of course – if you have booked ahead only to find that it is wet and windy you will receive a full refund. Most depart from Haad Rin at around 12.00pm and arrive back at 6.00pm and include lunch, snorkel and mask.

Safari Boat, Thongsala (p24)
077 238232
www.safariboat.info
Safari Boat has something special to offer everyone. Ride the *Safari Boat* with unforgettable memories and awesome inspiring photos and enjoy a day out with your friends. The trip runs daily and includes a light breakfast, delicious buffet lunch, drinks, snorkel and mask, monkey and elephant show and English speaking guide. Taking you to the nicest beaches and snorkeling sites around Phangan Island.

Okay Divers

SSI & PADI Dive Training
Daily Dive Trips
Liveaboard Booking
Snorkel Trips
1 Day Intro To Diving
Equipment Sales



Tel: 077 239 629 **www.okaydivers.co.uk**
Okaydivers@gmail.com **enquiries@okaydivers.co.uk**

Find us just south of Thong Sala on Ban Tai Road!

Snoop Dogg Boat Trip, Haad Rin (p82)
Tel: 08 1085 9137, 08 7503 6377
Snoop Dogg leaves Haad Rin at *The Lounge* restaurant everyday at 11.30am. The trip takes you around Koh Phangan on an original Thai longtail boat for a fun packed day visiting the best parts of the island for snorkeling and swimming. The trip includes fruit and drinks, buffet dinner, snorkel and mask, life jacket and English speaking guide. Please note that the tour program may be changed due to weather conditions.

Snorkelling

There are many good spots to enjoy a bit of snorkelling on Koh Phangan. The best area is all along the west coast, especially the following beaches:

Koh Ma (see p36)
Haad Chao Phao (see p136)
Haad Salad (see p138)
Haad Yao (see p138)
Haad Khom (see p142)

PLEASE TAKE CARE OF THE CORALS AND THINK SAFETY

facebook.
www.facebook.com/phangan.info
PHANGAN.INFO on Facebook

Marine Life

Koh Phangan has a diverse variety of marine life that you can expect to see.

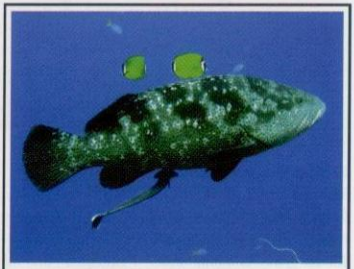
Photographs kindly provided by:
Johnny
Koh Phangan Dive Instructor
Haad Yao Divers
www.haadyaodivers.com
Chaloklum Diving
www.chaloklum-diving.com



Reef Cuttlefish



Green Turtle



Grouper



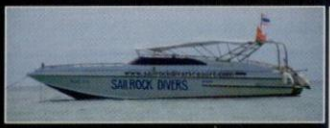
Barracuda & Clown Fish



Whale Shark

www.sailrockdiversresort.com

SAIL ROCK DIVERS



PADI
GET YOUR PADI HERE!



All PADI COURSES AVAILABLE

FUN DIVING ● SNORKELLING

SPEED BOATS ● 3M DEEP TRAINING POOL
GEMINI COCKTAIL BAR
TEL: 086 470 9325
077 374 321
OFFICE AT
CHALOKLUM VILLAGE RETAIL AND BOOKING OFFICE
TRAINING CENTRE CHALOKLUM HAAD KHOM ROAD
SALAD BEACH RESORT BOOKING OFFICE









FULL MOON PARTY

WWW.PHANGAN.INFO

INTRODUCTION

The first Full Moon Party either went off in 1987 or 1988, no-one is really sure; and it was someone's birthday. It was such a good party that the same crew met up again at Paradise Bungalows and partied under the next Full Moon. From there on the party grew to be a mecca for travellers in the 90s and then became the global dance music festival that it is today, attracting thousands of visitors from every walk of life.

There are now over 10 major sound systems on the beach playing everything from psy-trance to drum and bass with each one representing a different genre. Crowd sizes vary from around 8,000 in low season getting up to 30,000 in the high season; and inline with the party's growing popularity, Haad Rin has been expanding to accommodate its guests. There are now over 5,000 rooms and hundreds of cool bars, boutiques, restaurants and of course the great nightlife.

Note: Party goers **coming from Koh Samui or staying outside Haad Rin** will need to pay 100 Baht per person entrance fee when arriving in Haad Rin for the Full Moon Party night. If you want to come and enjoy the party, consider booking a room in Haad Rin.

Full Moon Party Dates 2009/2010
Friday 4th September 2009
Sunday 4th October 2009
Monday 2nd November 2009
Wednesday 2nd December 2009
Thursday 31st December 2009
Saturday 30th January 2010
Monday 1st March 2010
Tuesday 30th March 2010

Check dates on *www.fullmoon.phangan.info* or *www.fullmoonpartykohphangan.com.*

FULL MOON PARTY VENUE MAP



VENUES

The Rock

The Rock is one of the best places on the beach to chill out and get a view of the whole party. It is situated at the southern end of Haad Rin on (you guessed it) a big rock. Expect soulful funky tunes mixed by DJ Kim and the best cocktails on the beach.

Paradise Bungalows

The home of the Original Full Moon Party, *Paradise* is still the biggest and best venue consistently putting on the largest show. If a big name is visiting the island, you will normally find them here playing alongside the amazing resident DJ A who has more or less coined the tough progressive sound of Haad Rin.

Drop In Club

Drop In is another long runner that has been playing a more commercial set to the huge crowd that gathers there. It has loads of different places to chill out and watch the action; playing chart, RnB, hip hop and dancefloor classics.





Zoom Bar
Zoom Bar is another psy-trance venue, slightly smaller than Vinyl and a bit more intimate, but banging all the same. From sunset to sunrise the dancefloor is a blur of sand, fluoro paint and limbs and it often goes on all day after the party as well.

Vinyl Club
DJ Dam at the *Vinyl Club* bangs out full on psy-trance and driving techno to one of the biggest crowds on the beach. It has a monster sound system, loads of podiums to shake yer booty on and more than its fair share of hardcore space cadets.

The Cactus
The Cactus is one of the first places you come to as you enter Haad Rin Beach, its right in the middle so it gets a load of punters, especially as the sun comes up. Expect a more commercial sound with RnB, hip hop, old skool classics and even the odd bit of rock.

Tommy Bar
Tommy's sound system is a long running psy-trance enclave complete with wacky fluorescent sculptures and some of the maddest punters on the beach. Resident DJs Note, Patt, Psyfrog (Black Moon Culture) and guests play banging trance and techno at one of Haad Rin's most spacious and colourfully decorated venues.

Mellow Mountain
If you want to get away from the mayhem, but still want to keep an eye on the action - *Mellow Mountain* is located at the quieter northern end of the beach. There are heaps of cushions and hammocks to chill out on, great milkshakes and soothing tunes to calm you down after a hard session dancing on the beach.

Same-Same
Warm up the evening with some live music at Same-Same Lodge; the band play covers from Rock to Pop on a pro sound system to keep the crowds coming back for more.

Sunrise Beach Club
Live DJs start playing 5 days before Full Moon, serving up Funky and Electro House, which alternates with a D&B, Jungle theme by the Orchid Club, Living Tribe DJ team.

Outback Bar
If you want to escape the pandemonium and hear some deep and funky house, head to the *Outback* near the main pier with its no-trance music policy. Check out the stunning décor, a brilliantly stocked bar and an excellent menu make this a popular choice.

Warm Up Bar
Mixing an impressive selection of progressive house, the *Warm Up Bar* provides a good pre-dance venue in the heart of Haad Rin to down a few drinks and meet up with friends before proceeding to main event.

Reggae House
Away from the main strip, tucked away just off Sunset Beach, you'll find *Reggae House*. *Reggae House* has something for everyone.....great music, cocktails, chillout

hammocks, beanbag balcony and pool cave.

Backyard Club
The ultimate after party that starts up at 11am just as Haad Rin beach shuts down. Some say it is the best part of the FMP with only dedicated mooners mashing it up on the dance floor and the best of the previous nights DJs on the decks; including the infallible residents DJ A and DJ Boy.



Driving Safety

DRIVING BACK FROM FULL MOON PARTY

In the last year several people, mainly young men, have sadly died or been maimed for life riding motorbikes or driving jeeps on the Haad Rin hills back from the Full Moon party.

If you go to the party – take a taxi there and back. The road to Haad Rin is hard to navigate for the locals, and drunk or inexperienced drivers should never attempt the drive to or from Haad Rin, especially after partying all night. The taxi's are cheap and effective; and best of all the drivers work on shifts and stay sober.

FULL MOON PARTY SURVIVAL KIT

- Take enough money, maybe split into separate pockets – 3000 Baht is enough to cover most eventualities.
- Take a copy of your ID, not the original and leave your valuables in the resort safe. Take care of your valuables; safety lockers are available for hire in many travel agents in Haad Rin.
- Don't be tempted to take bags as they are easily forgotten after a few buckets!
- Wear shoes or trainers; bottles sometimes break on the beach.
- It gets hot very quickly in the morning, so cover up from the sun to avoid getting burnt.



www.fullmoonpartykohphangan.com



- full moon party date 2009/2010
- club venue reviews
- video downloads
- photo gallery
- survival kit

and much more.....


FULL MOON PARTY GUIDE. KOH PHANGAN, THAILAND
Koh Phangan Hotels Resorts and Bungalows with Package Tours in Ko Phangan
Black Moon Party
MTF Pool Party
Pirates Bar
Songkran Festival
Illusion
Full Moon Party either went off in 1987 or 1988, no-one is really sure; and it was someone's
Xmas 2009 Party Date
Friday 25, December:
Christmas Party
New Year 2010 Party Date
Thursday 31 December:
New Year Party
CURRENT MOON
Waning Gibbous
68% of Full
Fri 15 May, 2009
5:17 PM
Book Your Rooms Online Now
Sunday 07, June
Full Moon Party Dates 2009
Sunday 07, June
Thursday 09, July
Thursday 06, August
Friday 04, September
Sunday 04, October
Monday 02, November
Wednesday 02, December
Friday 25, December
Thursday 31, December
schedule information
click here

OTHER PARTIES

The party vibe has got into the islanders blood and there are several other venues around Koh Phangan that are staged to go off in different areas so as not to disturb one locality. All are outdoor parties and a lot of effort goes into making each one a unique party experience that only Koh Phangan could give.

Half Moon Festival, Baan Tai (map p109)
The *Half Moon Festival* goes off twice a month and it's a massive event. It happens a week before and a week after the Full Moon Party (FMP) in brilliantly decked out Baan Tai jungle with resident DJ Tripical, DJ PsyFrog and DJ Patt; expect hard progressive and quality trance from the Harmony team. Special guest DJs perform on occasions, check flyers for details.

2009 Dates: September 12th and 27th, October 12th and 26th, November 10th and 25th, December 10th and 24th.

Check the website for updated information: *www.halfmoonfestival.com* or *www.fullmoon.phangan.info*.



Black Moon Party, Baan Tai (map p109)
Black Moon Culture is where the Black Moon Posse host one of the island's best outdoor parties on Baan Tai beach; with amazing décor, a super sandy venue, driving progressive beats, underground trance and DJs Bang, Leung and Jonny.

2009/2010 Dates: 19th September 2009, 18th October 2009, 17th November 2009, 16th December 2009, 15th January 2010, 13th February 2010, 15th March 2010.

Also, check the website *www.fullmoon.phangan.info* for current information.



Pirate's Bar - Moon Set Party (map p136)
The *Moon Set Party* is usually 3 days before and after FMP and is situated in a small cove at the south end of Haad Chao Phao. The setting is amazing with a backdrop of shear rock cliffs and DJs set in the rocks.

Drop In Club Pool Party, Haad Rin (p04)
Every month 2 days before Full Moon is the biggest most crazy pool party inside Haad Rin town. *Drop In Club Resort* is the perfect venue; tons of balconies and dancing zones centered around a cascading pool. FREE warm-up barbecue. Keep an eye out for the Foam Parties splashing off throughout the month and the Full Moon frenzy.

Ju Ju Bar, Haad Yao (Inside Front Cover)
Funk, Soul, Roots...it's in the music here. Open for regular late parties and daily sessions from 12 noon.

Pha ngan's best music and dance festival 2009

HalfMoon

www.myspace.com/halfmoonfestival



Sep	12nd	27th
Oct	12nd	26th
Nov	10th	25th
Dec	10th	24th
Jan	7th	23rd
Feb	5th	22nd
Mar	7th	23rd
Apr	6th	21st

FREAKULIZER -AlchemyRecords vs Khainz LIVE

SUMMER SOUNDS IS COMING...

DNA-INJECTION vs THE FREAKSHOW
Phonokol records B.N.E records

SYSTEM NIPEL vs COSMIC TONE
Compact records

The Famous Pha Ngan's Best Music &Dance Festival is Presented by "Harmony Team". which provides the latest sound system,Highest quality Equipment and DJs. The event is Indoor and Outdoor dancing arenas,The area is covered by professional Artist's UV decorations , There is Fire show across from the main dance floor....

Location : On a beautiful tropical island , Koh Pha-Ngan Ban Tai Village

Half Moon Festival takes place twice a month One week before and one week after Full Moon. more Info : (www.halfmoonfestival.com)

Come and Satisfy your Soul....

Guy's Bar, Haad Thian (East)
Every Friday, a free and funky jungle venue. A real old school feel with Resident DJs playing an upfront set for a happy, sexy crowd. Groove straight from the heart!

Jumunjy Bar, Thongsala (map p104)
A Temple of underground music with international Djs stopping by to share there flavours from House, Electro, Techno, Progressive, Minimal, Drum & Bass and even Dub Step! Every 1st is Turbulence (Underground Electro / Dirty House). Every 2 days b4 Full Moon is Jungle / Drum & Bass. Watch out for our flyers!

LIVE MUSIC VENUES

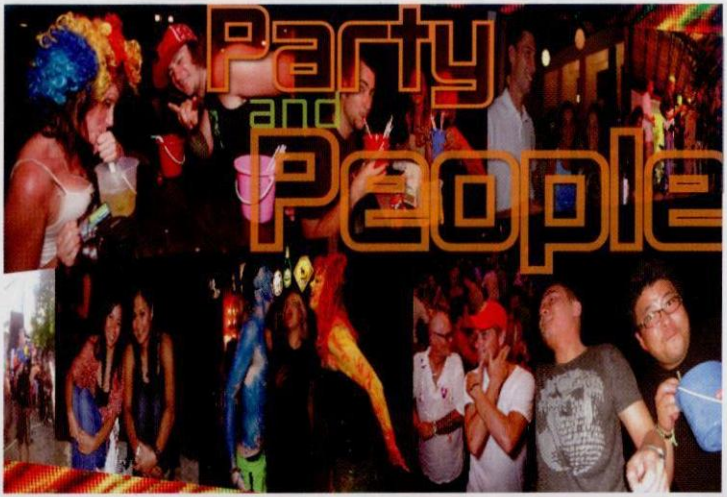
Big Mango, Thongsala (map p100)
A great outdoor venue holding up to 250 people, the *Big Mango* hosts Live music every month with some well-known Thai bands already gracing the stage.

Phangan White Rabbit, Baan Tai (p109)
Every Thursday is an 'open mic' night with live music from 8pm.

Same-Same Live Music, Haad Rin (p58)
Every FMP and twice a week during High Season, *Same-Same* introduces a Thai cover band strumming out classics.

Sky Sports Bar, Thongsala (p69)
Bands entertaining guests with both new and old chart toppers - check flyer for dates and details. Look out for Happy Hour every day between 5-7pm and an extensive bar menu including pizza and homemade pies.

The Jam Live Music, Ao Hin Kong (p136)
Every Saturday opposite *Moo 6 Villas*, open mic from 6pm on the beach with sunset BBQ and bar available.



thumpin soundtrack

PHANGAN.INFO

FULL MOON PARTY VIDEO



order online
www.fullmoonpartydvdvideo.com $9.99 inc

DVD VIDEO

or call 077 238766 we'll
DELIVER on PHANGAN 300 baht inc

RESTAURANT & BARS

WWW.PHANGAN.INFO

INTRODUCTION

Cheap Eats

Thongsala (*see page 104*) is the main Thai market town so it's a great place to find some stalls cooking authentic Thai food. There are plenty of "Chicken and Rice" restaurants offering all the local favourites and another popluar dish is "Som Tam" - or Papaya Salad - see how spicy you can eat it! Expect to pay no more than 50 Baht per dish.



There is an excellent choice of restaurants on Koh Phangan, especially in Thongsala , Baan Tai and Haad Rin.

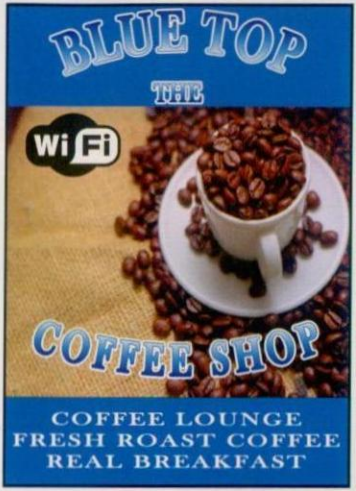
Thongsala has traditional Thai seafood restaurants, curry stalls and good quality street food; a multitude of Western restaurants such as Italian, English, French, Japanese and even a Vietnamese restaurant. Most are either at the main crossroads (100m up from the round about) or on the seafront, the markets around the 7-11 convenience store have some of the best street food. *See page 104* for a map of Thongsala.

Haad Rin offers the most cosmopolitan mix of restaurants on Koh Phangan, with a vast choice of different tastes all within walking distance of each other. There are beachfront seafood BBQs, Italian, Mexican, Israeli,

Scandinavian, Moroccan, Mediterranean, Tapas, Indian and many more varieties as well as traditional Thai restaurants and street stalls. Just wander around the town and head for what you fancy. *See page 124* for a map of Haad Rin.

Looking for fresh seafood? Chaloklum village is Koh Phangan's main fishing port and has a wealth of inexpensive seafood restaurants serving fresh delicacies such as locally caught squid. Most of the restaurants are lined along the seafront, overlooking the pier and fishing boats, where you can watch the daily catch being bought in. *See page 142* for map.

Not to be missed, there are a cluster of traditional seafood restaurants around the port at Baan Tai (*see map page 108*), several funky bars, coffee shops and a fresh bakery all within easy walking distance.





SAME SAME

RESTAURANT - BAR - LODGE

Soi Viking - Haad Rin

RECOMMENDED BY LONELY PLANET AND ROUGH GUIDES!





BREAKFAST - PROPER STEAKS - BANGERS & MASH
HOMEMADE LASAGNA - NACHOS SUPREME - DRAFT BEER
IMPORTED QUALITY WINE AND MUCH MORE....!



see our map on page 125

SAME SAME

BURGER & SHAWARMA HOUSE

SEE MAP ON PAGE 124

AMONG TRAVELLERS, APPOINTED AS THE BEST BURGER IN ASIA!

CLASSIC
BEEF BURGER MENU



CLASSIC
CHEESEBURGER MENU



CLASSIC
DOUBLE CHEESEBURGER MENU



SUPREME
CHEESEBURGER MENU



SUPREME
CHICKEN BURGER MENU



SUPREME
PORK BURGER MENU



X-TREME
BACON & CHEESEBURGER MENU



SHAWARMA
PITA BREAD MENU



SHAWARMA
DURAM WRAP MENU



SHAWARMA
SPECIAL







THAI

Boat Ahoy, Baan Tai (top left)
077 238759

Boat Ahoy is a stylish restaurant and bar 1.5km outside Thongsala. The Thai menu is enormous with a selection of authentic cuisine, specialising in seafood dishes. There are also VIP Karaoke lounges available on the premises.

Open: Mon - Sun 10am to 11pm (2am for Karaoke)
Recommended: Steamed Fish, Crab

Som Tum Inter, Baan Tai (bottom left)
077 377334

Welcome to Thai paradise! Som Tam or "Papaya Salad" is a popular spicy Thai dish normally eaten with a pot of sticky rice and fried chicken. The menu has many choices of Som Tam and includes other Northeastern favorites such as laab and nam tok.

Open: Mon - Sun 8am to 10pm
Recommended: Som Tum, Grilled Chicken with Lemongrass

Holiday Beach Bar & Restaurant (p65)
Baan Tai, 077 238855

Come to fulfil your beach holiday by having fresh tasty local seafood while feeling the fresh air from the sea, listening to the sound of the beach and looking at the panoramic sea view of Koh Samui. *Holiday Beach Bar & Restaurant* serves Thai cuisine, Seafood and Western menu with the selection of soft and hard drinks. Pool table, big screen projector and fire show! Free Pick Up!!!

Open: Mon - Sun 3pm to 12am (until late for the bar)
Recommended: Seafood BBQ





Fisherman's Restaurant & Bar (top right)
Baan Tai, 08 4454 7240
Great selection of fresh seafood and excellent Thai food from local fishing family, ideally located at the pier in Baan Tai, perfect for sunset, tropical garden with seating on a longtail boat. Chilled and friendly atmosphere for food and drinks with weekly cocktail specials.
Open: Mon - Sun 12pm to Late
Recommended: Red Curry Crab, Mussels with Garlic & White Wine & Basil

○ INTERNATIONAL

Chantara, Santhiya Resort (p64)
Thong Nai Pan, 077 428999 ext.803
Chantara has spectacular sea views overlooking the private bay. There is an extensive variety of cuisine to match dietary preferences - from tantalizing salads, fresh seafood, steaks, pasta and unique desserts and extensive wine list to compliment the flavours.
Open: Mon - Sun 8am to 10pm
Recommended: Seafood, Wines

Me'n'u, Rasananda (p10)
Thong Nai Pan Noi, 08 9289 7133
Rasananda's signature restaurant *Me'n'u* by Nick Hall where the standards are set to exceed your expectations and where they go all out to make your evening a very special occasion. The cuisine of *Me'n'u* has a focus on Europe with a splash of Asia that uses only the finest and freshest ingredients.
Open: Mon - Sun 7pm to 10.30pm
Recommended: European Fusion





Sheesha Bar, Chaloklum (right)
077 374161
A minimalist bar & restaurant next to *Mandalai Hotel*; offers a range of both Asian and Western cuisines in a relaxed environment. Guests can choose either indoor dining or alternatively take in the views from the beach terrace area. Either way, this is Al Fresco dining the way it should be.
Open: Mon - Sun 10am to 2am
Recommended: Chaloklum Calamari, Wine and Champagne Selection

Same-Same Restaurant, Haad Rin (p58)
Haad Rin's famous Scandinavian Bar and Restaurant has become an institution for lively crowds warming up before heading to the beach parties. It has an extensive menu and offer; British Pub Grub, Scandinavian, Mexican and stone oven baked pizza. Look out for the Full Moon Warm Up Parties with International buffet and Live Music. Fully stocked bar with prime spirits, draught beer and fresh coffee.
Open: Mon - Sun 8.30am to 1am
Recommended: Tenderloin Steaks

Same-Same Burger Bar, Haad Rin (p59)
Haad Rin's first and only proper Burger Bar will cure your hangovers and your needs for fast food. American style burgers cooked to perfection. Only the finest ingredients are used; 100% pure ground beef, fresh iceberg lettuce, homemade pickles, HEINZ products, McCains French Fries and special selected Burger buns. Proper Take Away Service!
Open: Mon - Sun 11am to 5am
Recommended: X-treme Burger

The Bistro at Rasananda (p10)
Thong Nai Pan Noi, 077 239555
Unique in design with its open air fisherman style Thai sala, *The Bistro* cuisine focuses on the delicatessen and the wood fired oven. The Thai menu draws inspiration from all over the Kingdom as the aim is to give you the finest most authentic Thai cuisine using only the freshest local ingredients.
Open: Mon - Sun 7am to 11pm
Recommended: Barbeque, Thai Menu

○ STEAKHOUSE

Peppercorn, Srithanu (top)
08 7896 4363
Specialises in steaks, salads and vegetarian food. There is a small bar downstairs with larger dining areas upstairs and in the garden. Look out for the regular specials.
Open: Wed - Mon 2pm to 11pm (closed Tuesday)
Recommended: Vegetarian Food, Steaks

JAPANESE

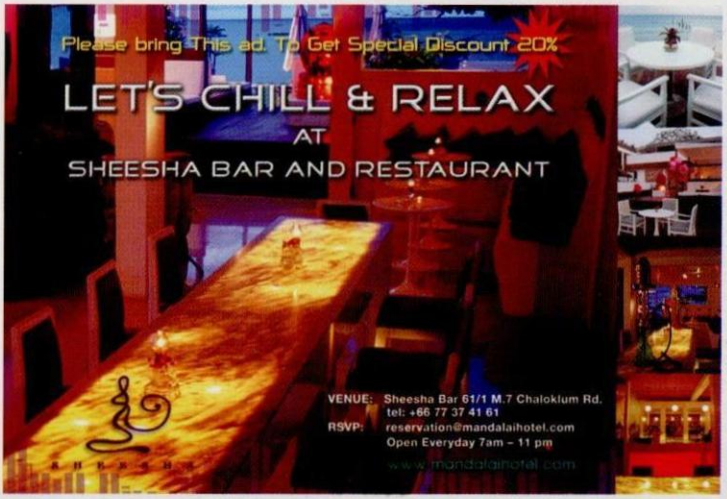
Joy Sushi & More, Haad Rin (right)
08 4889 0907

Located on Haad Rin (Full Moon Party) beach, serving; sushi, Thai food, seafood, steaks, pasta and variety of cocktails. All you can eat and one drink only 800 Baht. Free delivery when you order over 350 Baht! A chill place to prepare for the party and relax after the party.

Open: Mon - Sun 5pm to Late
Recommended: Sushi, Thai food, Sea food, Pasta, Steaks, Cocktails

see map on page 125







Santhiya Resort & Spa, Koh Pha-Ngan....Naturally Inspiring



Chantara Restaurant

Thai Dance and Buffet :
Enjoy traditional Thai dancing every Wednesday and Saturday while feasting upon tasty authentic Thai cuisine. Book tables early to avoid disappointment.
Open from 07.00 AM - 11.00 PM

Live Music :
Join the talented singing duo, Dennis & Kat, every day (with the exception of Wednesdays') at Chantara restaurant. This talented twosome will blow your mind away with their harmonious melodies.

Thai buffet : 699 THB (net/person)
Include one wine by glass : 999 THB (net/person)



By The Sea & Bar

By the Sea & Bar Restaurant is currently in the process of tempting new prices its dinner menu prices to bring you a more affordable dining experience.
Open from 10.00 AM - 11.00 PM

****Free transportation within Thong Nai Pan Beach****
Please Call 089 412 7508

www.santhiya.com

Bangkok Sales & Reservation Office
Telephone no. : +66 (0) 2889 - 3500
Fax no. : +66 (0) 2889 - 2119
E-mail : reservation@santhiya.com

Location : Koh Pha - Ngan
Telephone no. : +66 (0) 7742 - 8999
Fax no. : +66 (0) 7742 - 8900
E-mail : info@santhiya.com

Seafood on the beach!

Fresh & Cheap

directly from local fisherman



Holiday Beach Bar & Restaurant

Fresh Seafood

Daily Open: 3pm – 12am. (Bar till late)

FREE PICK UP.....CALL NOW!

Call for Reservation: 077 238 855 / 08 0535 8425

Holiday Beach Resort

Baan Tai Rd.

www.holidaybeachresort.net

email: holidaybeachresort_phangan@yahoo.co.th

Tel: +66 (0) 77 238855, Fax: +66 (0) 77 377468





Welcome to our resort, Amazing Sunset View, Private Long Beach & Friendly Smiles

see map on page 108

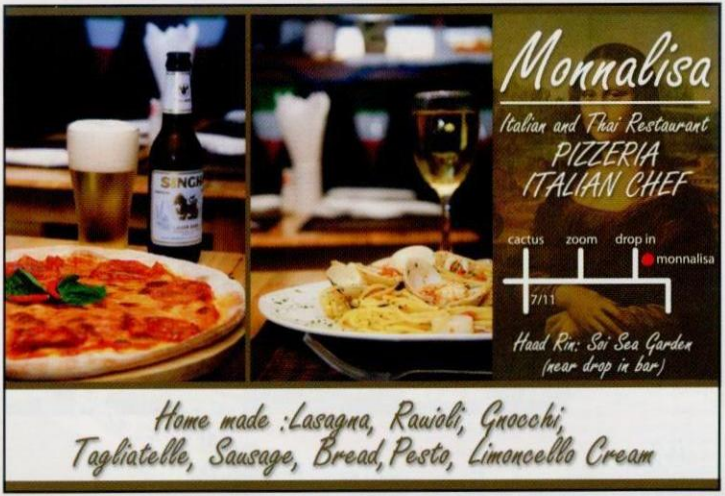
ITALIAN

Fellini, Srithanu (top right)
077 349020
This cosy Italian restaurant is very popular. Near to 7-11, *Fellini* prides itself on traditional stone oven cooked pizza, homemade pasta, steak and seafood specials.
Open: Mon - Sun 10am to 11pm
Recommended: Traditional Italian Pizza

La Dolce Vita, Haad Chao Phao (p141)
08 9636 8189
Under Italian management, *La Dolce Vita* proposes a unique selection of seafood, Thai cuisine and original Italian dishes.
Open: Mon - Sun 8am to 10pm
Recommended: Homemade Gnocchi

Monnalisa, Haad Rin Nok (below)
08 4441 5871 or 08 0696 7378
Smart restaurant on the Full Moon Party-beach - behind Drop In Bar - with real Italian chef, homemade ravioli, gnocchi, tagliatelle, lasagne and pizza in original Italian style. Spectacular homemade dessert and also most popular Thai dishes. Buon Appetito!
Open: Mon - Sun 5pm to 12am
Recommended: Homemade Lasagne & Ravioli





MEXICAN

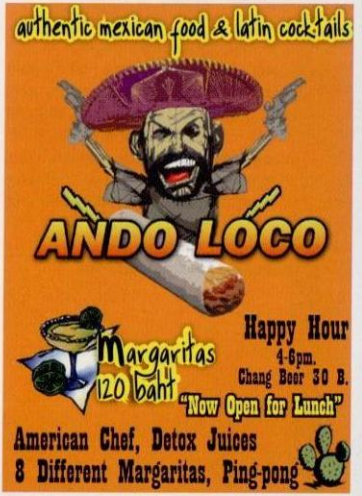
Ando Loco, Thongsala (below)
08 5791 7600
Authentic Mexican restaurant and bar serving real Mexican food at backpacker prices. Daily Happy Hour offers Phangan's cheapest beer! 30 Baht Chang 4-6pm and free ping pong all day every day! American chef prepares all food from scratch using imported Mexican spice and peppers grown behind the restaurant. Lonely Planet Recommended!
Open: Wed - Mon 1pm to 10.30pm
Recommended: Nachos, Taco, Margarita

Bamboozle, Haad Rin (p57)
08 5471 4211
The best of Mexican food in a relaxed atmosphere with Thai style seating, a comfy sofa area and outdoor beer garden. The usual suspects - fajitas, burrito, enchiladas or quesadillas, served with homemade salsa and guacamole and all with vegetarian options. Menu includes salads and Thai fusion dishes. At the bar, all your favourite Mexican cocktails, such as sangria and mojito. Live sports and pool table.
Open: Mon - Sun 10am to Late
Recommended: Fajitas, Burrito, Sangria

VIETNAMESE

Little Hanoi, Thongsala (p105)
077 239638
Get a culinary experience in this new chic restaurant, special designed with Vietnamese decorations and handicrafts. The chef has finished individual and intense cooking classes in both Hanoi and Central Vietnam so you expect an authentic taste.
Open: Mon - Sun 11am to 10pm
Recommended: Grilled Meatballs with Rice Paper, Fresh Greens and Dip.







BAR

Reggae House, Haad Rin (above)
Away from the main strip, tucked away just off Sunset Beach, you'll find *Reggae House*. It has something for everyone....great music, cocktails, chillout beanbag and hammock balcony, pool cave, bamboo tattoo studio and rooms for rent all under one roof! FREE WiFi zone.
Open: Mon - Sun 10am to 2am
Recommended: Variety of Cocktails

Sky Sports Bar, Thongsala (right)
Full English breakfast every day, also on the menu are oven-cooked pizza and homemade pies. Live sports and replays on 3 screens - 3 games at the same time! Sports classic events, sports movies, quiz nights, Saturday evening BBQs - Chang draught (jug or tower), flavoured Vodka and more.
Open: Mon - Sun 10am to 2am
Recommended: Homemade Pies

CAFE

Blue Top Coffee Shop, Baan Tai (p57)
077 238897 or 08 4052 0600
Only 500m from 7-eleven Baan Tai, a wide selection of Thai and imported coffees, fresh roast and grind. Breakfast and fresh crispy sandwiches. 2Mbit ADSL and WiFi internet!
Open: Mon - Sun 9am to 10pm
Recommended: Coffee

Nira's Home Bakery (p61)
Thongsala, *Baan Tai, Haad Rin*
The only original International and European Bakery on the island since 1985 by Nira and her family. The widest selection of bread, pastries, cakes, sandwiches, drinks and Homemade products from local resources. Special menus and their well-known "Breakfast sets" are also available all day long. Recommeded by most traveller's guide books around the world and Lonely Planet for 20+ years.
Open: Mon - Sun

Yellow Cafe, Thongsala (map p104)
Opposite the pier makes this a perfect place to grab a snack while waiting for the ferry/taxi. Menu includes jacket potatoes, baguettes, full English breakfast and mugs of tea or coffee. FREE WiFi for customers.
Open: Sun - Fri 7am to 5pm (closed Sat)
Recommended: English Breakfast

SKY SPORTS BAR

OPEN DAILY 10am-Late

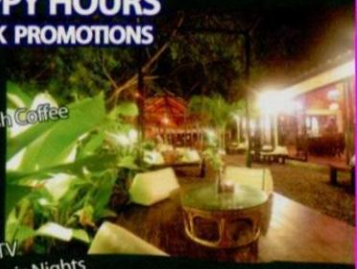




HAPPY HOURS
DRINK PROMOTIONS

Pub Foods:
- Full English Breakfast
- Steaks & Burgers
- Pizza : Eat In or Take Away

Beverages:
- Espresso / Latte / Cappuccino / Fresh Coffee
- Cocktails & Mocktails
- Chang Draft: Glass / Jug / Tower
- Friday Night : Vodka Night



SKY Live Sports & Replay's.
3 Screens : 3 Games / Request your Sport on TV
Sporting Classic Events / Sporting Movies / Quiz Nights
Sat BBQ's : English Premiership on Giant Outside Projector Screen



STAR SPORTS

ESPN

BARCLAYS PREMIERSHIP

www.skykohphangan.com Tel: 077 377 716

SHOPPING

WWW.PHANGAN.INFO

INTRODUCTION



Koh Phangan has long attracted an artistic element, which is reflected by the surprising number of art galleries, local crafts, hand painted batik (sarongs, hammocks, bed spreads etc.) and handmade jewellery shops that you will bump into whilst window shopping. In truth, Koh Phangan is a great place to purchase high quality handmade products and the relative small size of the Island means that you won't have to walk far to find something of interest.

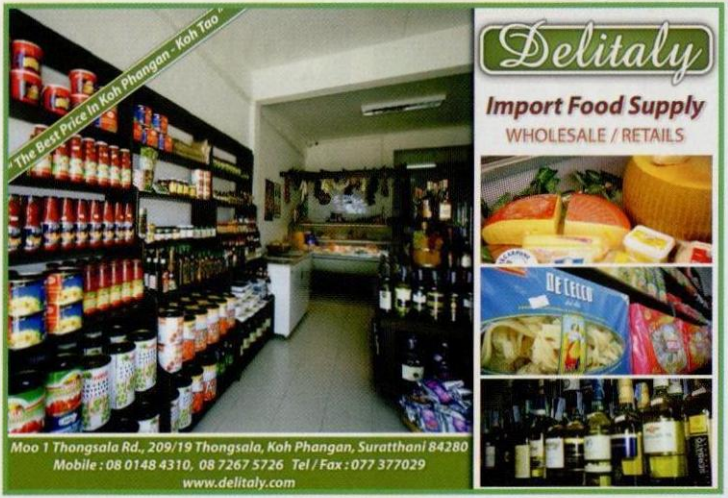
Other items that will be a bargain compared to overpriced shopping malls in Bangkok and other Western countries include clothing, beach towels, flip flops, snorkelling equipment, musical instruments and jewellery items. It is especially useful to buy all your beach wear on Koh Phangan, such as bikinis, shorts, t-shirts and sarongs - you will save a small fortune! For book lovers there are also plenty of second hand book shops willing to trade in your oldies. Thailand is also famous for cheap movies and games; there are plenty of market stalls filled with all the latest releases for the keen eye.

So where can you find all these bargains? Well, Thongsala (*see map on page 104*) is the island's main trading post with an

excellent variety of crafts, jewellery, clothes, artwork and traditional Thai items. There are a great number of boutique shops throughout the town and numerous supermarkets and fresh produce stalls. Most shops are open till 8 or 9 in the evening. The other place worth shopping is Haad Rin (*see map on page 124*) with shops spead throughout the town running from the sunrise beach all the way to the pier and often open until a lot later in the evening.

Moreover, you will find that prices are reasonable and are often hard to beat, even compared to Bangkok, there are also many outlets supplying goods in bulk for export.





SHOPS

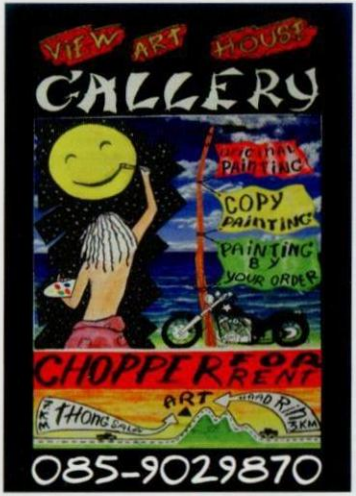


Delitaly, Thongsala (p71)
077 377029
Wholesale and retail food supplier with big range of items including cheeses, sauces, wines, smoked salmon, sun-dried tomatoes, olives and other imported goods.

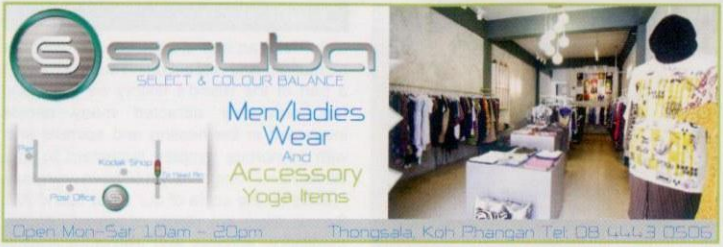
Fusion Fashion, Haad Rin (p71)
08 9868 1938
On the main high street, *Fusion* has an extensive collection of Women and Mens wear from Indonesia and Hong Kong and accessories from India.

View Art House Gallery (below)
08 5902 9870, Baan Khai
Chillax with art gallery and seaview! *View Art House Gallery* is located up on the Baan Tai/ Baan Khai viewpoint on the way to Haad Rin. Original artwork and copy painting can be made to order, normally can be completed within 3-4 days. Screen printing and rolling service for t-shirts. Big chopper bikes for rent by day/week/month.

Reggae House, Haad Rin (p68)
The *Reggae House* has 2 small dress shops selling accessories and clothes with reggae and funky party style.





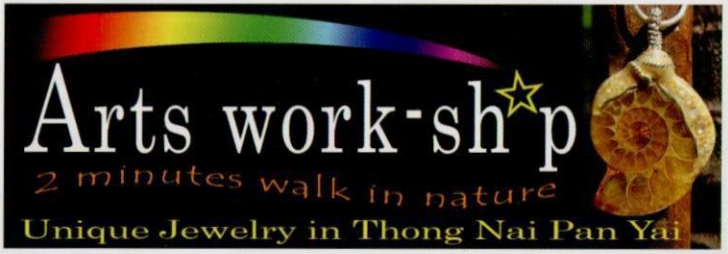


Scuba, Thongsala (above)
08 4443 0506
Scuba specialises in Men and Ladies wear, select clothes, accessories such as belts, bags, caps, flip flops and yoga items in oriental and natural style based on essential model. Located near Thongsala traffic lights, opposite Kodak shop, on the post office road.

Tony's Boats, Thongsala
08 6060 8851
Full range of outboard engines; most makes, models and sizes (Suzuki/Yamaha). Boats from 12ft to 10m - all at excellent prices! Now in stock - 12ft Shrimp Topper, International design, built by English managed boat yard. Very stable, easily fit 3 persons fishing, light weight (2 people lift) and suitable for 6HP to 15HP motor.

Workshop Silver, Thongsala (p72)
08 6096 1580 or 08 9034 6036
Shops in Haad Rin and Thongsala, Workshop Silver makes beautiful hand crafted jewellery.

Arts Work-shop, TNP Yai (below)
08 7266 3121
Love at first sight is what jewellery is all about. Arts Work-shop specialises in one-of-a-kind handmade jewellery. Located in natural surroundings, 2 min walk from the main road of Thong Nai Pan Yai. New! Natural crystals and quartz, jewellery for guitarists and drummers. Open Sunday to Friday 11am - 6pm.



HEALTH & SPA

WWW.PHANGAN.INFO

INTRODUCTION

Koh Phangan has always been a place for relaxation and reflection. The tradition is a part of the island's history as the island has previously attracted many people interested in the healing and spiritual arts, with numerous temples testament to this. While Koh Phangan is yet to have many spa resorts on the scale of our sister island Koh Samui; there are plenty of retreat centres, meditation schools and secret hideaways where one can find peace and space for learning in harmony with nature.

Wat Pho Herbal Sauna (see map p109)
Baan Tai

The herbal sauna is open every day 3pm-7pm and runs on donations - the sauna uses traditional methods by heating natural herbs such as lemongrass on a log fire. Nearby you'll also find the biggest tree on Koh Phangan, an amazing site of nature.

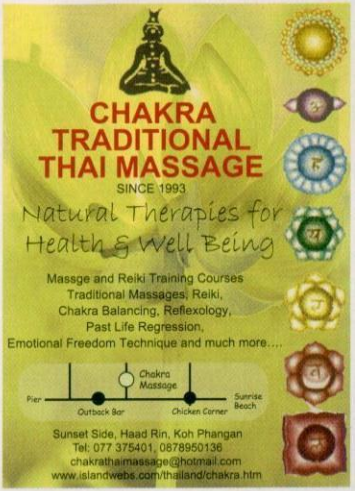




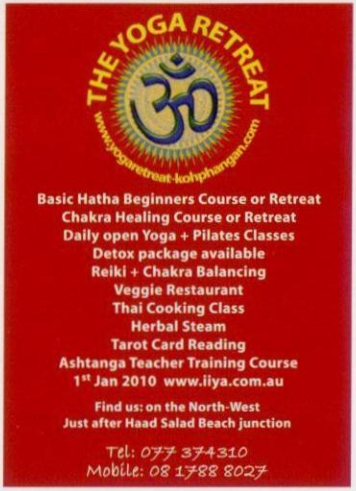
PLACES TO VISIT

Ayuvana Spa (p79)
Thong Nai Pan Noi, 077 238333 ext.823
In a secluded haven at Thong Nai Pan perfect for the ultimate relaxation, *Ayurvana Spa* offers a wide selection of body treatments to pick you up or wind you down. Special package available see *page 85* for details.

Chakra Massage (right)
Haad Rin, 077 375401 or 08 7895 0136
chakramassage@hotmail.com
Situated right in the centre of Haad Rin is *Chakra Massage* offering a range of treatments to suit your needs from Traditional Massages to Chakra Balancing, Reiki, Spinal Adjustments, Past Life Regression, Emotional Freedom Technique and Ear Candles! Massage and Reiki training courses are available taught by qualified and experienced instuctors.







Hi Class Massage, Haad Rin (bottom)
08 1606 8159

Hi Class Massage has massage therapists trained in a variety of techniques so that most people will be able to find something suitable for them. There is also a full range of beauty services available, including popular hair braiding and extensions, manicure and pedicure, nail extensions, waxing and skin care products.

Mandalai Spa (p151)
Chaloklum, 077 374316-9

Massage is also a treat at *Mandalai Spa* using natural herbs and oils, massage away your stress and woes in either the comfort of your suit or at our dedicated massage and treatment facility.

Nagamasa (p75)
Thaan Sadet, 08 1996 1930
www.nagamasa.com

Nagamasa the Fire Alchemy Meditation Center & Workshop. Fire Alchemy is a way of transforming the body, mind and consciousness to enhance the spiritual development of the practitioner, develop supernatural powers, attain immortality and ultimately achieve enlightenment which can in turn benefit of all living beings. In addition, *Nagamasa* also make amulets which can help in various aspects of every day life. These include amulets for protection, love, health, money etc. Alchemy workshops and meditation start at 19.30 every day, while courses begin on every Full Moon.

The Sanctuary (right)
Haad Thian (east), 08 1271 3614
www.thesanctuarythailand.com

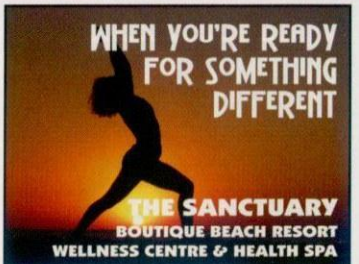
At *The Sanctuary* there are now yoga classes set up to help the beginners so you can learn to feed this practice into your life style and feel absolutely great. The class is



everyday at 10.30am and is open to all ages and sexes! For those who are already on the yoga path there are two other classes at 8am and 4pml, which cater for all yogis. All the classes cost 250 Baht; not a lot to look and feel great! All classes are taught by qualified yoga teachers.

The Yoga Retreat (top left)
Haad Salad, 077 374310
www.yogaretreat-kohphangan.com
The Yoga Retreat is located on the north west coast of Koh Phangan near Haad Salad. It is a family business run by highly qualified instructors with courses available at every level; from The Basic Elements, Chakra Healing, Pilates or Alexander technique - all taught in peaceful jungle surrounds and just 1km from the beach. There is a restaurant that offers a wide range of healthy drinks and veggie foods, and 6 bungalows - so they can offer 5-14 day retreats - as well as a herbal steam room and plunge pool. Ashtanga teacher training course starts January 2010.





Fasting and Cleansing

Tucked away in the seclusion of a remote private Bay on a tropical island in Thailand, The Sanctuary Wellness Centre is the home of Fasting, Cleansing, Detox and Weight-loss , Liver and Candida cleanses and more...

Yoga & Self Development

The Sanctuary also offers Yoga Classes (3 daily), Ayurvedic Yoga Massage, Shamanic groups, Tai Chi, Reflexology, Bellydancing classes, Self Awareness groups, daily Meditation.

Health Spa & Massage

While at The Sanctuary relax and enjoy the benefits of the Herbal Steam Room, Aromatherapy, Thai and Beauty Treatments, Body Scrubs and polishes, Hair & Nail care.

International Restaurant
The Sanctuary has the most comprehensive Vegetarian menue in South East Asia. They also serve delicious fresh juices and have their own bakery. Sample their quality international wines and ice cold beers.

Accommodation
To suit all budgets The Sanctuary has dorm beds, unique bungalows and exotic open-style houses.

The Sanctuary Resort
Wellness Centre & Health Spa
Had Tien Beach - Koh Phangan - Thailand.
www.thesantuarythailand.com Tel: +66 81 271 3614/ +66 81 894 2269

SPA RESORTS



Ayurvana Spa (Santhiya, right)
Thong Nai Pan Noi, 077 238333 ext.823
www.santhiya.com
Newly opened in a secluded haven at Thong Nai Pan perfect for the ultimate relaxation, *Ayurvana Spa* offers a wide selection of body treatments to pick you up or wind you down.

Buriya Spa (Phangan Buri, p129)
Haad Rin, 077 375481
www.phanganburiresort.net
The spa at *Phangan Buri* includes comfortable air-con massage rooms, facials and body treatments using natual herbs, jacuzzi and hot tub to unwind those weary joints. All visitors welcome.

Chidaraya Spa, Haad Rin (p131)
077 375083
Thai massage and a good selection of body treatments in a air-con room. Centrally located at *Baan Talay Guesthouse* in Haad Rin town.

Cocohut Spa, Haad Leela (Inside Back)
www.cocohut.com
Set inside a unique clay cottage beside the sea, the *Cocohut Spa* provides a soothing environment to leave you to feeling inner happiness, and a refreshed mind, body and soul.

Sai Spa (Drop In Club, p04)
Haad Rin, 077 375444-6
www.dropinclubresortandspa.com
Situated in central Haad Rin, the Sai Spa is set within the luxurious grounds at the *Drop In Club Hotel*. Expect an excellent service on a range of treatments.

Sarai Spa (Sarikantang, p121)
Haad Rin, 077 375055-7
www.sarikantang.com
Outside of Haad Rin town on the tranquil sunset beach at *Sarikantang Resort* you will find the *Sarai Spa*. There are excellent facilties including massage sala and herbal steam sauna. The accommodation at the resort starts from well-priced fan bungalows to modern air-con suites.

The Spa (Rasananda, p11)
Thong Nai Pan Noi, 077 239559
'*The Spa at Rasananda*' is a peaceful sanctuary in the middle of a micro rain forest on Koh Phangan. Pure and natural elements have been chosen for their curative benefits and energetic powers. Exquisite new fragrances in oils and elixirs will satisfy all five senses. Ancient healing and modern therapies work in harmony to renew, restore and revive.

Viman Spa (Panviman, Inside Back)
Thong Nai Pan Noi, 077 445101-9
A magnificent spa set up on the hill with breathtaking views over the bay and a cooling sea breeze.

PHANGAN.INFO



Santhiya Resort & Spa, Koh Pha-Ngan....Naturally Inspiring



Ayurvana Spa

Extravagance surrounds you as our Royal Ayurvana Spa Packages offer the most luxurious massages, therapies, steams and baths for an unprecedented spa retreat experience.

Catering to your every desire, sooth your senses and relax with extended spa treatments perfect for honeymooners wanting to express love in many ways all in the serenity of the Royal Ayurvana Spa Hideaway



****Free transportation within Thong Nai Pan Beach****

www.santhiya.com

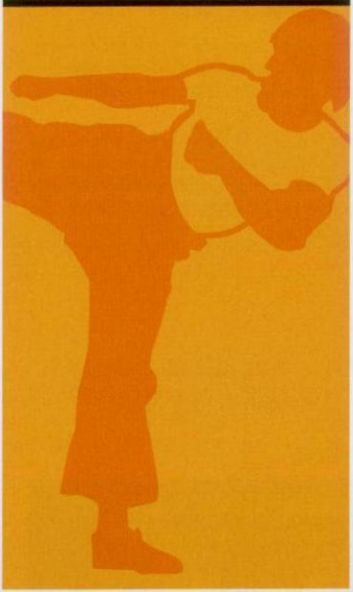
Bangkok Sales & Reservation Office
Telephone no. : +66 (0) 2889 - 3500
Fax no. : +66 (0) 2889 - 2119
E-mail : reservation@santhiya.com

Location : Koh Pha - Ngan
Telephone no. : +66 (0) 7742 - 8999
Fax no. : +66 (0) 7742 - 8900
E-mail : info@santhiya.com



ADVENTURE & ACTIVITIES

WWW.PHANGAN.INFO



INTRODUCTION

Koh Phangan is full of outdoor adventure and most of it can be done on a few Baht. Rich coral reefs run along the north-west coast of the island, supporting a vibrant underwater world making it an excellent place to snorkel and one of the cheapest and least-crowded places to dive in Thailand. There are fishing trips, around the island boat trips and loads of watersports on offer including kayaks, catamarans and fishing.

The island has acres of undisturbed tropical rainforest and a wild jungle interior. There are overnight mountain treks to the top of Khao Ra and coastline walks making it possible to beach hop round the whole island. There are also several Thai boxing schools, gyms and Thai boxing stadiums in both Thongsala and Haad Rin. Koh Phangan is great for cycling around and if you are an experienced motorcyclist it offers some fun rides. There are loads of temples to visit, spa and meditation retreats and it's also a pretty good place to do nothing at all!

FITNESS GYM

Sunset Sports Asia (right)
Baan Tai, 08 0696 6797
Sunset Sports Asia offer a wide variety of services catering to a diverse clientele; from blood pumping fitness workouts to meditative balance and stretching classes. Our services are specialised in; fitness classes/personal training, group (aerobic) workouts, weight management/detox, outdoor activities, healthy holidays.

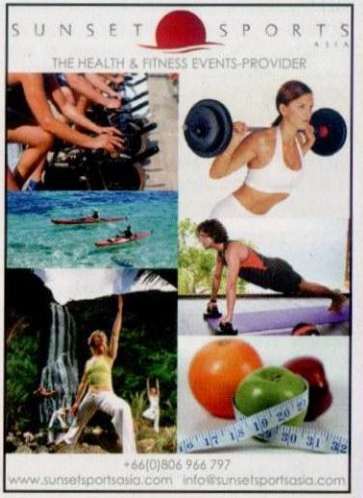
Fitness is our passion, dedicated to motivate and help people to get the best out of themselves in a safe, responsible and - most of all - enjoyable way.



KITEBOARDING

KiteBoadingAsia (above)
Baan Tai, 08 0600 0573 or 08 1591 4592
KiteBoardingAsia (KBA) Kiteboarding/ Kitesurfing center is an IKO Kiteschool (International Kiteboarding Organization) and shop with the biggest selection of Kites and boards to buy or rent in Asia and Thailand. *KiteBoardingAsia* is the biggest certified IKO center in Asia operating in 8 locations in Thailand to assure you the best teaching depending on time, wind strength and direction.

The *KBA* center on Koh Phangan is located opposite of Milky Bay Resort or PTT gas station at Baan Tai (*see map on page 108*) and will teach at different beaches all throughout the year to be in the best teaching area depending on wind conditions.





THAI BOXING (MUAY THAI)

Koh Phangan, like the rest of Thailand, loves its Thai Boxing; there are three stadiums in Thongsala (*see page 104*) and one in Haad Rin (*page 124*) so you'll easily be able to catch a fight during your stay.

There are usually about six fights a night with local and visiting Thai fighters and a few Farang (foreigners). To find out when the next big night is, try and decipher what one of the pick-ups with really tinny speakers is saying, look out for the posters or ask around. Price on the door is usually Bt650.

If you want to learn the noble art, there are a few good schools on the island with English speaking tuition and some very good facilities. Contact *Jungle Gym* (*see directory page 168*) for more information.

KAYAKING

Kayaks are available for hire on most beaches for Bt100 to Bt150 per hour. The obvious precautions should be observed such as covering your skin from the hot sun, allowing enough time for long trips (sunset rides are not advised) and taking water to drink. Also be aware of the currents and tidal drift, it can be easy to go in one direction and very difficult to come back.

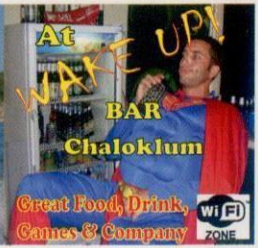
The west coast from Wok Tum to Koh Ma offers some of the calmest seas and best beach hopping possibilities though if the seas aren't choppy, pretty much anywhere is good. Other popular routes are between Thong Nai Pan and Haad Khuat (Bottle Beach) and also from Chaloklum to Haad Khuat; or from Haad Rin it is easily possible to make it around to Haad Khontee and further on to Haad Thian and Haad Yuan - but don't depart too late in the day.

BOAT TRIPS

Easy to organise and perfect for those not planning to stay very long on Koh Phangan or just want to take a quick look around the island before deciding where to stay on longer. Boat trips can be arranged at most resorts and will leave late morning. Common itineraries for pre-arranged tours include Thasn Sadet waterfall, Thong Nai Pan, Haad Khuat (Bottle Beach), Koh Ma and Koh Tae Nok. If you are in a group, it is also possible to rent the boat for a day and arrange your own itinerary, but expect to pay a lot more. The boat will either be a traditional longtail or speedboat which will probably be able to take you further afield such as the Marine Park or Koh Tao.

Any deal should include lunch and other essential supplies. Be aware of the sun





and wear a hat and a healthy layer of sun lotion or risk feeling the affects of heatstoke later on as most trips leave about mid-day. All organised boat trips run every day depending on the weather of course – if you have booked ahead only to find that it is wet and windy you will receive a full refund.

Snoop Dogg Boat Trip, Haad Rin (left)
08 1085 9137 or 08 7503 6377
Snoop Dogg leaves Haad Rin at *The Lounge* restaurant everyday at 11.30am (depending upon weather). The trip takes you around Koh Phangan on an original Thai longtail boat for a fun packed day visiting the best parts of the island for snorkeling and swimming. This is a nice trip to chill out with friends and other travellers. The trip includes fruit and drinks, buffet dinner, snorkel and mask, life jacket and English speaking guide. Trip to Angthong National Marine Park available here!

Entheogen (p151)
Chaloklum, 077 374316-9
Mandalai offers a unique experience with unique facilities; a 55ft converted fishing boat, "*Entheogen*" is available to take you to the clear and tranquil waters surrounding Koh Phangan for the relaxed day trip, overnight romantic interlude or sunset cruise!

Safari Boat, Thongsala
077 238232
www.safariboat.info
Ride the *Safari Boat* with unforgettable memories and awesome inspiring photos and enjoy a day out with your friends. The trip runs daily and includes a light breakfast, delicious buffet lunch, drinks, snorkel and mask, monkey and elephant show and English speaking guide. Taking you to the nicest beaches and snorkeling sites around Phangan Island.

WAKEBOARDING

Wake Up! Wakeboarding (top)
Chaloklum, 08 7283 6755
www.wakeupwakeboarding.com
Wake Up! is the only professional Wakeboarding set up in the Gulf of Thailand, with English speaking instructors, wake boat with tower and ballast, top brand equipment and most importantly a passion for the sport. Wakeskate, Water/Monoski and Kneeboards also available. Come check us out at the Wake Up! Bar in Chaloklum Village.

SCUBA DIVING & SNORKELLING

Koh Phangan is an excellent place to explore the underwater world. *See page 32* for full review.

SAILING AND WINDSURFING

There are a few places offering sailing trips and tuition, with one operation providing Hobie style Catamarans and Lazer sailing boats, available all year at Baan Tai and Ao Nai Wok beaches; ideal for learning or an exhilarating ride for the experienced sailor. Windsurfing is also becoming more popular and there are several schools and rental agencies on the island.

Cookies Bungalows (right)
Ao Plaay Laem, 08 3181 7125
www.phangan.info/cookies
Cookies has a selection of well-maintained Lazer sailing boats and a Hobie catamaran available for trips around the island. Suitable for beginners or those with more experience. *Cookies* also offer fun windsurfing lessons for beginners on the west coast near Thongsala with beautiful views over Koh Tae Nok. Contact them for more details.

FISHING

Fishing can usually be organised through your resort and is often a short trip in a longtail boat out to a few local fishing spots. The normal equipment is a handline on a basic trip, so if you are looking for something a bit more high-tech ask around or go to a travel agent. There are plenty of operations with good rods and equipment and if you are willing to travel to the best spots and night fish, you may net a 20kg Mackerel or a 10kg Barracuda. If organised at a resort it should also be possible to have a BBQ on the beach in the evening.

Fishing off the rocks on the coast can also bring a good catch; just ask a local where to set up - be warned it is illegal to go fishing in the marine rich waters around Koh Ma. Don't forget to cover your skin, bring enough water to drink and take care of the coral.

If you fancy a good laugh, then head up to Chaloklum for a spot of squid fishing. Chaloklum is well-known throughout the area as an excellent source of squid. If you look out to sea after dark you will almost certainly see the bright lights from the squid boats shining in the distance. If you are interested in trying it out just ask some of the local people for more details.

Big Game Fishing
077 238232
Beginners to professionals will love this day trip. Boat facilities include; GPS, fish finder, Western toilet, lifejackets, rods, fresh water shower, snorkelling equipment.

MOUNTAIN BIKING

Bikes can be hired in most towns and villages, just ask around; the quality varies but there are some reasonable machines out there. If you are staying long term there are several shops in Koh Samui that stock authentic bikes and they can usually be sold on before you go home. Prices range between Bt80 to Bt120 per day (prices are negotiable on monthly rentals).

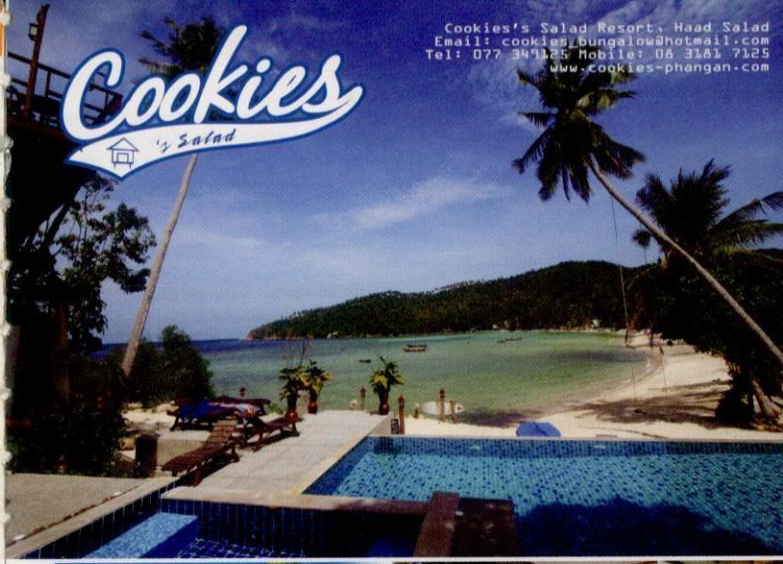
Apart from Baan Khai to Thongsala and on to Haad Yao, the island is predominantly hilly, thus be prepared for a work out if you cycle elsewhere. Always remember take plenty of water, head wear (helmet advised – the hills give you a lot of speed) and sun-cream.

There are no official tracks, though that can only be a matter of time, but any non-concrete road in the hilly areas is a good ride, especially the Thong Nai Pan and Thaan Sadet roads. Otherwise there are loads of trails to discover, just get those wheels rolling.

Cookies's Salad Resort, Haad Salad
Email: cookies_bungalow@hotmail.com
Tel: 077 349125 Mobile: 08 3181 7125
www.cookies-phangan.com

Cookies

's Salad









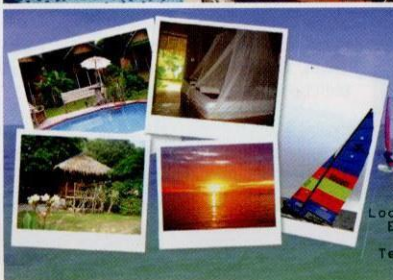












Cookies Bungalow

We are family

Located on Ao Plai Laem, Sunset Beach
Email: cookies_bungalow@hotmail.com
www.cookies-phangan.com
Tel: 077 377499 Mobile: 08 3181 7125

TREKKING

Many parts of Koh Phangan are still untouched, which makes it perfect for trekking and camping. Most trekking routes are along the eastern coastline that link up peaceful coves and beaches, although there are also some fun treks in the jungle interior around the tallest mountain Khao Ra and Phaeng Waterfall National Park.

WARNING: Please remember that it is easy to become lost, so if you are inexperienced please don't trek alone. Local guides can be found at **Phaeng Waterfall National Park** (Tel: 077 238275) - expect to pay about 500 Baht per day. If trekking alone or without a guide remember to take plenty of supplies, especially water and some high energy food.





Khao Ra
Central
The highest peak on Koh Phangan, Khao Ra stands at 630m and offers a fantastic viewpoint overlooking Chaloklum and Thong Nai Pan for those willing to climb to the top. On a good day with clear visibility you can see Koh Tao. The route is not too strenuous, but the path can be difficult to follow at times.

Phaeng Waterfall National Park
South West
The waterfall itself is a good attraction to visit, but walk further and there are many easy to follow paths leading up the mountain to an excellent viewpoint. Upon reaching the top there is still another longer well-marked trek for those who want to explore further.

Bottle Beach
North West
Easy to trek in about 2 hours, leaving from the western end of Chaloklum follow the dirt-track around to Haad Khom (which also has excellent snorkelling) and then becomes a narrower winding path sharply uphill and onto Bottle Beach.

Haad Yuan & Haad Thian
South East
A popular trek from Haad Rin that takes approximately 2 hours. The first part is hard-going, but once at the top of the mountain there are beautiful views over Haad Rin and beyond to Koh Samui. After this, follow the "green dots" along the mountain plateau which will eventually descend to the beach Haad Yuan. Only a little further is Haad Thian. Cheap bungalows are available on both beaches for an overnight stay.

facebook
www.facebook.com/phangan.info
PHANGAN.INFO on Facebook

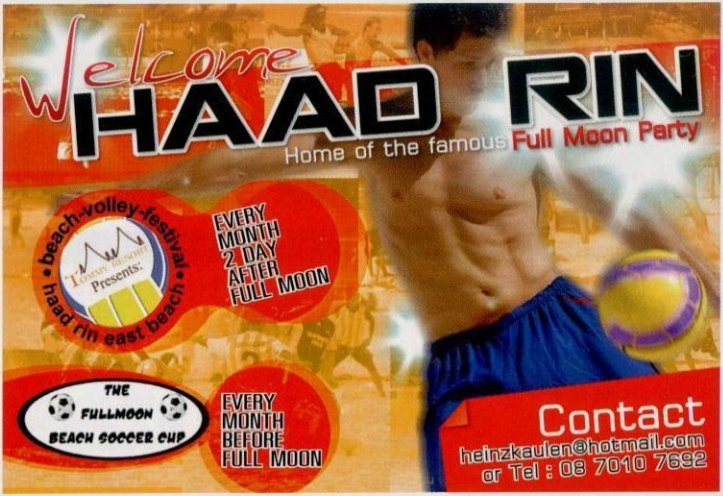
BEACH FOOTBALL

In the short time that the **Full Moon Beach Soccer Cup** has been organising tournaments on Haad Rin Beach opposite *Tommy Resort* it has gained an enormous following; with numerous local and guest teams competing in front of big crowds over the four day duration of each monthly tournament. Each team consists of a minimum of 6 and up to 11 players, with 5 on the pitch and the remainder in reserve. **Everyone is welcome** to enter the event, which finishes before the Full Moon Party kicks off; and with time to sign in from **12pm**, games starting at **2pm** and finishing at sunset; it's got a hangover friendly format!

One of the reasons for the Cup's great popularity is that if you don't have a team, they will help organise one for individual players or smaller groups. All interested parties should contact Mr. Heinz during the first three days of the tournament. It's also a fully international affair and a great spectator event for those who prefer the terraces; with high quality goods and gifts from the sponsors and cash prises for winners!

BEACH VOLLEYBAL

Now every month 2 days after the Full Moon Party (*see page 46*) Koh Phangan welcomes 3 days of sun soaked Beach Volleyball heaven. Everyone can join the **Beach Volleyball Festival** 2 on 2 competition - International Beach Volleyball rules - fun competition, not serious, anyone can do it! **BIG** prize money for winners. Final games under flood light in the evening.



JUNGLE SAFARI

Hippo Club Tours, Thongsala (p25)
077 377247 or 08 0452 9714
Discover Koh Phangan by land and sea, exploring beautiful waterfalls, elephant rides, snake and monkey shows or visit the best beaches, snorkelling with fine dining included....and much much more! Now overnight tours available too.

ADVENTURE SPORTS

SL2K, Ao Nai Wok (map p100)
08 1090 0623 or 08 3390 3125
www.sl2kadventure.com,
SL2K Adventure offers a range of activities; sailing (catamaran courses from beginner to advanced, day trip and trek) and active holiday (bicycle, kayaking, snorkelling and hiking trips). The activities can be adjusted for all levels between 6 to 99 year old!

COOKING COURSES



Same-Same Cooking Classes (right)
Haad Rin, 077 375200
www.same-same.com
Adding to their successful restaurant and lodge, *Same-Same* are now offering quality cooking classes so you can enjoy amazing Thai cuisine with friends when you get back home. There are 1, 3 or 5 day classes available, all taught by a fully-trained English speaking chef. Visit the market to purchase your ingredients, prepare and cook, then sit back and eat.

JEWELLERY WORKSHOP

Workshop Silver, Thongsala (p72)
08 6096 1580 or 08 9034 6036
Learn the techniques of traditional jewellery making using heat and silver as well as setting stones to create your very own one of a kind silver jewellery - this is a hands on course and your creation is is yours to take home at the end of the lesson! If you are tired of the commercialised silver jewellery sold everywhere, explore your creative side on these 1, 2 or 3 day courses. No experience is necessary, free pick up and drop off from your resort, courses start at 1500 baht. Please book early to avoid disappointment as places are limited.



BODY TATTOO ART

Reggae House Bamboo Tattoo Studio
Haad Rin (p68)
Thinking of getting a tattoo whilst on holiday? Then why not get it done the original way with a traditional freehand Bamboo tattoo. *Reggae House* offers free consultations, and can do cover ups or custom drawn designs in any style you choose.

RECOMMENDED BY LONELY PLANET & ROUGH GUIDES!

see map on page 125

SAME-SAME THAI COOKERY SCHOOL KOH PHANGAN

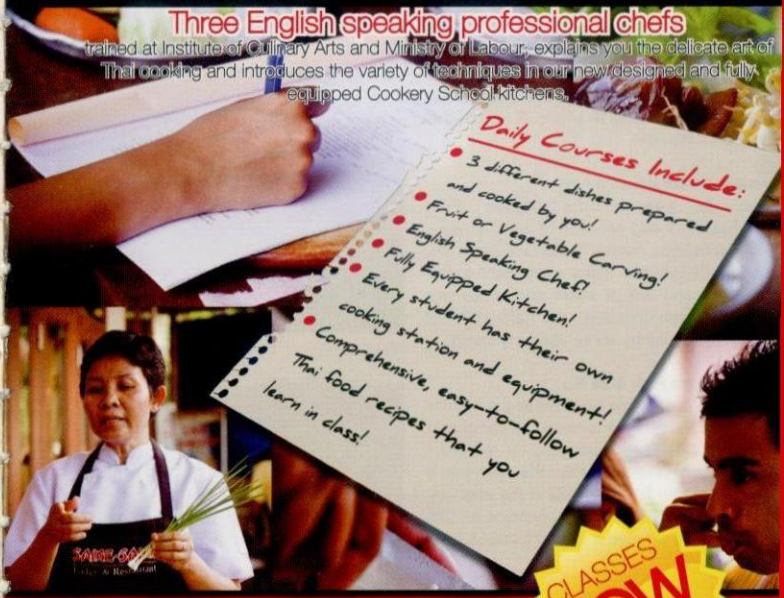
My Wok And Me!

Welcome to Koh Phangans leading Cooking School

We are professionally certified to train!

Three English speaking professional chefs

trained at Institute of Culinary Arts and Ministry of Labour, explains you the delicate art of Thai cooking and introduces the variety of techniques in our new designed and fully equipped Cookery School kitchens.

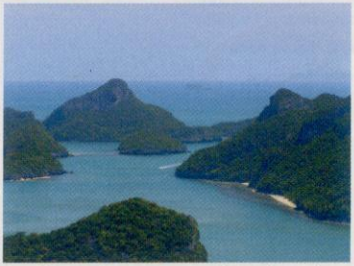


CLASSES NOW AVAILABLE IN THONGSALA

Contact and booking

Chef Thip: 087 893 3804
Chef Oi : 087 278 8898
Chef Oam: 089 482 9554
Same Same Restaurant: 077 375 200
Or contact your local agency.
More info: www.same-same.com

ANG THONG MARINE PARK TRIPS



Ang Thong is a true natural wonder unique to the Gulf of Thailand; consisting of over 42 individual islands and easily reached from Koh Phangan by speedboat or cruiser it is a popular destination for travellers looking to explore this magical place. A few of the highlights include:

Viewpoint on Wua Ta Lap

Wua Ta Lap is the Marine Park Headquarters and consists of an open area with information centre, restaurant and a few modern bungalows. It is a steep climb to the viewpoint and lots of water and shoes are definitely recommended - the hard walk will will be rewarded by some stunning views.

Camping on Koh Mae Ko

There are only a few beaches in the Marine Park that tourists are allowed to camp and faciltilies are actually provided on request - swing in the hammock under the stars with a warming camp fire and BBQ in the evening. Call direct for bungalow reservations on 025 620760 or to arrange a tent 077 286588.

Inner Sea (Emerald Lake)

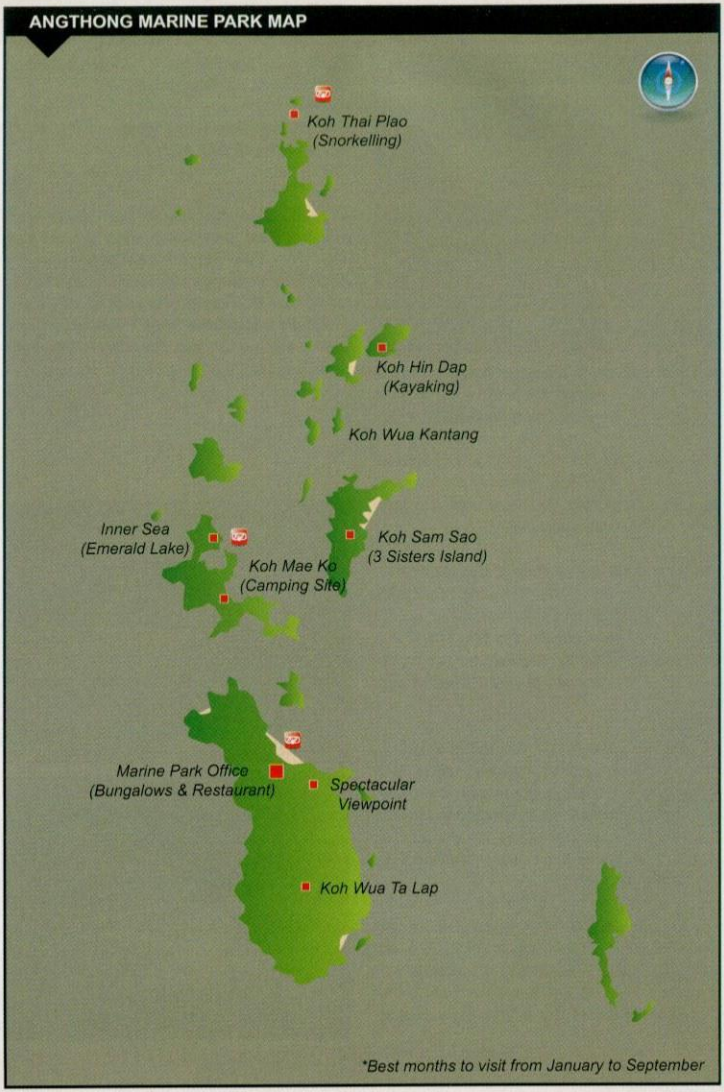
Don't miss the famous saltwater Emerald Lake. Hidden from view and accessed by a narrow pathway, it is a natural wonder. No swimming allowed.

There are several companies that can arrange trips to the marine park, some will do a standard 1-day trip which includes visiting a few attractions, lunch break and a bit of snorkelling. For those that want more adventure it is possible to stay overnight at the marine park in basic accommodation. All tour packages should include the entrance fee of 200 Baht per person.

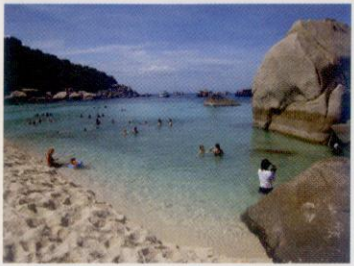




PHANGAN.INFO
WWW.PHANGAN.INFO
SECURE ONLINE CREDIT CARD RESERVATION


ANGTHONG MARINE PARK MAP
Koh Thai Plao
(Snorkelling)
Koh Hin Dap
(Kayaking)
Koh Wua Kantang
Inner Sea
(Emerald Lake)
Koh Sam Sao
(3 Sisters Island)
Koh Mae Ko
(Camping Site)
Marine Park Office
(Bungalows & Restaurant)
Spectacular
Viewpoint
Koh Wua Ta Lap
*Best months to visit from January to September

KOH NANG YUAN DAY TRIP



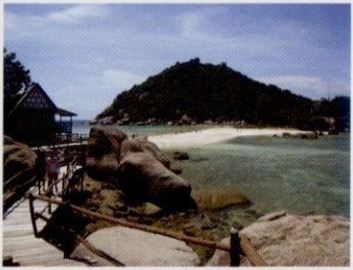
Koh Nang Yuan is a unique island paradise that is both a haven for marine life and an eco-resort, allowing visitors to stay on one of the three islands that make the place one of the wonders of South East Asia. Located off the coast of Koh Tao, the ocean's currents have interacted with the three peaks to form sandbars that link each island.

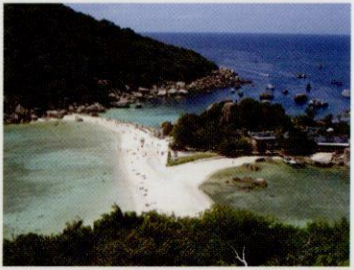
In the waters that surround the islands an incredibly diverse array of tropical marine life form an underwater paradise that is vibrant with colour from corals and fish alike. It is a fantastic place to snorkel and dive, but can get a little corded at peak times in high season.

All visitors to the island are asked to refrain from bringing plastic bottles, cans and other non eco-friendly items with them and are also expected to respect the pristine environment. Do not stand on the corals, take any shells or corals from the beach or feed the marine life.

Visitors can either spend the day at the islands on one of the high quality tours that come to Nang Yuan daily; or alternatively they can stay at the luxurious resort that makes the most of the amazing geography, dividing the site into three budgets based on which island you are staying on.

Lomprayah Day Trip (right)
077 427765 or 077 427766
The efficient, friendly, high tech and high speed *Lomprayah Catamaran* crew run a good value day trip to Koh Nang Yuan and the best snorkelling sites around Koh Tao. The fully loaded catamaran has an aircraft style lounge and carries snorkelling equipment and kayaks for guests use. There are daily departures from Thongsala's new pier at around 8:00am returning to Phangan at around 16:00pm.





STATE RAILWAY OF THAILAND

บริษัท เรือเร็วลมพระยา จำกัด

LOMPRAYAH

High Speed Catamaran

Koh Samui ⇄ Koh Phangan ⇄ Koh Tao ⇄ Chumphon (Air/Con Bus) ⇄ Huahin ⇄ Bangkok

ISO 9001:2008

Fast , Safe , Convenience

The best way to explore koh Nangyuan & Koh Tao











Email:info@lomprayah.com

www.lomprayah.com



More Information

Bangkok:	02-6292569-70 02-6292641
Huahin:	032-533738-9
Chumphon:	077-558212-3
Centerpoint:	077-570085
Koh Tao:	077-456176 077-456785
Koh Phangan:	077-238411-2 077-238981-2
Koh Samui:	077-427765-6

PLACES TO VISIT

WWW.PHANGAN.INFO

INTRODUCTION

Koh Phangan has a long history that stretches back over 600 years to when the first monks settled on a hilltop near Thongsala. Since then the island's spiritual traditions have grown and there are a number of other ancient and newer temples well worth visiting. Its rich tropical landscape is home to acres of undisturbed rainforest, thus there are some great jungle and beach walks, excellent viewpoints from the mountains and several waterfalls, with some enticing enough to bring Thai Royal visitors.

TEMPLES

There are more than 20 temples around the island and all welcome well behaved visitors. Not only are they great historical and spiritual places, but they are also at the centre of the Thai community and often have temple fairs with dancing, singing, markets and stalls.

When visiting temples, please respect the Buddhist and Thai culture; always wear a shirt that covers your shoulders, shorts are ok but not too short, no shoes or headwear in the temples and never point your feet



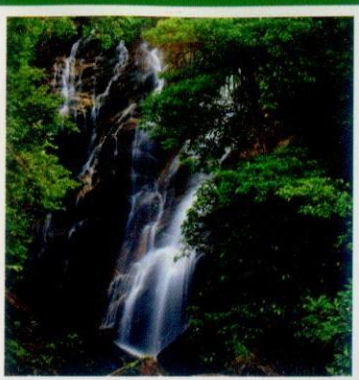
at any Thais, especially a Monk (sit cross legged or make a kind of "sitting kneel" with your legs under you and your feet pointing to away from the monks; never touch a Thai on the head either). Women cannot touch the monks, so if you wish to pass anything, do it via a male friend or put it next to the monk with your right hand.

Wat Phu Khao Noi (*South West*)
Wat Phu Khao Noi is the oldest temple on Koh Phangan and is situated on top of a hill just outside Thongsala near the hospital. It has some very interesting ancient buildings and Chedis, as well as amazing views over the island and beyond. The head monk there also speaks a bit of English; it's worth noting that the monks are only really around in the morning, though you can still visit until late in the afternoon.

Chinese Temple (*North West*)
The Chinese Temple exists today because of the faith of Mrs Malawan. In 1990, when Koh Phangan was still largely without electricity, Mrs Malawan came to Sangthom Temple on Koh Phangan for a ceremony of presenting the robes to the priests. During one night, sleeping outside with friends, Mrs Malawan dreamt about the Chinese Buddha, Jaomae Kuanim. The Buddha told her to build a firelight for the people. Mrs Malawan then returned to Bangkok to raise the funds and building was completed in 1992 (open from 8.00am to 5.00pm).

Jade Buddha (*Central*)
Near the entrance to Phaeng Waterfall, the Jade Buddha can be found on top of a small hill in the temple grounds.

Wat Pho (*South West*)
Wat Pho is located at the start (and level section) of the Baan Tai to Thong Nai Pan Road where the monks operate a traditional



herbal steam sauna. Natural herbs such as lemongrass and other Asian remedies are heated by a log wood fire, creating steam that is filtered into the sauna. The herbal system has many health benefits from helping to reduce high cholesterol levels to improving skin conditions such as dry skin and eczema (open from 3-6pm).

WATERFALLS

Phaeng Waterfall (*South West*)
One of the island's grandest waterfalls is a steep 250m walk up a jungle trail, but once there it is quite an impressive fall. Walk a further 200m up the path and it brings you to a fantastic mountaintop viewpoint. Nearby, there is also a long winding foot trail that leads up the mountain Khao Ra peak and viewpoint (*see page 86*).

Wang Sai (*North East*)
Wang Sai waterfall is situated on the north-west coast of the island near Mae Had. It flows best after heavy rains and has a number of pools to cool off in. It certainly isn't the biggest waterfall on Koh Phangan, but it's a beautiful stretch of fresh water in a lovely spot.

Thaan Sadet (*North East*)
Thaan Sadet waterfall was first visited by Thai Royalty in 1888 when King Rama V left an inscription on a rock that remains today; he revisited the same spot more than 10 times. The present King Bhumibol has also been to this sacred series of falls, where the river waters are used in certain Royal Ceremonies that obtain water from only a few sources around Thailand. It is a fairy tale of huge granite boulders and multitudes of fresh water pools and can be walked its full length of 3kms. The falls are more like huge stepping stones and can be approached from numerous places; either from the magnificent beach of Haad Thaan Sadet or on the road into Thaan Sadet (beware; only experienced motorcyclists should attempt the Thaan Sadet road, otherwise take a boat, taxi or hire a jeep).

Thaan Prawet (*North East*)
Thaan Prawet is another long scenic series of waterfalls that can either be accessed from Thong Nai Pan Noi beach or from the main road above the bay. It runs for about 2kms and is quite a hard climb further upstream, though there are some great places to chill from the very start of the falls.

VIEWPOINTS

Khao Ra (*Central*)
Khao Ra is the highest mountain peak on Koh Phangan at about 630m above sea level offering the most spectacular viewpoint on the island. There is a long trail leading up from the village of Baan Madua Wan and passing Phaeng Waterfall. The trail can be steep and difficult to follow in places, so it is advised that travellers should take advantage of the guide service available at the start of the trek. The service costs about 500 Baht per trip.

Wat Khao Tam (*South West*)
Wat Khao Tam is a great viewpoint in Baan Tai, easily accessible on a moped; as are many of the sunset bars on the Nai Wok hillside. Haad Rin has viewpoints at either side of Haad Rin Nok and on the road out of Haad Rin. But in fact there are viewpoints pretty much anywhere on the island, just stop for a minute to appreciate it.

LEAM SON LAKE

Laem Son Lake is a popular place to cool off during the hot months and relax under shady pine trees; there are also a few rope swings for high diving into the lake. Recently there have been a couple of accidents so if you swim be careful; only strong swimmers should attempt to swim across the lake and the rope line across the lake is only a guide, not a safety rope; Laem Son is also a protected area - so no fishing allowed.



ANG THONG MARINE PARK

Ang Thong Marine Park is a group of over 40 tropical islands that are protected as a nature reserve. There is an amazing variety of marine life, corals, excellent snorkelling and diving, kayaking around the many islands, limestone caverns and a giant saltwater lake. Journey takes around an hour in a speedboat and day trips, camping trips and even overnight boat trips are available. Respect the coral, do not touch, stand on it or take any shells as mementos.



PHANGAN.INFO
WWW.PHANGAN.INFO
SECURE ONLINE CREDIT CARD RESERVATION

GUIDE TO SOUTH WEST

WWW.PHANGAN.INFO

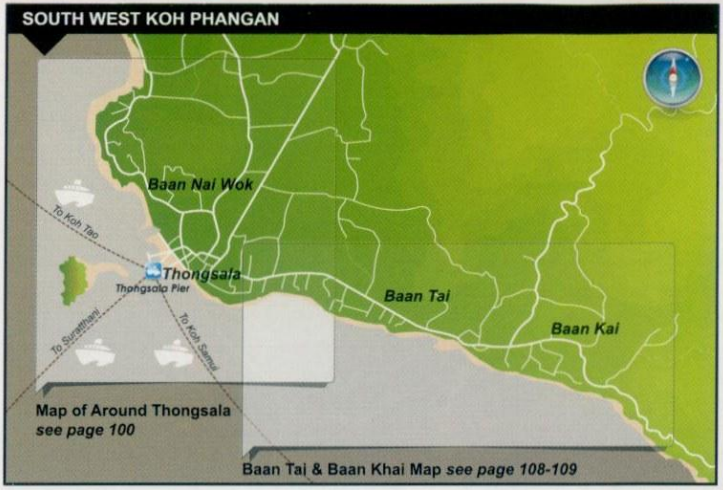
INTRODUCTION



The south west of Koh Phangan is the island's biggest lowland area and was the earliest settled with the first main town in Wok Tum, not far from Thongsala where it is now. The inland areas are a melting point of rivers and streams that spring from the surrounding mountains and the fertile plains are home to many small villages.

Thongsala became the island's capital around a hundred years ago and serves as Koh Phangan's main communication, services and transport centre. It has the islands main banking services, an excellent variety of cosmopolitan restaurants and some good bars. The shopping in Thongsala tends to be better value than neighbouring islands, where most shops have low fixed prices and there are also some good boutiques with interesting and unique clothes and crafts. Internet and telephone services are cheap,



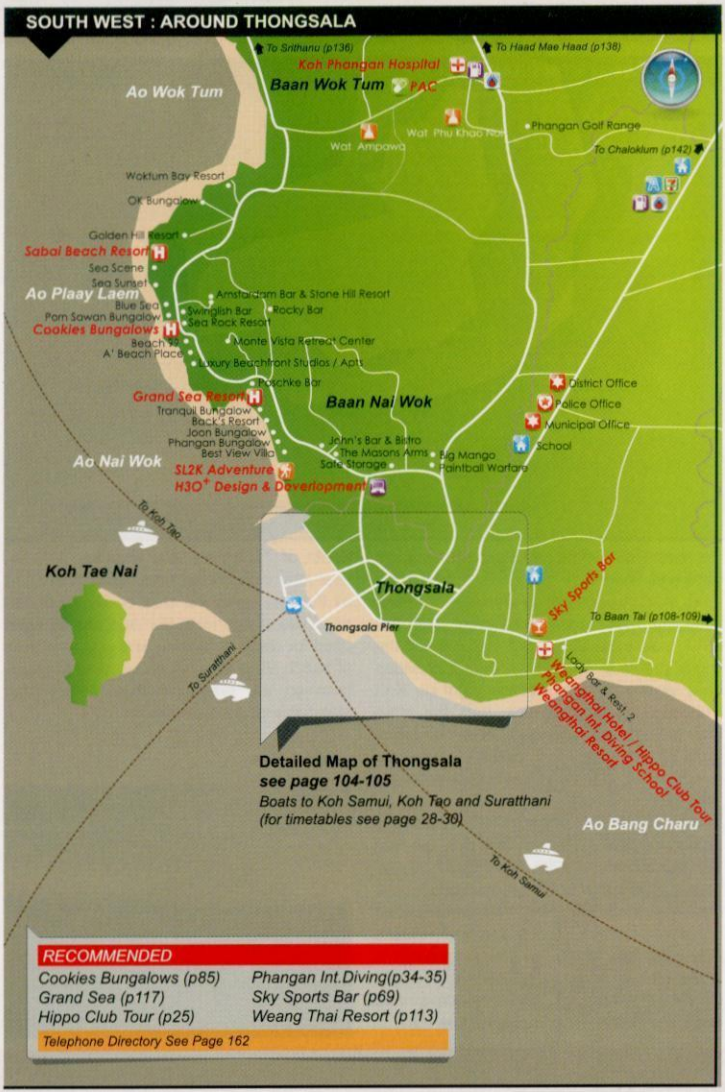


the main Post Office and Police Station are here and Thongsala has no less than three fresh markets, several decent supermarkets including Tesco Lotus, and more than ten ATM machines. The road network of the island meets in Thongsala, thus it provides easy access to virtually any point on Koh Phangan, by land or sea. It is the main taxi pick-up point and it has numerous guesthouses and two hotels, useful for overnight stays to meet travel connections.

The coastline takes on two different personas either side of Koh Tae Nok and Koh Tae Nai, the islands in front of Thongsala. Up the coast, starting at the northern end of Ao Nai Wok, there are steep hills and rounded volcanic boulders around the south-west's only mountain, Khao Hin Nok. The coast is broken up by rocky outcrops and the odd cluster of mangroves, with small coves and idyllic views over Ang Thong Marine Park.

South of Thongsala, the coastline is a lot straighter with an unbroken stretch of sand all the way up to the start of the Haad Rin hills. The surrounding flat land has all been used for coconut farming and long stretches of beach allow for a decent amount of space between the resorts, many offering high standards of accommodation.




SOUTH WEST : AROUND THONGSALA
To Srithanu (p136)
To Haad Mae Haad (p138)
Koh Phangan Hospital
PAC
Ao Wok Tum
Baan Wok Tum
Wat Ampawa
Wat Phu Khao Noi
Phangan Golf Range
To Chaloklum (p142)
Wokfum Bay Resort
OK Bungalow
Golden Hill Resort
Sabai Beach Resort
Sea Scene
Sea Sunset
Ao Plaay Laem
Amsterdam Bar & Stone Hill Resort
Blue Sea
Swinglish Bar
Rocky Bar
Porn Sawan Bungalow
Sea Rock Resort
Cookies Bungalows
Monte Vista Retreat Center
Beach 35
A' Beach Place
Luxury Beachfront Studios / Apts
Zochke Bar
Grand Sea Resort
Baan Nai Wok
Tranquil Bungalow
Back's Resort
Joon Bungalow
Phangan Bungalow
Best View Villa
John's Bar & Bistro
The Masons Arms
Big Mango Paintball Warfare
Safe Storage
Ao Nai Wok
SL2K Adventure
H3O° Design & Development
District Office
Police Office
Municipal Office
School
To Koh Tao
Koh Tae Nai
Thongsala
Sky Sports Bar
Thongsala Pier
To Baan Tai (p108-109)
To Suratthani
Lucky Bar & Rest. 2
Weangthai Hotel / Hippo Club Tour
Phangan Int.Diving School
Weangthai Resort
Detailed Map of Thongsala
see page 104-105
Boats to Koh Samui, Koh Tao and Suratthani
(for timetables see page 28-30)
Ao Bang Charu
To Koh Samui
RECOMMENDED
Cookies Bungalows (p85)
Grand Sea (p117)
Hippo Club Tour (p25)
Phangan Int.Diving(p34-35)
Sky Sports Bar (p69)
Weang Thai Resort (p113)
Telephone Directory See Page 162

AROUND THONGSALA

Fight Night

Thongsala is the main venue for popular Thai Kick Boxing events, with no less than 3 stadiums! Expect the stadium to be full on the night, so arrive early and grab a snack at a local restaurant before sitting back to enjoy the fight. For more information on Thai Boxing *see page 82*.

Heading north from Thongsala and sticking to the coast; the hills of Khao Nai Wok offer the perfect place to watch the sunset over the islands of Ang Thong Marine Park; there are some great hillside bars as well as resort beach bars. Accommodation here is typically good value, with some great old skool resorts and a few high end luxury places.

The area immediately above Thongsala is close to the area first settled on the island. Wat Phu Khao Noi has temple remains over 400 years old and impressive ocean views and there are numerous traditional Thai homesteads along the old plantation roads. Some of the locality's best bars and restaurants are to be found on the roads leading to Thongsala and the island's municipal centre, hospital and police headquarters are also located here.

On the main road south of Thongsala going to Baan Tai, there are several good bars and a variety of restaurants serving Mexican, French, Italian, Indian, Thai and numerous other food styles. Along the coast of Ao Bang Charu there is also a great variety of resorts, with several low budget places with great value rooms and some nice mid to high end places that also tend to be soft on the pocket.



THONGSALA



Thongsala is the principal town for the island and is home to all the main services and travel connections. There is also a great choice of shops, bars and restaurants so it's worth visiting both in the day or the evening; there are also plenty travel shops offering tours and activities.

Services

There are several banks in Thongsala, with five on the main street and two on the Post Office Road; and there are also several money exchange windows, all with ATMs. The hospital is only 4km away and a few private health clinics in the town, there are also numerous pharmacies; Koh Phangan's Police Headquarters is on the Chaloklum Road, 1km outside Thongsala. The main ferry port is also in Thongsala and all of the ferry operators have offices on the jetties.

Restaurants

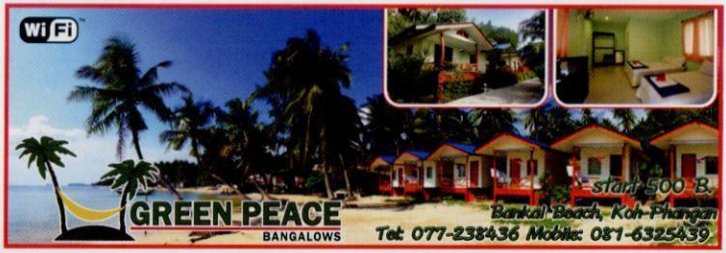
There is an excellent choice of restaurants in the south west, especially in Thongsala; with traditional Thai seafood restaurants, curry stalls and good quality street food; a multitude of Western restaurants such as Italian, English, French, Greek and Japanese and even a Vietnamese restaurant. Most are either at the main crossroads (100m up from the round about) or on the seafront, the markets around the 7-11 convenience store have some of the best street food.

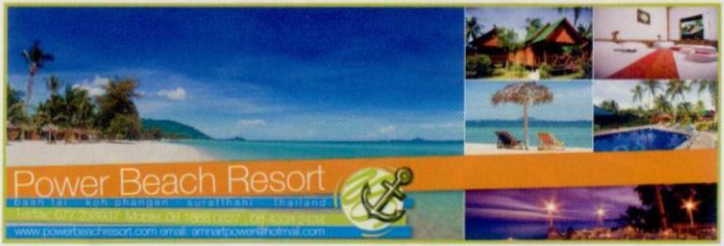
Entertainment

The south west has a great number of activities and things to keep you occupied; there are several dive operations based in Thongsala and numerous marine tour and fishing companies. There is also a Paintball arena and plenty of places to hire mountain bikes, jeeps and motor bikes in Thongsala. There are regular Thai Boxing matches in the evenings and also several parties in Baan Tai and on the Wok Tum coast.

Shopping

Thongsala is the island's main trading post with an excellent variety of crafts, jewellery, clothes, artwork and traditional Thai items. There are a great number of boutique shops throughout the town and numerous supermarkets and fresh produce stalls. Prices are reasonable and are often hard to





beat and many outlets supplying goods in bulk for export. Most shops are open till 8 or 9 in the evening.

Bars

There are loads of bars in Thongsala, with the majority on the main street; many have pool tables and TV for live sporting events. From Ao Nai Wok to Ao Hin Kong there are several hillside bars with great sunset views. Heading towards Baan Tai from Thongsala there are numerous beer bars lining either side of the road.

Accommodation

There are several guesthouses and hotels in the Thongsala area which are good value and ideal if you need to stay in town for an early ferry. There are also numerous reasonably priced resorts either side of the town.



Cheap Eats

Thongsala (*see page 104*) is the main Thai market town so it's a great place to find some stalls cooking authentic Thai food. There are plenty of "Chicken and Rice" restaurants offering all the local favourites and another popluar dish is "Som Tam" - or Papaya Salad - see how spicy you can eat it! Expect to pay no more than 50 Baht per dish.





Boats to Koh Samui, Koh Tao and Suratthani
(for timetables see page 28-30)

RECOMMENDED

Ando (p67)	Same Same Cooking (p89)
Delitaly (p71)	Scuba (p73)
Nira's Home Bekery (p61)	Tan Tour (p24)
Okay Divers(p43)	Workshop Silver (p72)
Phueksa Resort (p03)	

Telephone Directory See Page 162

HONDA
To Chaloklum (p142)
To Hood Top - Mae Haad (p138)
Land Tattoo
The Massage Salon
Khoa Guesthouse
Medical Clinic
Phangan Cable TV
Friendly Shop
Medical Clinic
Kalio Japanese
Thai Boxing
Computer Shop
TESCO Lotus
Mobile Shop
Phangan Dental Clinic
Sunisa Supermarket
Milky 99
Computer Shop
Phangan Tattoo
Kabou Fashion
Jewelry
Sexy Scissors
Money Taing
Tattoo
Work Shop Silver
IT Shop
Delilaly
Kanzen-Kenko
Coffee Shop
Coffee Shop
Phangan Centre Point
CoinShop
Computer Shop
Yesada Green Development
Pungpool
Health Center
To Baan Dan Sa
Clothes Shop
Samui Phangan Property
Thai Inter Clinic
Wat Ratcharoen
HONDA
Clothes Shopz
Chicken Rice
Internet Shop
Clothes Shop
Kodak Shop
Umpipong Supermarket
Fresh Market
Bakery
Cocktail & Dreams
Salon
Massage
Tattoo
Mobile Shop
Barber
Salon
To Baan Tai (p108-109)
Clothes Shop
Scuba
Why Not Guesthouse
Pharmacy
Bank of Ayudhya
Big A Supermarket
Mediterranean
Okay Divers
Cooking Shcool
Phangan Island Property
The Pizza Shop
Internet Shop
Computer Shop
Clothes Shop
Coffee Shop
Phangan Info
Ando Loco
Chinese Temple
Little Hanoi / Same Same
Phruekso Beach Resort
White Wall Hut
Phangan Villa
B.S.T. Beach Resort
Oceanus Resort

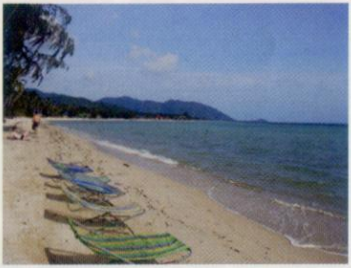
BAAN TAI & BAAN KAI

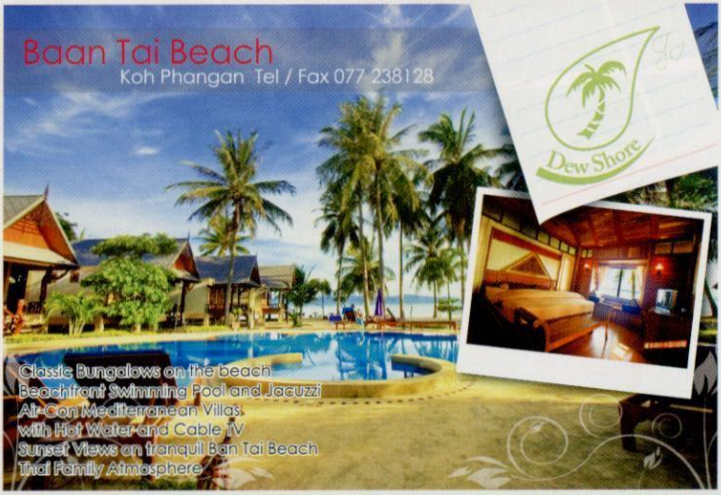
Party Zone

Black Moon Party
Every month on the Black Moon (except on Buddhist holidays) the beach comes alive with an assortment of Techno music. More info *see page 52.*

Half Moon Party
The ever popular Half Moon Party is on twice a month in the jungle off the Thong Nai Pan road. *See page 52.*

From Thongsala down to Baan Khai, the coastline is all in lowland areas and has long been used as coconut plantation. The flat land allows the beaches to run uninterrupted for over eight kilometers, broken only by streams and rivers that spring from the surrounding mountains. The resorts are generally well spaced, have a good deal of beach frontage and it is always possible to find a secluded spot anywhere along the long white sand beach. As many of the resorts are close to Thongsala and Haad Rin, this makes the Baan Tai/Baan Khai area popular for those who want to be near the action, but not too near. There is also a small town in Baan Tai with a local market and fishing pier.





HanSa Resort

Restaurant - Lounge







Recommended by the "Lonely Planet"

All rooms are available with Air-con,
TV-set,mini-bar and hot shower.
Tel: 08 6690 5887 or 077 377494

10 mins. from Full Moon Party
5 mins. from Half Moon Festival
2 mins. from Black Moon Culture
5 mins. from Main Pier

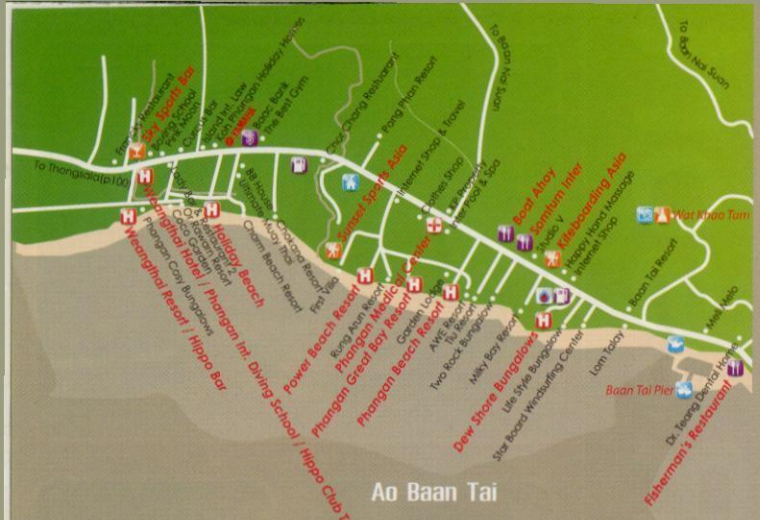
Hansa Resort





www.hansaresort.com

see map on page 109

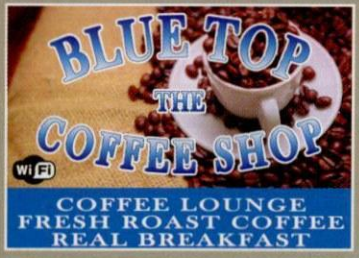


RECOMMENDED

Blue Top Coffee (p57)	Holiday Beach Resort (p65)	Power Beach (p103)
Boat Ahoy (p60)	Kiteboarding Asia (p81)	SkySport Bar (p69)
Dew Shore (p106)	Nira's Home Bekery (p61)	Somtam Inter (p60)
Fisherman's Rest (p61)	Phangan Beach (p110-111)	Sunset Sports Asia (p81)
Green Peace (p102)	Phangan Great Bay (p101)	View Art House Gallery (p72)
Half Moon Festival (p53)	Phangan Int. Diving (p34-35)	Weangthai Resort (p113)
• Hansa Resort (p107)	Hippo Bar (p113)	
Hamony Beach (p128)	Hippo Club Tour (p25)	

Telephone Directory See Page 162

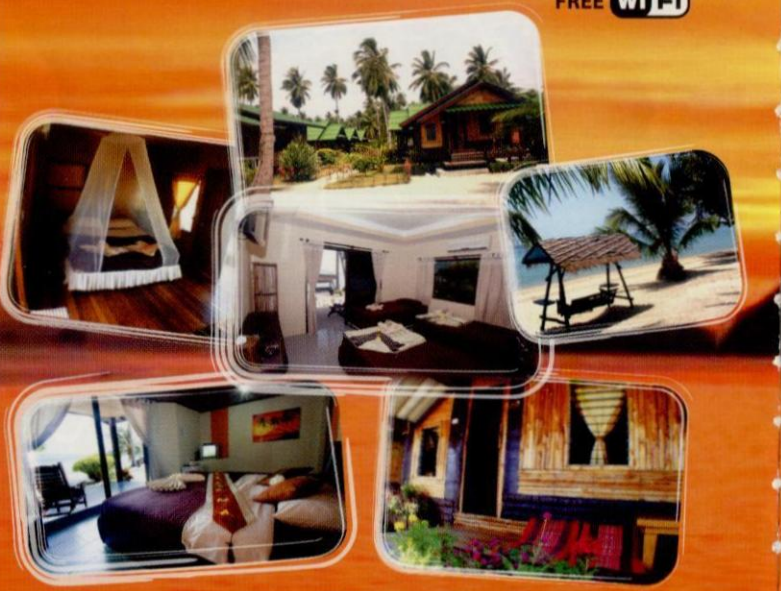

To Thong Nai Pan (p154)
Half Moon Festival
Jungle Party
To Thong Sala (p114)
Shiva Moon Party
Wat Nok
Biggest Yang Tree
Phangan Safari & Elephant Trekking
Wat Nai
Souvenir Cent Bus
Phung Jik Hut
Wat Phu
Sub-District Administration Organization (Baan Tai)
Sramanora Waterfall
Orchard House
Pharmacy
Tattoo Club & Boon Tai Restaurant
Moon Travel
Nira Home Bakery
Hansa Resort
Afterparty @ Ban Sabai
Triangle Lodge
Emerald Ocean
Pharmacy
Thai Tattoo
Nong View Resort
The Coffee Shop
To Haad Yuan(p119)
Andaman
Bom Bo Bar
Gallery
Foot Action
Fin Massage
Jungle House Resort
Lady Bar & Restaurant
To Nouy Garden
Black Moon Party
Moo's Bay Resort
Blue Top
Morning Star
My Phangan
Bay Hut
Phangan Lodge
Golden
Bang Nam Phu
Lee Garden
Moon Resort
Paradise
Copa Cabana
Phangan Rainbow
Blue Lotus Resort
Green Peace
Golden Beach Resort
Jamaica Inn
Sun Set Beach
Boon Tai Beach
Beer Bungalow
Boon tai Orchid
Imong Yang Bungalows
View Art House Gallery
Harmony Beach Resort
To Haad Rin (p124-125)
Ao Baan Kai


BLUE TOP
THE
COFFEE SHOP
WiFi
COFFEE LOUNGE
FRESH ROAST COFFEE
REAL BREAKFAST


morning star
exquisite bungalows on the beach
Baan Kai Beach. Koh Pha-ngan | 077 37 77 57
Morning Star Resort
first-class cocktail bar & restaurant

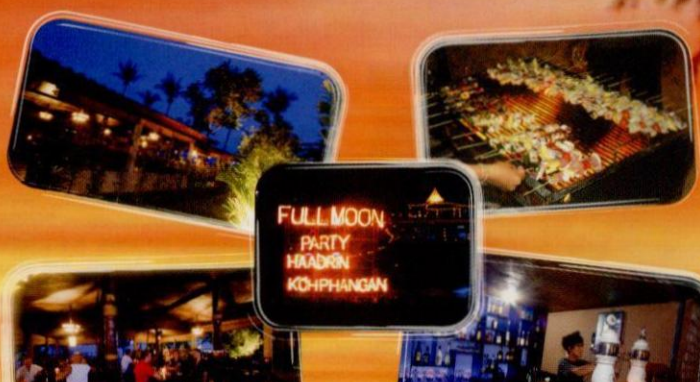
PHANGAN BEACH RESORT

FREE WiFi™

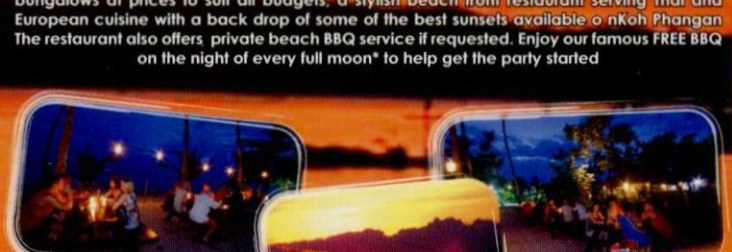


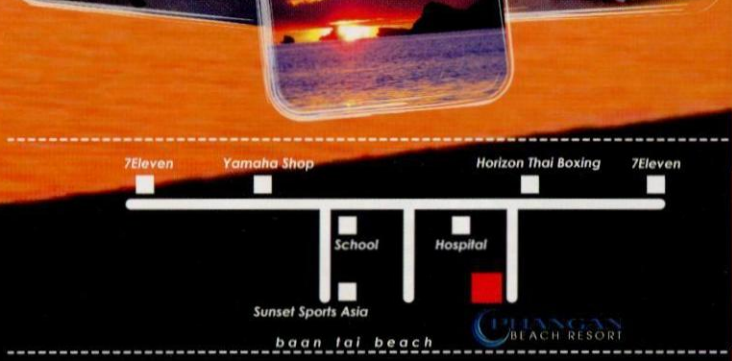
A young and vibrant resort, ideally located in Baan Tai, set on 150 meters of coconut fringed family friendly private beach, overlooking Koh Samui and the Ang Tong National Marine Park. Our idyllic bungalows are set in the splendour of lush tropical gardens, the perfect place to relax and unwind or party the nights away ....Welcome to Phangan Beach Resort.

111/2 Moo 1 Ban Tai, Koh Phangan, Suratthani 84280, Thailand
Mobile: 08 5795 7805 Office / Fax : 077 238809
E-mail: info@phanganbeachresort.com Skype : phanganbeachresort
www.phanganbeachresort.com



A selection of accommodation is available including beach front a/c and garden fan bungalows at prices to suit all budgets, a stylish beach front restaurant serving Thai and European cuisine with a back drop of some of the best sunsets available o nKoh Phangan The restaurant also offers private beach BBQ service if requested. Enjoy our famous FREE BBQ on the night of every full moon* to help get the party started





BEACHES



Ao Wok Tum

Ao Wok Tum is the southern section of the wide bay that joins with Ao Hin Kong. Most of the bay is undeveloped as the coral reef lies about 300 metres off the beach. Mangrove trees line the beaches and give the place a real untouched feel, great for catching a sunset in solitude. A sign warns not to take seashells and corals from the bay, respect this as it is a haven for nature and it is illegal to take them home.

Ao Plaay Laem

Ao Plaay Laem is at the base of Khao Hin Nok, a granite mountain that dominates and transforms the landscape, making it a fairy tale of rounded boulders and hillside views over Ang Thong Marine Park. The bay is fairly shallow preceding the reef that lies about 80 metres away. Over the reef there are corals and marine life for snorkelling enthusiasts and a few resorts hire kayaks so you can paddle around the huge boulders in the sea.

Ao Nai Wok

Ao Nai Wok is the long bay that extends north from Thongsala after the main pier. At the top end, walking distance from town yet far enough away never to notice it, a number of resorts populate the beach and rocks start to break up the coastline. There is a reef about 80 metres out where the sea shelf drops allowing for some reasonable snorkelling conditions. Kayaks are also available for hire at a few resorts.

Ao Bang Charu

Ao Bang Charu is a peaceful beach with sunset views over Koh Samui; well away from the main road and big enough to really get away from it all. There are several well established resorts, some offering high standards of accommodation whilst others are great value.

Ao Baan Tai

Ao Baan Tai is the middle section of the long sunset beach that runs the length of the south-east coast. There is a small marina in the centre of Baan Tai where you can commission boat and fishing trips. Either side of the marina the wide white sand beach gradually slopes to meet the coral reef about 200 metres away.

Ao Baan Khai

The beach of Baan Khai bay is quite broad in places and countless coconut palms populate the lowland plains of the area. There is plenty of room on the beach if you're seeking solitude and a few beach bars dotted along the coastline.

PHANGAN.INFO



WEANGTHAI
HOTELS & RESORTS
HOH PHANGAN

Resort Facilities






The Place Restaurant

- English Breakfast
- Fish & Chips
- Sea Food
- Steaks
- Pizza's

Many Imported Drinks



Welcome to Weangthai Hotels & Resorts

Where we understand the needs of holiday makers, travelers and divers. We can offer more than just a place to stay.....

Hotel Facilities : 100m from Resort



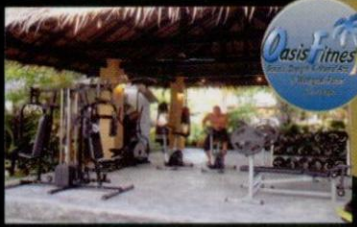
JOIN US EVERY MONTH

Button Moon Party's @ Hippo Bar

IBIZA SUNDAYS Every Week 6pm til late

please contact : 08 9387 9795 / 077 377 247



Oasis Fitness

- Bungalows, Fan or Aircon
- Lush Tropical Setting
- Infinity Pool with Swim - Up Bar
- Non Guest Welcome to use
- Pool & Restaurant Facilities
- Activities On-Site & Island Tours
- Gym
- Kayak Rental

Contact : 077 377247

www.weangthai.com

customerservice@weangthai.com

ACCOMMODATION

Cookies Bungalow, Ao Plaay Laem (p85)
077 377499 or 08 3181 7125
Offers island hut style bungalows with fan or air-con starting from 300 Baht per night. If you are looking for some fun, also try the sailing and windsurfing.

Dew Shore Bungalows (p106)
***077 238128,* Ao Baan Tai**
A wonderful beachfront swimming pool and large modern bungalows makes *Dew Shore* perfect for families. Old island huts also available from 550 Baht.

Grand Sea Resort, Ao Nai Wok (p117)
077 377776-7
Lanna northern-style resort with modern wooden bungalows set around sunset swimming pool, sauna and sunset beach bar.

Green Peace, Ao Baan Khai (p102)
077 238436 or 08 1632 5439
With room rate starting at 500 Baht per night, *Green Peace Bungalows* offers excellent beach front accommodation with views over Koh Samui and sunset view restaurant at an affordable price.

Hansa Resort, Baan Tai (p107)
077 377494
Classic island hut style bungalows with modern facilities, including air-con, satellite TV and mini-bar. Beachfront swimming pool with sunset views over Koh Samui.

Holiday Beach Resort, Baan Tai (p65)
077 238855
Holiday Beach have a variety of bungalow styles to choose from...those set in a tropical coconut garden, wooden bungalows, modern Thai style and beachfront villas.

Morning Star, Ao Baan Khai (map p109)
077 377757
Stylish resort with spacious wooden style bungalows circled around a beachfront swimming pool and tropical gardens. At the resort, *Grant's Bar* hosts occasional party nights and discounted beer during Premier League games. FREE WiFi.

Phangan Beach, Ao Baan Tai (p110-111)
077 238809
A natural style resort with rustic wooden bungalows on the beach, including all the mod-cons such as air-con, mini-bar and Cable TV. Free BBQ on Full Moon night.

Phangan Great Bay, Ao Baan Tai (p101)
077 238659
A choice of air-con bungalows or guesthouse rooms, all with hot water and private balcony. On the beachfront area there is a swimming pool and sunset restaurant.

Phrueksa Resort, Ao Bang Charu (p03)
077 238959
Close to Thongsala, *Phrueksa* combines friendly Thai hospitality with a comfortable resort offering fan or air-con bungalows and beachfront swimming pool.

Power Beach Resort, Ao Baan Tai (p103)
077 238937
Power Beach offers a good selection of fan or air-con bungalows set in lush tropical gardens. The bungalows that can sleep 4 are good value for money. Beachfront swimming pool.

Weangthai Resort, Ao Baan Tai (p113)
077 377247
On one of the longest beaches on the island, with infinity pool and swim up bar. Range of accommodation and restaurant with International chef.

Weangthai Hotel, Thongsala (p113)
077 377247
Hotel within easy reach of Thongsala and a host of restaurants by foot. 3 floors with choice of fan or air-con rooms.

RESTAURANT & BARS

Ando Loco, Thongsala (p67)
08 5791 7600
Authentic Mexican Bar & Restaurant serving real Mexican food at backpacker prices. American chef prepares all food from scratch using imported Mexican spice and peppers grown behind the restaurant. Happy Hour 4-6pm; Chang Beer just only 30 Baht! Free ping pong. Lonely Planet recommended!

Boat Ahoy, Baan Tai (p60)
077 238759
Stylish restaurant and bar 1.5km outside Thongsala. Great Thai menu with authentic cuisine, specialising seafood dishes. VIP Karaoke lounges available on the premises.

Blue Top Coffee Shop, Baan Tai (p57)
077 238897 or 08 4052 0600
Only 500m from 7-eleven Baan Tai, a wide selection of Thai and imported coffees, fresh roast and grind. Breakfast and fresh crispy sandwiches. 2Mbit ADSL and WIFI internet!

Fisherman's Restaurant & Bar (p61)
Baan Tai, 08 4454 7240
Great selection of fresh seafood and excellent Thai food from local fishing family, ideally located at the pier in Baan Tai, perfect for sunset, tropical garden with seating on a longtail boat. Chilled and friendly atmosphere for food and drinks.

Little Hanoi, Thongsala (map page 105)
077 239638
Get a culinary experience in this new chic restaurant, special designed with Vietnamese decorations and handicrafts. The chef has finished individual and intense cooking classes in both Hanoi and Central Vietnam so you expect an authentic taste.

Nira's Home Bakery (p61)
08 6595 0636, Thongsala & Baan Tai
The only original International and European Bakery on the island since 1985 by Nira and her family. The widest selection of bread, pastries, cakes, sandwiches, drinks and Homemade products from local resources.

Sky Sports Bar, Thongsala (p69)
Full English breakfast every day, also on the menu are oven-cooked pizza and homemade pies. Live sports and replays on 3 screens - 3 games at the same time! Saturday evening BBQs - Chang draft (jug or tower), flavoured Vodka and more.

Som Tum Inter, Baan Tai (p60)
077 377334
Welcome to Thai paradise! Som Tam or "Papaya Salad" is a popular spicy Thai dish. The menu includes other Northeastern favorites such as laab, grilled/fried chicken, sticky rice.

Yellow Cafe, Thongsala (p104)
Opposite the pier makes this a perfect place to grab a snack while waiting for the ferry/taxi. Menu includes jacket potatoes, baguettes, full English breakfast and mugs of tea or coffee. FREE WiFi for customers.

ADVENTURE & ACTIVITIES

Cookies Sailing, Ao Plaay Laem (p85)
08 3181 7125
Choose from a variety of basic Lazer sailing boats, Hobie catamaran or wind surfing for a fun day out. For novices or experts.

Safari Boat, Thongsala (p104)
077 238232
Ride the *Safari Boat* with unforgettable memories and awesome inspiring photos and enjoy a day out with your friends. The trip takes you to the nicest beaches and snorkeling sites around Phangan Island.

Hippo Club Tours, Thongsala (p25)
077 377247 or 08 0452 9714
Discover Koh Phangan by land and sea, exploring beautiful waterfalls, elephant rides, snake and monkey shows or visit the best beaches, snorkelling with fine dining included....and much much more!

KiteBoadingAsia, Baan Tai (p81)
08 0600 0573 or 08 1591 4592
KiteBoardingAsia is the biggest certified International Kiteboarding Organization center in Asia operating at 8 locations in Thailand.

Okay Divers, Thongsala (p43)
077 239629
With *Okay Divers* you will get professional service at competitive rates. *Okay Divers* offer SSI and Padi dive training with all new equipment.

Phangan Int. Diving Center (p34-35)
Thongsala, 08 7043 3780
PADI certified dive resort offering a full range of courses, based at *Weang Thai Resort*. FREE try dive and FREE pick-up service.

Workshop Silver, Thongsala (p72)
08 6096 1580 or 08 9034 6036
If you are tired of the commercialised silver jewellery sold everywhere, explore your creative side on these 1, 2 or 3 day courses.

PHANGAN.INFO

SHOPS

Delitaly, Thongsala (p71)
077 377029
Wholesale and retail food supplier with big range of items including cheeses, sauces, wines and other imported goods.

Scuba, Thongsala (p73)
08 4443 0506
Scuba specialises in Men and Ladies wear, select clothes, accessories such as belts, bags, caps, flip flops and yoga items in oriental and natural style based on essential model. Located near Thongsala traffic lights, opposite Kodak shop, on the post office road.

TRAVEL & TOUR

Koh Phangan's Tourist Info Centre (p25)
Thongsala, 077 377247
Koh Phangan's Tourist Information Centre is a TAT registered travel office (registered under MTF Travel license no 11/03979) in the Weangthai Hotel. As a well established tour provider for travellers across Thailand what better place to stop for useful information.

Tan Tour & Art, *Thongsala* (p24)
077 238232
A full service travel agency, *Tan Tour & Art* is located on the main road between the piers in Thongsala. Friendly, efficient and trustworthy service. TAT license #33/3381.

HEALTH CLINIC

Phangan Medical Center (see map p108)
Baan Tai , 077 239599
A fully equipped medical center, and as part of the Bangkok Hospital group it can be trusted to take good care of you in an emergency. 24 Hour stand-by ambulance and speedboat to Koh Samui.



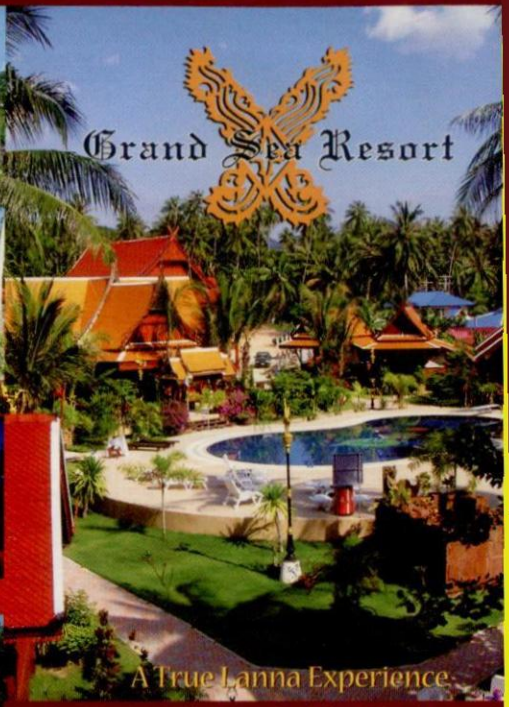








Grand Sea Resort



A True Lanna Experience

Scuba Diving, Snorkeling & Kayaking
Around The Island Trip
Air Con Accommodation
Minibar, Cable TV & Hot Water
Swimming Pool & Cinema TV
Internet & Email
Laundry Service
Pool Table
Thai Massage
Jeep, Motorbike & Bicycle for Rent
Taxi Service
Roof Top Bar with Spectacular Sea Viwes

Grand Sea Resort & Spa

Tel/Fax: 077 377 777 Mobile: 08 0074 0055, 08 2288 4957
Nai Wok Beach Koh Phangan, Suratthani 84280, Thailand
info@grandsearesort.com - www.grandsearesort.com

GUIDE TO SOUTH EAST

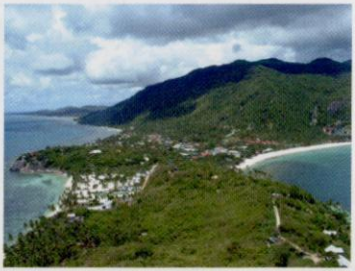
WWW.PHANGAN.INFO

INTRODUCTION

The south east of Koh Phangan is dominated by mountains that occupy virtually the whole region. Apart from the lowlands on the middle of the peninsula, the rest of the landscape is formed in rugged granite, with steep hills leading up to lush peaks covered in tropical rainforest. The beaches are varied with inaccessible getaways found on the east coast, the long winding beaches of Ao Hin Lor and Haad Leela; and Haad Rin, the party capital and most densely populated place on Koh Phangan.

Heading west, the landscape softens and coral starts to appear, the beaches are long unbroken white sand, populated with well-spaced resorts. Thus Haad Leela and Ao Hin Lor are popular places for folk who want to get away from the hubbub of Haad Rin whist still being near everything.

There main attraction to the area is the party town of Haad Rin, though if you head west or north, there are some great secluded beaches where you can immerse yourself in tropical paradise.



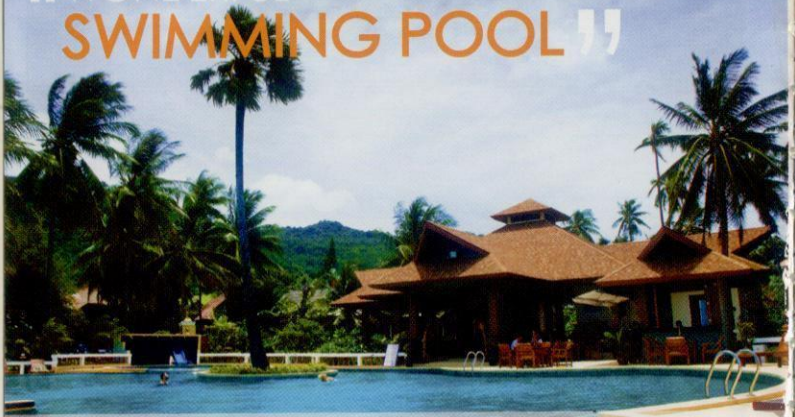


RECOMMENDED

Coco Hut (inside back)	The Sanctuary (p77)
Harmony Beach (p128)	Venus Resort (p127)
Sarikantang (p121)	View Art House Gallery (p72)

Telephone Directory See Page 162

"WONDERFUL SWIMMING POOL"



Close to Haad Rin Queen Ferry, Haad Rin Nai (Sunset Beach)
Supermarket - Travel Information - Speedboat for Rent



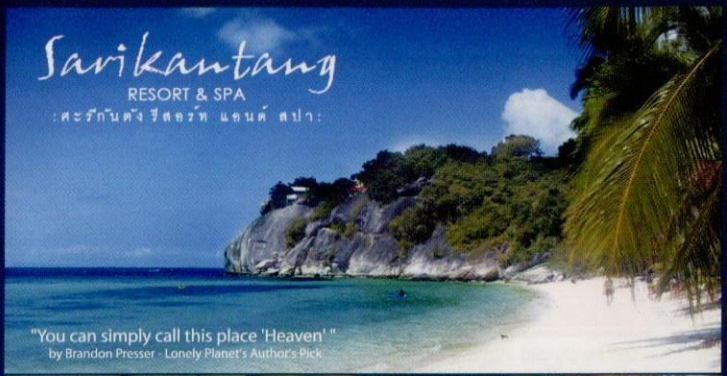


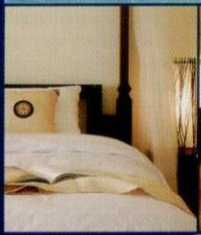


RINBEACH RESORT

Haad Rin Beach (sunset), Koh Phangan,
Suratthani,Thailand
Tel : 077 375112 Tel/Fax : 077 375574
Mobile : 08 9873 7596
www.rinbeachresort.com

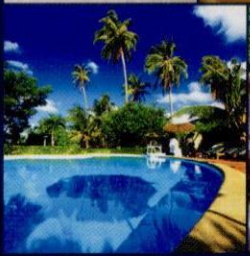
Rin Beach Tour
Fishing Trips Tel : 077 375385















SARIKANTANG RESORT & SPA

:YOUR HOME AWAY FROM HOME :

On private Seekantang (Leela) Beach see the map on page 119

- 5 minutes walk to Haad Rin
- Full Facilities : Beachfront Pool , Restaurant & bar
- Spa on the beach (All guests welcome)
- Internet and free Wi-fi
- Reasonable price from 700-5,000 Baht*

To visit our beach SPA, please call for free taxi in Haad Rin

* Prices are subject to change without prior notice

Tel. :077 375-055 / 056 / 057
Mobile : 086 789 9541

http://www.sarikantang.com
sarikantang@yahoo.com

HAAD RIN (SUNSET & SUNRISE)

Full Moon Party

The well-known Full Moon Party that attracts hundreds of thousands of visitors to Haad Rin Nok beach every year is now a global event talked about throughout the world.

For more information *see page 46.*

Haad Rin can be divided into two sections, Haad Rin Nok, the lively party beach and Haad Rin Nai, which has a quieter bohemian feel. Haad Rin Nok has the biggest concentration of rooms, clubs and bars, so if you stay there you will be right in the thick of the party vibe. The beach itself is one of the biggest on the island and it fills with sunbathers by day and party goers at night, visiting the many beach clubs and bars that Haad Rin is so famous for.

Haad Rin Nai is located on the southern coast of the peninsula and although there are many restaurants and places to go, it is much more peaceful than the other side, with more boutiques than bars. It's only a short walk to the party beach, so it's an ideal place to stay, within walking distance to all the action but far enough away for some peace and quiet.

Services

Haad Rin is fairly well serviced and has numerous facilities in the town so that you do not have to head to the island's capital if you need assistance. There is a police sub-station, the *Bandon Inter* and *Haad Rin Inter* clinics, several pharmacies, a post office, two banks, numerous ATMs and money exchange windows.

Restaurants

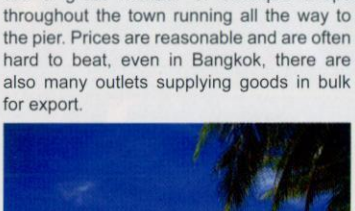
Haad Rin offers the most cosmopolitan mix of restaurants on Koh Phangan, with a vast choice of different tastes all within walking distance of each other. There are beachfront seafood BBQs, Italian, Mexican, Israeli, Scandinavian, Moroccan, Mediterranean, Tapas, Indian and many more varieties as well as traditional Thai restaurants and street stalls. Just wander around the town and head for what you fancy.

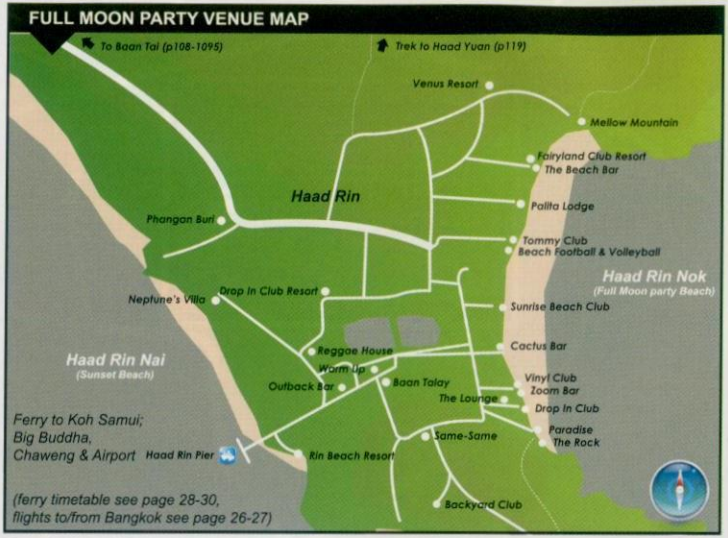
Entertainment

There is plenty to keep you occupied between partying in Haad Rin, with several boat trips going to waterfalls and beaches around the island, fishing trips and watersports such as sailing and diving, beach volleyball, beach football and of course sunbathing! There are also some great walks over to the hills of the east coast to secluded beaches and some great beach walks up on the south coast.

Shopping

Haad Rin is a great place to shop with an excellent variety of crafts, jewellery, clothes, artwork and traditional Thai items. There are a great number of boutique shops throughout the town running all the way to the pier. Prices are reasonable and are often hard to beat, even in Bangkok, there are also many outlets supplying goods in bulk for export.





Bars & Nightlife

You are spoilt for choice if you fancy a drink in the island's nightlife capital. There are beachfront bars for sunset cocktails, beach clubs if you want to dance and loads of bars in the town with everything from pool tables to Playstations. Then there is the infamous clubbing scene that Haad Rin offers, check local publicity to see which party to head for.



Accommodation

Haad Rin offers a great variety of accommodation options, from old skool beach huts to palatial A/C suites. The main party beach of Haad Rin Nok is very lively, but great if you want to be in the middle of everything. Haad Rin Nai is quieter and often easier to finding a room on. Further round the peninsula on Leela beach there are several nice new resorts and down to Ao Hin Lor there are some great value huts as well as a few high end operations.


To Baan Tai (p108-109)
Laid Back
Noppom Pharmacy
TMB Bank
Phangan Bun Resort H
Pooltrap Village
Cozy Resort
Nee Bungalow
Barber
Garden Hill
16 Theater
Tel : +66 (0) 77 375444-7
www.dropinclubresortandspa.com
DROP IN CLUB
Siam Healing Centre
Haad Rin Thai Resort
Sunset Bay Resort
Blue Marine Resort
Neptune 1 Villa H
Light In
Charung Bungalow
Rin Bay View
Black & White
KB Smile 3 Travel
Black & White Guesthouse
KB Smile 2 Travel
NSP House Travel
Mac Massage
Siam Spa Ya
Friendly Bungalow
Family
Drop In Club H
Bite Bar
Hill Side Bungalow
Meeting House
Haad Rin Inter Clinic
Reggae House
Bamboozle
Lazy House
Same-Same Burger
Lazy House
TMB Bank
Haad Rin Travel
U-Turn
Siam Spa-Ya
Tibet Art Shop
Om Ganesh
Image
Yam Supermarket
Barcelona Travel
Bandon Inter Clinic 1
Or's Travel
Post Office
Jungle Gem
Phangan Sensation
KB Beach Supermarket
Haad Rin Pier
Haad Rin Nai
(Sunset Beach)
Boats to/from Koh Samui
(for timetable see page 28-30)
Rin Beach Resort H
Chakra Massage
Phangan Leela Spa
Jora Spa
Haad Rin Jewelry
Black Bar
Lucky Crab Restaurant
Fusion Fashion
Siam City Bank
Top Chiranan
Underground Tattoo
Planet Book
Ktung Thai Bank
X - Net Shop
Mazz Travel
Phangan Divers
Nature Art Gallery
Nopporn Pharmacy
Siam Commercial Bank
Napo Tattoo
Pa Travel
The Game
Haad Rin Travel
Phangan Travel
Warm Up Bar
Fabrika



RECOMMENDED

Baan Talay (p131)	Haad Rin Inter Clinic (p14)	Rin Beach Resort (p120)
Backpackers (p31)	Hi Class Massage (p76)	Same-Same (p58)
Bamboozle (p57)	Joy Sushi Bar (p63)	Same-Same Burger Bar (p59)
Bandon Inter Clinic (p19)	Monalisa (p66)	Same-Same Cooking (p89)
Beach Football&Volleyball (p87)	Nira's Home Bekery (p61)	Snoop Dogg Trip (p82)
Chakra Massage (p75)	Palita Lodge (p133)	Workshop Silver (p72)
Drop In Club (p04)	Phangan Buri (p129)	
Fairyland Club Resort (p126)	Reggae House (p68)	

Telephone Directory See Page 162

BEACHES

Haad Rin Nok (sunrise)
Haad Rin Nok is the party beach on the sunrise side of the peninsula; it is an extremely picturesque beach which by day is full of sunworshippers and in the evenings, full of nightlife!

Haad Rin Nai (sunset)
On Haad Rin Nai there are several high end resorts, great for escaping the noise of the parties and relaxing in air con as well as a few cheapies. The beach itself is usually fairly deserted and it's got a good stretch of white sand on which you can while away a few secluded hours.

Haad Khontee
Haad Khontee is a small deserted beach in the bay of Haad Rin Nok, there are no bungalows and it is best accessed by foot, strong tides can make it a danger to swim to.

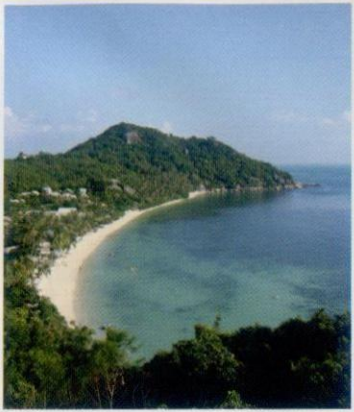
Ao Hin Lor
Ao Hin Lor is a long white sand beach fringed by coral. There are several resorts spaciously placed with both low end and high end accommodation available.

Haad Leela (Haad Seekantang)
Haad Leela is located on the headland and is a great beach to stay at if you want to be near the action, but not too near. It has a relaxed atmosphere and a long palm fringed white sand beach.

Haad Yuan
Haad Yuan is a small and chilled beach with a couple of resorts and an old skool Phangan vibe running strong. It is accessible only by boat or mountain footpath.



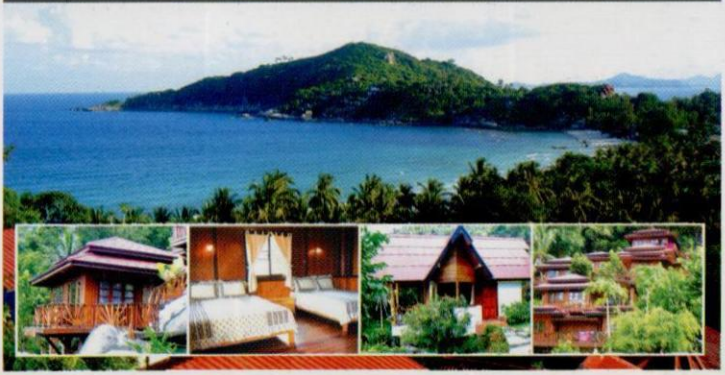
Haad Thian (east)
Haad Thian has been a favourite with the new age and travelling crowd ever since people started trying to escape from Haad Rin. The Sanctuary is a healing centre with instruction in yoga, tai chi, meditation and massage that is built into the huge boulders on the hillside overlooking Haad Tian. There are also several other bungalow operations. Access only by boat or mountain footpath.



Haad Wai Nam
Haad Wai Nam is a small rock fringed beach with idyllic white sand and beautiful clear green waters, great for swimming. There is one resort at present, who generate their own power and the beach can only be reached on foot or by boat.

Haad Yao (east)
Haad Yao is a scenic secluded bay with white sand and clear waters and is only accessible on foot or by boat, there are only two resorts and both have to generate their own power giving it a real desert island feel.

VENUS RESORT
Haad Rin
AMAZING VIEWS CLOSE TO THE BEACH AIR-CON & HOT WATER
Tel: +66 (0)77 375011 or +66 (0)8 18927451, Fax: +66 (0)77 375012



Harmony Beach Resort

Room Prices from 400 Baht

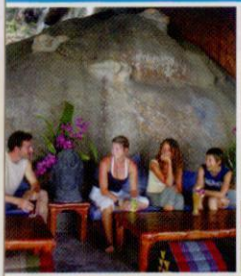
FREE WiFi INTERNET

"160m. Private Secluded Beach • English Managed"

Satellite/DVD • Idyllic Restaurant • Barbecues

Air-Con/Fan • Hot Shower

Tel: Dave 08 6885 4646 or Kwan 08 6885 5509
www.harmonybeachthailand.com
Reservations: www.phangan.info/harmony







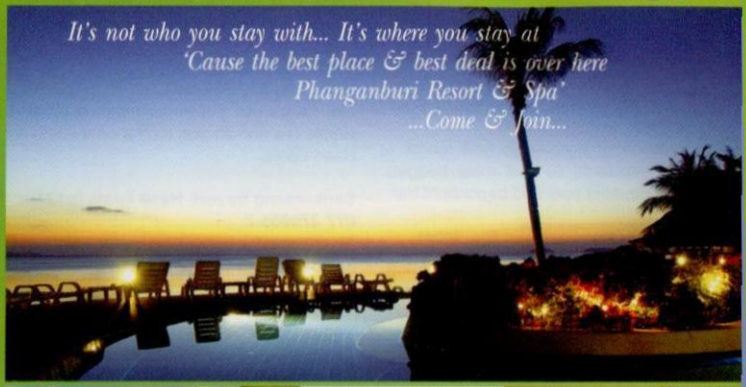






PHANGAN BURI RESORT & SPA

Haad Rin Koh Phangan Thailand





PROMOTION
BEST DEAL EVER
..... PACKAGE

-5 nights/ 6 days with breakfast in Beach Side Cottage
-Welcome drinks, fruits, coffee & tea in room
-One dinner
-One hour –Spa
-One day trip to Koh Taa with lunch
-Transfers from pier-resort-pier

Only 9,999.- Baht for 2 persons from now till 30th Nov 2009
(Excepted: 4th Sep, 4th Oct, 2nd Nov)

*Only reservations at our website are first priority confirmed

Haad Rin Nai Beach, Koh Phangan
Tel: 023 982 860 / 077 375481
E-mail : reservation@phanganburiresort.net www.phanganburiresort.net

ACCOMMODATION

Baan Talay, Haad Rin (right)
077 375083
Guesthouse near the pier with air-con rooms suitable up to 4 people - clean, convenient and comfortable.

Coco Hut Village,Haad Leela(Inside Back)
077 375368
Good choice of bungalows and rooms at different standards so suit most budgets; include swimming pool and beachfront bar.

Drop In Club Resort, Haad Rin (p04)
077 375444-7
Based in central Haad Rin with top-end hotel facilities, including penthouse suites, swimming pool and spa.

Harmony Beach, Ao Hin Lor (p128)
08 6885 4646 or 08 6885 5509
A good choice of bungalows suitable for people in search of peace and quiet in a funky atmosphere.

Neptune's Villa, Haad Rin Nai (map p124)
077 375251
A few minutes walk from Haad Rin pier, *Neptune's Villa* has quality air-con rooms available that sleep up to 3 people.

Palita Lodge, Haad Rin Nok (p133)
077 375170-2
Directly on the beachfront at Haad Rin sunrise, *Palita* offers a choice of cheaper bungalows or more modern suites with lots of extras.

Phangan Buri, Haad Rin Nai (p129)
077 375481
A popular resort with air-con bungalows and hotel rooms, swimming pool and beachfront restaurant. Spa includes massage and herbal steam sauna.

Rin Beach Resort, Haad Rin Nai (p120)
077 375112-3
Directly next to the pier, the resort has a range of cheap fan bungalows or new air-con rooms all with excellent sunset views.

Same-Same Lodge (p58)
Haad Rin, 077 375200
The Lodge has guesthouse with clean and simple fan and air-con rooms on the way to Haad Leela.

Sarikantang Resort, Haad Leela (p121)
077 375055-7
Air-con and fan bungalows on the beach and hillside near to the main town of Haad Rin. The *Sarai Spa* is open on the beach.

Venus Resort, Haad Rin Nok (p127)
077 375011 or 08 1892 7451
Spectacular views from the north-end of Haad Rin Nok. Good bungalows and easy walk to the beach.

RESTAURANT & BARS

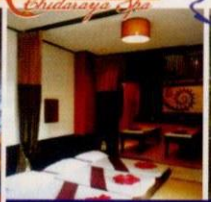
Bamboozle, Haad Rin (p57)
08 5471 4211
The best of Mexican food in a relaxed atmosphere. The usual suspects - fajitas, burrito, enchiladas or quesadillas, served with homemade salsa and guacamole and all with vegetarian options.

Joys Sushi Bar, Haad Rin (p63)
08 4889 0907
All you can eat and one drink only 800 Baht. Free delivery when you order over 350 Baht! A chill place to prepare for the party and relax after the party.

Nira's Home Bakery, Haad Rin (p61)
08 6595 0636
The only original International and European Bakery on the island since 1985 by Nira and

Baan Talay Guest House







Online Reservations : www.phangan.info/baantalay
Tel : +66 (0)77 375083 Fax: +66 (0)77 375082

Baan Talay is a popular guesthouse on the main street in Haad Rin. Our guesthouse offers a good selection of air-con or fan rooms with twin or double beds. All rooms include hot water.

Chidaraya Spa has excellent Thai Massage and body treatments in an air-con room.







her family. The widest selection of bread, pastries, cakes, sandwiches, drinks and Homemade products from local resources.

Monnalisa, Haad Rin Nok (p66)
08 4441 5871 or 08 0696 7378
Smart restaurant on the Full Moon Party beach - behind Drop In Bar - with real Italian chef, homemade ravioli, gnocchi, tagliatelle, lasagne and pizza in original Italian style. Spectacular homemade dessert and also most popular Thai dishes. Buon Appetito!

Reggae House, Haad Rin (p68)
Away from the main strip, tucked away just off Sunset Beach, you'll find *Reggae House*. It has something for everyone....great music, cocktails, chillout beanbag and hammock balcony, pool cave, bamboo tattoo studio and rooms for rent all under one roof!

Same-Same Restaurant, Haad Rin (p58)
Same-Same has an extensive menu on offer; British, Scandinavian, Mongolia, Mexican and Thai. Look out for the Full Moon BBQ and Buffets, draws a large crowd.

Same-Same Burger Bar, Haad Rin (p59)
Haad Rin's first and only proper Burger Bar will cure your hangovers and your needs for fast food. Only the finest ingredients are used, such as 100% pure ground beef, fresh iceberg lettuce, homemade pickles, HEINZ products, McCains French Fries and special selected Burger buns.

ADVENTURE & ACTIVITIES

Same-Same Cooking Classes (p89)
Haad Rin, 077 375200
Offers 1, 3 or 5 day cooking classes certified by the Ministry of Education are taught in English.

Lotus & Crystal Diving, Haad Rin (p31)
077 375535
Interested in doing a spot of diving around the crystal clear waters of Koh Phangan? Contact the *Lotus* and *Crystal Dive* Centre at the *Backpackers Information Centre* near Paradise Bungalows.

Snoop Dogg Boat Trip (p82)
08 1085 9137 or 08 7503 6377
Snoop Dogg leaves Haad Rin at *The Lounge* restaurant everyday at 11.30 am (depending upon weather). The trip includes lunch, fruit and drinks, buffet dinner, snorkel and mask, life jacket and English speaking guide.

SHOPS

Fusion Fashion, Haad Rin (p71)
08 9868 1938
On the main high street, *Fusion* has an extensive collection of Women and Mens wear from Indonesia and Hong Kong and accessories from India.

View Art House Gallery (p72)
08 5902 9870, Baan Khai
Chillax with art gallery and seaview! Original artwork and copy painting can be made to order, normally can be completed within 3-4 days. Screen printing and rolling service for t-shirts. Big chopper bikes for rent by day/week/month.

HEALTH & SPA

Chakra Massage, Haad Rin (p75)
077 375401 or 08 7895 0136
Situated right in the centre of Haad Rin is *Chakra Massage* offering a whole range of treatments to suit your needs from Traditional Massages to Chakra Balancing.

Hi Class Massage, Haad Rin (p76)
08 1606 8159
Hi Class Massage has massage therapists trained in a variety of techniques so that most people will be able to find something suitable for them. There is also a full range of beauty services available, including popular hair braiding and extensions, manicure and pedicure, nail extensions, waxing and skin care products.

The Sanctuary, Haad Thian (p77)
08 1271 3614 or 08 1894 2269
As a long-term favourite, *The Sanctuary* is an alternative island resort located on the secluded east coast, about 10 minutes in a boat taxi from Haad Rin. The resort offers accommodation, healthy food and a variety of healing/natural therapies.

TRAVEL & TOUR

Backpackers Information Centre (p31)
Haad Rin, 077 375535
Backpackers is recommended by the Lonely Planet and is a TAT registered travel agency, a branch of *Lotus Diving* (Phangan) and *Crystal Diving* (Koh Tao) so you can expect a good service from *Backpackers* when it comes to arranging onward travel and tours.

HEALTH CLINIC

Bandon Inter Clinic, Haad Rin (p19)
077 375471-2
Affiliated with the private Bandon International Hospital on Koh Samui, the *Bandon Inter Clinic* has a good reputation.

Haad Rin Inter Clinic, Haad Rin (p14)
077 375342, 077 375103 or 08 1318 5085
Over 8 years experience treating patients in Haad Rin town. 24 hour service. All major credit cards accepted.

Palita Lodge

HAAD RIN, KOH PHANGAN

Beach Restaurant









Located on Haad Rin Beach (Sunrise Beach)

Tel: +66 (0)77 375170-2 Fax: +66 (0)77 375169

www.palitalodge.com, Email: palitalodge@hotmail.com



GUIDE TO NORTH WEST

WWW.PHANGAN.INFO

INTRODUCTION

The north west coast of Koh Phangan plays host to the island's most diverse and interesting stretch of coral reef. There are more corals here than anywhere else on the island that make it so suitable for diving and snorkelling. From Haad Chao Phao to Koh Ma, there are dive sites at every beach and virtually all of them can be swam to, making it possible for every level of underwater enthusiast to enjoy the amazing marine life. At the point where Ao Wok Tum meets Laem Srithanu, the coral reef starts nearer the beach and the wide sand flats that dominate the coast further south become smaller; thus the swimming conditions improve dramatically and the coral rich area becomes a haven for marine life. The coastline also starts to break up, forming more coves and bays that isolate each beach and enhance the beauty of the landscape.

The outstanding natural beauty of the area has drawn visitors since the first bungalow operations started twenty or so years ago, thus there are many well-established family run resorts that have set the high quality of accommodation that exists in the region; a lot have swimming pools, air con rooms and even wine lists.

There are several waterfalls in the region and it is easily possible to beach hop up the coast by foot if you want to explore the area, whilst at the southern end of Haad Chao Phao, Laem Son Lake is a great place to get a swim in freshwater under the backdrop of cool shady pines. Due to the north-west's longstanding popularity, there is great seafood, Isaan food and noodles; there are also several restaurants serving top quality European food in the region as well as plenty of nightlife, with several great beach bars/clubs.



J.B.HUT BUNGALOWS
Fan/ Aircon
Bike for Rent
Hot Shower
Restaurant
Over Haad Yao Bay & Sunset View
ROOM START FROM 400 THB !
Call Now: 077 349154, 08 4626 0439




SRITHANU : NORTH WEST KOH PHANGAN
To Haad Yao (p138)
Green Mountain Bungalow
Rock Garden
Green View Bungalow
Sun View Bungalow
Sunset Hill Resort & Spa
Sunset Hill View Point Lounge
Sunset Hill Healing & Training Center
Fusion
Haad Yao Divers
Jinda Resort
Sunset Cove Resort
Full Sun Bungalow
Jungle Hut
Phangan Cabana
Village Green
Phangan Paragon Resort & Spa
To Mae Haad & Chaloklum (p138)
Ao Chao Phao
Seaflower Resort
Seethanu Bungalow
ATM
La Doice Vita
Blue Ocean Garden
Pirate Bar
The Lake House
Laem Son Lake
Baan Srithanu
Centre Pharmacy 2
Lake Side Resort
Peppercorn
Mandala Spa
Fellini
Wat Srithanu
Laem Son Resort
Sea View Rainbow
The Beach Resort
Prana Massage
Nice Sea Resort
Happy Beach Bungalow
Buddy Bar
Arrow Bar
Ao Srithanu
Ladda
Orion Healing
Full Moon Resort
Loy Fa
Nantakarn Bungalow
Chai Country
Chills Resort
Lipstick Cabana
Banana Bungalow
Moon Beach Bungalow
To Thongsala (p104-105)
Hing Kong Resort
Ananda Resort
Agama Yoga
Laem Srithanu
Baan Hin Kong
Ao Hin Kong
Angle Bar
Baan Bang Rak
JJ Resort
The Jam
Moo 6
RECOMMENDED
Blue Ocean Garden (p141)
La Doice Vita (p141)
Chills Resort (p147)
Peppercorn (p62)
Fellini (p67)
Sunset Cove (p137)
Haad Yao Divers (p37)
The Lake House (p18)
Telephone Directory See Page 162
To Thongsala (p104-105)

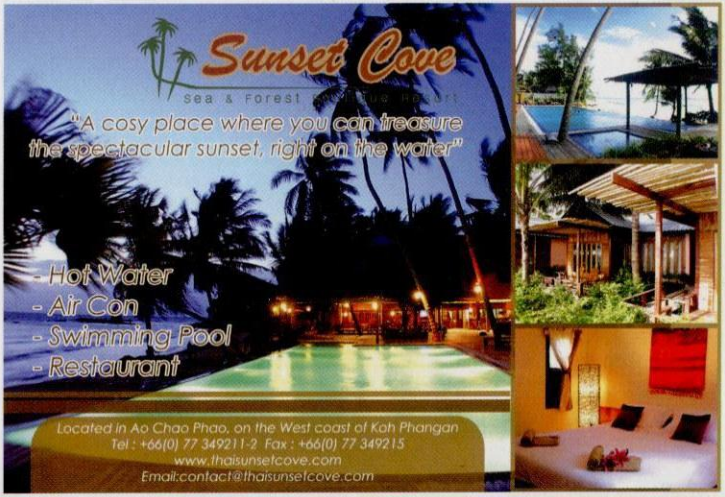
SRITHANU

Baan Srithanu, the local village and small fishing port is a quaint and interesting place with quite a lot going on. There are several bars and great value Thai restaurants, as well as a market and food area that is located at the main crossroads.

Haad Chao Phao is only a few minutes walk from Baan Srithanu where there are several cool beach bars, a pub and a few good places to eat; there is also Laem Son Lake, a freshwater pine shaded paradise. The coastline changes at Laem Srithanu, where the sea gets deeper and a vibrant coral reef thrives, thus anywhere along this coastline there is an amazing underwater world just metres away.



South of Laem Srithanu the sea is shallower thus there are fewer resorts, but that adds to the draw of the wide open space giving a feeling of seclusion and tranquility; thus the Hin Kong to Srithanu area is very popular for long term house rental.



HAAD YAO - KOH MA : NORTH WEST KOH PHANGAN



RECOMMENDED

- Bay View Resort (p05)
- Bounty Resort (p139)
- Chaloklum Diving (p39)
- Cookies Salad (p85)
- Dragon Hut (p145)
- Dream Hill (p146)
- Haad Son (p01)
- Haad Yao Divers (p37)
- Haad Yao Resort (p148)
- Haad Yao See Throuth (p01)
- Haad Yao Over Bay (p150)
- High Life (p149)
- J.B.Hut Bungalow (p135)
- Reefers Dive Resort (p41)
- Salad Beach Resort (p02)
- Salad Buri (p02)
- Shiralea (p140)
- Yoga Retreat (p76)

Telephone Directory See Page 162

AROUND HAAD YAO

Haad Yao is thought to be one of the most beautiful beaches on Koh Phangan with a wide cove flanked by steep rocky peninsulas surrounding nearly one kilometre of perfect white sand. It is a popular beach that has developed to accommodate both budget and high end tourist markets with several great restaurants and a variety of beachfront bars. There are also supermarkets, a snooker hall and some cool viewpoint bars.

Further up the coast Haad Thian and Haad Kruad are secluded getaways with some great rooms on the beach. Haad Salad used to be a pirates hideout but has moved on since then, with old skool and high end resorts, a beautiful landscape and coral reef; making it very similar to Haad Yao but on a smaller scale. Further north Haad Mae Had and Koh Ma are a tropical and underwater



paradise bordering Koh Phangan's only Marine Park. Koh Ma is a small island just off the coast with a sandbar that links the two islands. Here it's possible to spot turtles, harmless reef sharks and swim amongst shoals of colourful tropical fish. The region is fairly mountainous away from the coast, with Wang Sai Waterfall and a number of mountain trails and walks to follow; and with the large concentration of beaches in the north west, it is possible to beach hop up the coastline by kayak or longtail.

I am what you are looking for...



Bounty Resort
Koh Pha-Ngan
Thailand

* Private Beach
* Swimming Pool
* Excellent Snorkelling
* Secluded Sunset Views
* WiFi Internet Service
* Thai & International Cuisine







Tel: 077 349105, Fax: 077 349106
www.bountyresort.net Email : bounty-resort@hotmail.com

Haad Yao Beach ...

Shiralea
Backpackers Resort

58/18 Moo 8, Haad Yao (West), Koh Pha Ngan, Suratthani 84280, Thailand
Tel : 08 0719 9256 www.shiralea.com email : info@shiralea.com

FRIENDLY FOOD | TASTY PEOPLE | COOL TUNES

" A great place to chill out..."






- THAI-STYLE BUNGALOWS
- WESTERN BATHROOMS
- HOT WATER & FANS
- HIGH PRESSURE SHOWERS
- HOTEL-GRADE MATTRESSES

BAR/RESTAURANT

- THAI & WESTERN CUISINE
- THAI-STYLE BBQ NIGHTS
- TV AREA WITH 40" LCD
- SWIMMING POOL
- FREE WiFi






Reefers dive resort PADI

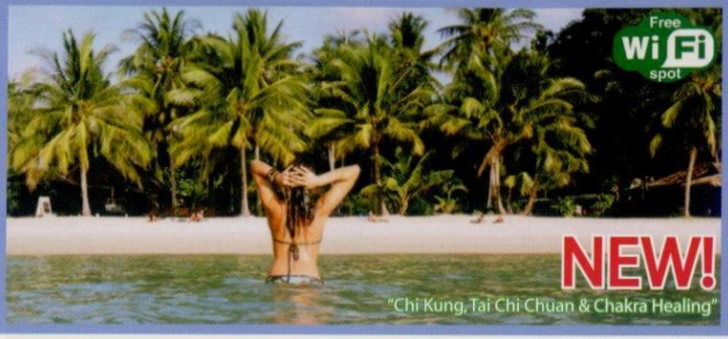
REEFERS DIVING NOW ON SITE

facebook

Shiralea Backpackers Resort & Reefers Diving are on facebook



Relaxed natural setting in coconut gardens, very close to the beautiful Haad Yao beach.



blue ocean garden

Hideaway Spa & Beach Resort



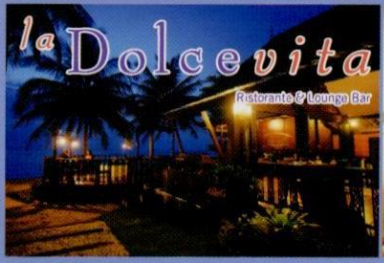




www.blueoceangarden.com

51/11 Moo 8 - Srithanu, Haad Chao Pao - Koh Phangan, Surathani - Thailand 84280

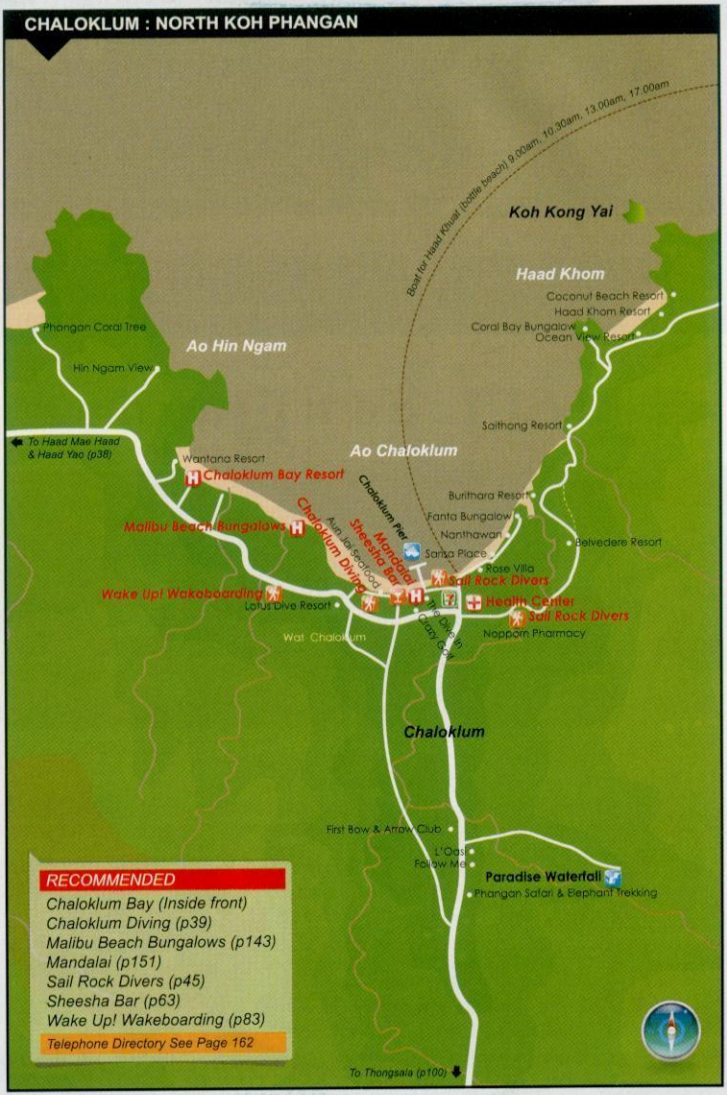
Tel: 08 9636 8189 / 08 5789 9818







Located at Blue Ocean Garden Hideaway Spa & Beach Resort


CHALOKLUM : NORTH KOH PHANGAN
Boat for Haad Khuat (Bottle beach) 9.00am, 10.30am, 13.00am, 17.00am
Koh Kong Yai
Haad Khom
Coconut Beach Resort
Haad Khom Resort
Coral Bay Bungalow
Ocean View Resort
Phangan Coral Tree
Ao Hin Ngam
Hin Ngam View
To Haad Mae Haad & Haad Yao (p38)
Saithong Resort
Ao Chaloklum
Wantana Resort
Chaloklum Bay Resort
Chaloklum Pier
Burithara Resort
Fanta Bungalow
Nanthawan
Malibu Beach Bungalows
Chaloklum Diving
Mandalai
Sheesha Bar
Ann Jia Seafood
Belvedere Resort
Santa Place
Rose Villa
Sail Rock Divers
Wake Up! Wakeboarding
Lalut Dive Resort
Health Center
Sail Rock Divers
Nopporn Pharmacy
Wat Chaloklum
Crazy Cow 3
Chaloklum
First Bow & Arrow Club
L'Oasis
Fellow Me
Paradise Waterfall
Phangan Safari & Elephant Trekking
RECOMMENDED
Chaloklum Bay (Inside front)
Chaloklum Diving (p39)
Malibu Beach Bungalows (p143)
Mandalai (p151)
Sail Rock Divers (p45)
Sheesha Bar (p63)
Wake Up! Wakeboarding (p83)
Telephone Directory See Page 162
To Thongsala (p100)

CHALOKLUM

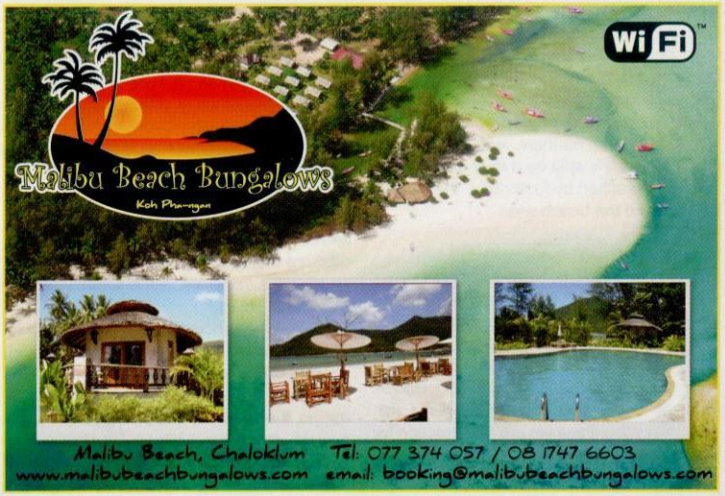
Chaloklum village is the north's main fishing port and has a wealth of inexpensive seafood restaurants serving fresh delicacies such as locally caught squid. There are also a few bars to visit and Chaloklum is home to various activities including archery, elephant trekking, crazy golf and watersports.

The maritime roots have encouraged several dive schools to locate here and there are numerous dive and snorkelling sites nearby. It is fairly mountainous and gets more rugged as you head east, thus there are a number of trails to climb if you're into walking, waterfalls to visit and the Chinese Temple just outside the village.

Chaloklum beach itself is very long, the village is located in the middle and good value resorts flank either side of the scenic



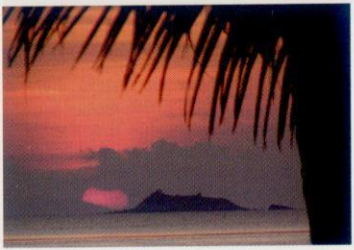
bay. Further east Haad Khom has a small coral reef popular with snorkellers and both good value and high end resorts; there is now a concrete road which makes it easy to drive by motorbike, while it is also easy enough to walk around the coastline or - for an island experience - boat taxis run regularly from the pier in Chaloklum.



BEACHES

Ao Hin Kong

Ao Hin Kong is a long bay that is mostly undeveloped, the coral reef lies about 300 metres off the beach and Mangrove trees line the coast giving the place an untouched feel, great for catching a sunset in solitude. A sign warns not to take seashells and corals from the bay, respect this as it is a haven for nature and it is illegal to take them home.



Ao Srithanu

Laem Srithanu is a peninsula lying between Hin Kong and Ao Srithanu. It extends way out from the coast and the small beaches that populate its coastline are close to the coral reef. It's also a good spot for beach fishing. On the northern end of Srithanu Bay the beach is split by a river estuary and has to be reached by footbridge, the sand is plentiful and the beach wide.

Haad Chao Phao

Haad Chao Phao has beautiful sunset views and softly curved bay that is the image of paradise. The sand is white and fine and the sea shelf is steeper before the reef, thus it is possible to swim whatever the tidal conditions. The reef is about 100 metres from the beach and once crossed the rich coral and vibrant sea life are an attraction for divers and snorkellers.

Haad Son

Haad Son is a secluded tropical getaway that has some good quality resorts at its northern end. It is a small scenic palm fringed cove with a wide stretch of white sand.

Haad Yao

Haad Yao or "Long Beach" is picture postcard material, with a 1km beach that is wide enough to play football on with sunset views, coral reef, beautiful vistas and more than enough space to allow for its ever expanding popularity; many consider it the "perfect" beach.

Haad Thian (west)

Haad Thian is a small secluded beach with only one resort. Here the sand is courser mixed with coral deposits. It is fairly close to the reef, but is shallow before it thus swimming conditions are best in high tidal season unless you venture over the reef.

Haad Kruad

Haad Kruad is a small picturesque beach with course sand and coral deposits. A shallow tide and an offshore reef means it is perfect for snorkellers and families; there is one boutique resort.

Haad Salad

Haad Salad is a beautiful and peaceful beach; good for swimming in high tidal seasons with a reef about 150 metres offshore that is a well-known dive site.

Haad Mae Haad

Mae Had has recently gone through a lot of changes, it has greatly improved road connections and there is a village building up behind it. There are quite a few resorts, but as the beach is fairly long, there's still enough room for solitude. It has sunset views over Koh Ma and the waters and coral reef that surround it are designated as a

Marine Park as they are so rich in sea life, with turtles and small reef sharks. The beach has a sand bar that you can walk across to reach Koh Ma.

Haad Thong Lang

Haad Thong Lang or "Golden Deserted Beach" is exactly that. At present there are still no permanent settlers there, although recently a couple of huts have gone up but are rarely inhabited. It has a shallow coral bay with a reef that creates a beautiful lagoon in high tide.

Ao Chaloklum

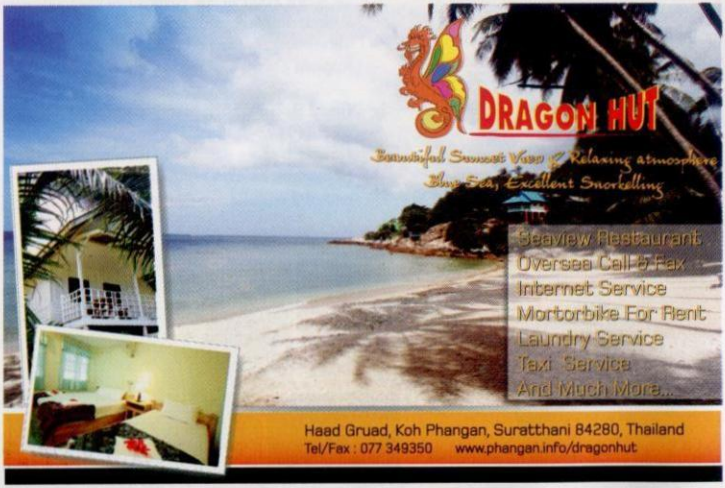
The beach on Ao Chaloklum is about 2½km long, with the village of Chaloklum right in the centre. As it is still primarily a fishing village you can find the local fishermens' wonderfully handcrafted longtail boats with truck engines mounted on the back; a great view to take in while eating in the



local restaurants. At either side of the village there are some nice wide stretches of palm fringed beach.

Haad Khom

Haad Khom is a pretty little white sandy beach on the east side of Chaloklum Bay, known for its laid back vibes and is popular with long-termers looking to get away from the hoards. It is a popular spot for snorkelling due to the extensive living coral reef. Within 20 minutes walk from the conveniences of Chaloklum village.



ACCOMMODATION

Bay View Resort, Haad Yao (p05)
077 349140-1
Step directly on to the beach at Bay View, with modern stylish bungalows and swimming pool all with sunset seaviews.

Blue Ocean Garden (p141)
Haad Chao Phao, 08 9636 8189
This newly opened cosy resort offers few deluxe bungalows and convenient rooms on a private beach.

Bounty Resort, Haad Dao Duek (p139)
077 349105
Fan or air-con bungalows in a traditional wooden or concrete style. Spectacular sunset views from the balcony and private beach just a few steps away.

Chaloklum Bay, Chalokum (inside front)
077 374147-8
Beachfront bungalows with fan or air-con around tropical swimming pool. Includes good long-term rates and houses for rent.

Chills Resort, Ao Srithanu (right)
08 9875 2100
10 stylish bungalows (a/c or fan, both including hot water) with panoramic sunset view over Ang Thong. Saltwater dipping pool and restaurant with sunset bar.

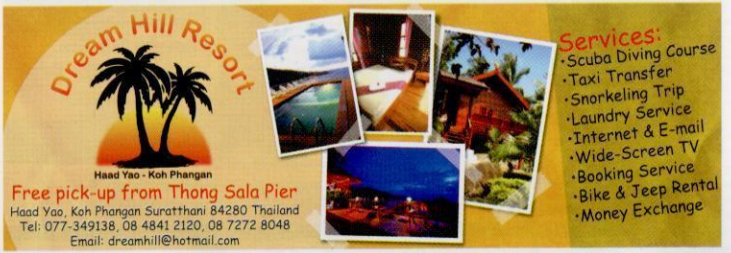
Cookies Salad, Haad Salad (p85)
077 349125 or 08 3181 7125
Set on the hillside with spectacular views overlooking the beach, Cookies offers modern island hut bungalows with air-con and hot water.

Dragon Hut, Haad Kruad (p145)
08 9473 1691 or 08 6941 4620
Set on it's own private beach, the beachside bungalows are perfect for peace and relaxation and a little-known living coral reef just metres from the shoreline to explore.

Dream Hill Resort, Haad Yao (bottom)
077 349138
Situated on the northern hill at Haad Yao beach, Dream Hill has panoramic sunset views across the bay. Fan and air-con rooms available.

Haad Salad Villa, Haad Salad (map p138)
08 4309 2500 or 08 1894 1758
Wooden style bungalows with fan or air-con either directly on the beach or set back in the tropical garden. Good value for money.

Haad Son Resort, Haad Son (p01)
077 349103-4
Private beach, swimming pool and selection of modern air-con bungalows or hotel rooms with hot water, mini-bar and UBC TV.



Haad Yao Over Bay, Haad Yao (p150)
077 349163 or 08 7886 8161
On the hill right in the middle of Haad Yao bay - you can see clearly the view of all over the bay - a great view point of Haad Yao. A family run resort you will find peaceful, private and safe.

Haad Yao Resort, Haad Yao (p148)
077 349152
Haad Yao Resort has seaview rooms with air-con, hot shower and TV directly on the beach. Discount rates for monthly bungalow rental. Beachfront restaurant and bar.

Haad Yao See Through, Haad Yao (p01)
077 349315
A boutique beachfront resort, *Haad Yao See Through* has modern hotel rooms with air-con, hot shower and TV. Swimming pool overlooking the beach.

High Life Bungalows (p149)
Haad Yao, 077 349114-5
Scenic viewpoint resort with fan or air-con cliff bungalows with views along the bay. Infinity pool and walkway to the beach.

J.B. Hut Bungalow, Haad Yao (p135)
077 349154
Local family run bungalows with local prices, taking care of all their guests in a warm and friendly way. Wooden fan bungalows or Air-Con rooms with sunset sea views over Haad Yao bay.

Malibu Beach Bungalows (p143)
Chaloklum, 08 1747 6603 or 077 374057
Situated on the private beach, *Malibu Beach Bungalow* offers fan or air-con bungalows with hot and cold shower. Swimming pool, Internet service, beachfront restaurant and a unique white sandy beach will fill your holiday with happiness! WiFi internet.



Mandalai, Chaloklum (p151)
077 374316-9
Mandalai consists of twelve superbly appointed rooms and suites located around the central white terrazzo swimming pool.

Salad Buri Resort & Spa (p02)
Haad Salad, 077 349187
Grand opening on 15th December 2008, *Salad Buri Resort* luxury villas have living room space, private pool and outdoor jacuzzi.

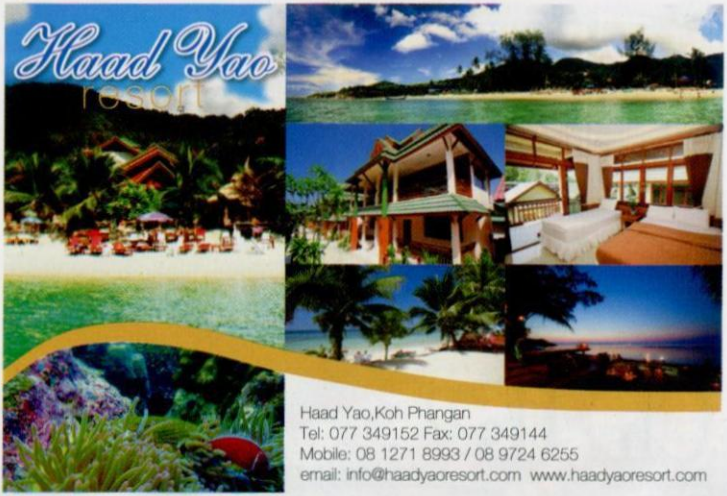
Shiralea Backpackers Resort (p140)
Haad Yao , 08 0719 9256
A relaxed natural setting in coconut gardens close to Haad Yao beach. *Shiralea* offers 10 "Thai-Style" bungalows with fan, western bathrooms with hot water showers.

RESTAURANT & BARS

Fellini, Srithanu (p67)
077 349020
This cosy Italian restaurant is very popular. Near to 7-11, *Fellini* prides itself on traditional stone oven cooked pizza, homemade pasta, steak and seafood specials.

Peppercorn, Srithanu (p62)
08 7896 4363
Specialises in steaks, salads and vegetarian food. There is a small bar downstairs with larger dining areas upstairs and rustic bamboo sala's in the garden.

Sheesha Bar, Chaloklum (p63)
077 374161
A minimalist bar and restaurant next to *Mandalai Hotel*; offers a range of both Asian and Western cuisines in a relaxed environment. Guests can choose either



Haad Yao,Koh Phangan
Tel: 077 349152 Fax: 077 349144
Mobile: 08 1271 8993 / 08 9724 6255
email: info@haadyaoresort.com www.haadyaoresort.com

indoor dining or alternatively take in the views from the beach terrace area.

La Dolce Vita, Haad Chao Phao (p141)
Haad Chao Phao, 08 9636 8189
Under Italian management, *La Dolce Vita* proposes a unique selection of seafood, Thai cuisine and original Italian dishes.

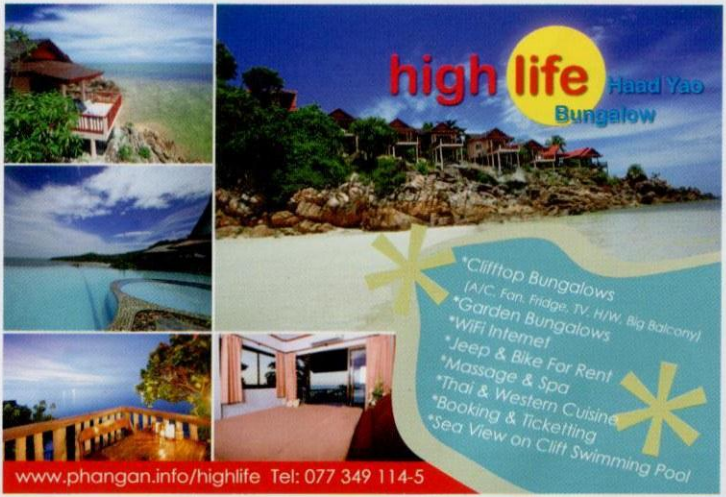
ADVENTURE & ACTIVITIES

Chaloklum Diving, Chaloklum (p39)
077 374025 or 08 1477 2005
15+ years experience diving on Koh Phangan, luxury dive trips & personal PADI programmes from novice to professional, based in Chaloklum and Mae Haad Beach.

Haad Yao Divers, Haad Yao (p37)
08 4841 2102 or 08 6279 3085
A friendly PADI certified dive school on the beachfront of beautiful Haad Yao. They can offer courses for all levels in English, Deutsch, Francais and Japanese.

Reefers Dive Resort, Haad Yao (p41)
08 6471 4045
Phangan's first Dive Resort offering FREE ACCOMMODATION with PADI courses. Over 6 years experience and with over 5000+ dives in the area, *Reefers* have the perfect team to ensure your best diving experience.

Sail Rock Divers (p45)
08 6470 9325, Chaloklum
www.sailrockdiversresort.com
The school has a 3m deep dedicated swimming pool, while offering all PADI courses, from Discover Scuba to Dive master, including Nitrox. Guarantees groups no bigger than 4, led by their team of Master Instructors.

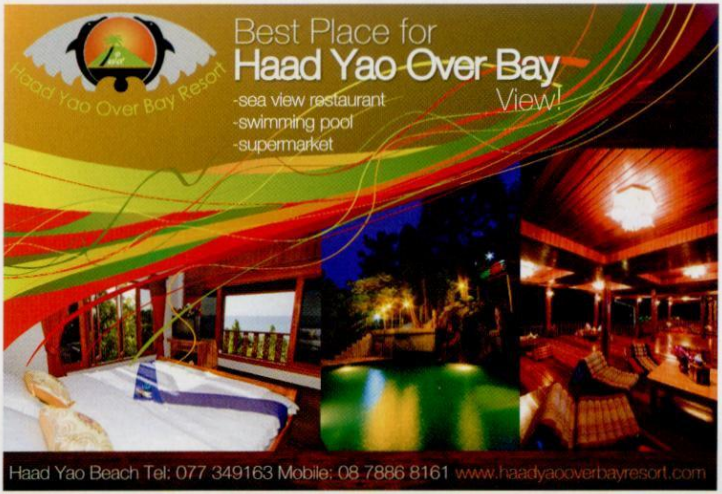


Wake Up! Wakeboarding (p83)
Chaloklum, 08 7283 6755
www.wakeupwakeboarding.com
Wake Up! is the only professional Wakeboarding set up in the Gulf of Thailand, with English speaking instructors, wake boat with tower and ballast, top brand equipment and most importantly a passion for the sport.

HEALTH & SPA

Mandalai Spa (p151)
Chaloklum, 077 374316-9
Massage is also a treat at *Mandalai Spa* using natural herbs and oils, massage away your stress and woes in either the comfort of your suit or at our dedicated massage and treatment facility.

The Yoga Retreat, Haad Salad (p76)
077 374310
www.yogaretreat-kohphangan.com
The Yoga Retreat is located on the north west coast of Koh Phangan near Haad Salad. It is a family business run by highly qualified instructors with courses available at every level; from The Basic Elements, Chakra Healing, Pilates or Alexander technique - all taught in peaceful jungle surrounds and just 1km from the beach. There is a restaurant that offers a wide range of healthy drinks and veggie foods, and 6 bungalows - so they can offer 5-14 day retreats - as well as a herbal steam room and plunge pool. Ashtanga teacher training course starts January 2010.



MANDALAI

We look forward to welcoming you to Mandalai where you will enjoy a holiday experience never to be forgotten.



Chaloklum Beach, Koh Phangan, Suratthani
tel. 077-374-316-19 email: reservation@mandalaihotel.com
www.mandalaihotel.com

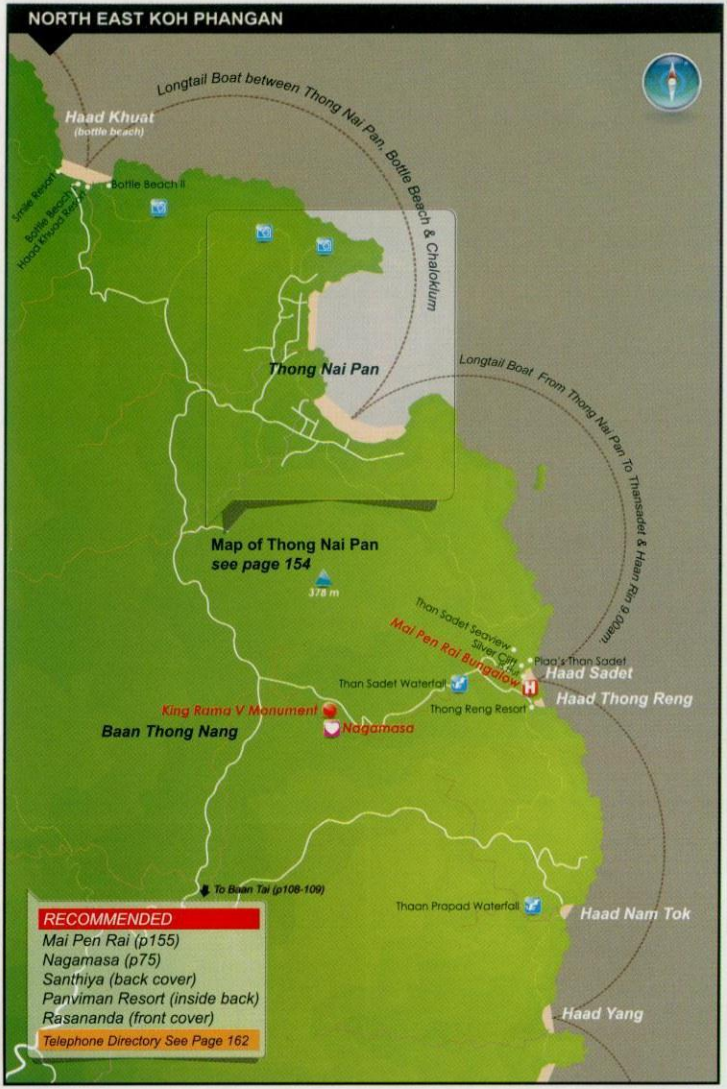
GUIDE TO NORTH EAST

WWW.PHANGAN.INFO

INTRODUCTION

The wild and untamed east coast of Koh Phangan is the most mountainous region on the island. Steep volcanic hills run down to sheer cliffs that dominate the rugged coastline. Only a few beaches occupy this region and all that do are formed into idyllic deep coves that are the embodiment of tropical paradise. Thong Nai Pan Yai and Thong Nai Pan Noi are two of the island's most celebrated beaches they also have the most vibrant scene on the north east coast with plenty of bars and the biggest village in the region. Haad Sadet and Haad Thong Reng are very similar to the Thong Nai Pans, but on a smaller and quieter scale. The river that splits these two beaches forms Koh Phangan's most dramatic waterfall, Nam Tok Thaan Sadet, a cascading year round 4km run of rock pools and rapids. It has become a favourite place for several Kings of Thailand to visit and the waters are considered sacred.

The rocky mountainous landscape is far more rugged than the rest of the island and its uncultivated slopes are the most part original tropical rainforest; an untouched haven for wildlife. There are several impressive waterfalls to visit, Thaan Sadet National Park with its giant monitor lizards and a number of places for experienced rock-climbing enthusiasts. The landscape makes the region fairly inaccessible, thus there are no major services locally and the roads are mostly part baked clay and can be hazardous, especially in adverse weather conditions. That said, Koh Phangan's road building program has extended to this district and a concrete road all the way over the mountains will be completed soon. All of the beaches can be reached by boat taxis from Chaloklum or Haad Rin.


NORTH EAST KOH PHANGAN
Longtail Boat between Thong Nai Pan, Bottle Beach & Chaloklum
Haad Khuat
(bottle beach)
Bottle Beach II
Thong Nai Pan
Longtail Boat From Thong Nai Pan To Thanssadet & Haan Rin 0.30am
Map of Thong Nai Pan
see page 154
378 m
Than Sadet Seaview
Silver Cliff
Mai Pen Rai Bungalow
Piaa's Than Sadet
Haad Sadet
Than Sadet Waterfall
Haad Thong Reng
Thong Reng Resort
King Rama V Monument
Nagamasa
Baan Thong Nang
To Baan Tai (p108-109)
Thaan Prapad Waterfall
Haad Nam Tok
Haad Yang
RECOMMENDED
Mai Pen Rai (p155)
Nagamasa (p75)
Santhiya (back cover)
Panviman Resort (inside back)
Rasananda (front cover)
Telephone Directory See Page 162

THONG NAI PAN : NORTH EAST KOH PHANGAN

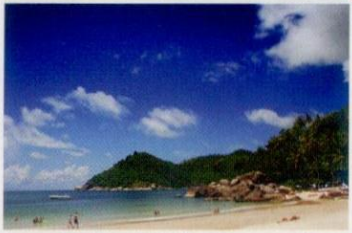


RECOMMENDED

Atrs Work-Shop (p73)
Ayuvana Spa (p79)
Candle Hut (p160)
Central Cottage (p157)
Chantara Restaurant (p64)
Dreamland Resort (p159)
Dreamland Divers (p40)
Panviman Resort (inside back)
Rasananda (front cover)
Santhiya Resort (back)
The Bistro (p10)
The Spa (p11)
Tropical Dive Club (p39)

Telephone Directory See Page 162

THONG NAI PAN



Thong Nai Pan (TNP) has been a major on the travelling circuit for many years with an amazingly beautiful landscape, great vibe and unique islander hospitality that can only come from this part of Koh Phangan. It really is laid back but still has plenty going on; with a selection of two beaches, countless beach bars and restaurants and loads to do locally. The mountainous terrain provides some excellent hikes and walks, with a scenic waterfall trail starting from TNP Noi that runs for about 2kms and there is endless tropical rainforest to explore. Offshore there is everything on offer from scuba diving to fishing trips and loads more if you have the energy.

TNP Noi is the busier of the two with the most nightlife and a couple of 4 star hotels, but TNP Yai has a small village and more space between the rooms. Both have internet and offer a variety of rooms, from A/C suites to island style huts. No matter which you choose, they are within walking distance of each other and are both equally as rewarding.



BEACHES

Bottle Beach (Haad Khuat)
Haad Khuat or Bottle Beach is one of the island's most well-known beaches and is a Mecca for long-termers and old skool Phangan aficionados. It is considered one of the most beautiful beaches on the island due to its wide golden shoreline, the lush mountainous cove surrounding it. Its inaccessibility has meant visitors tend to stay longer than a week and it is usually reached by boat taxi from Chaloklam. If the weather comes in, you can get stranded here for a day or two as boats can only navigate here in calm seas (there is a road from Thong Nai Pan, but it's very hard going).

Thong Nai Pan Noi
Immensely beautiful and with great swimming, the busier of the Thong Nai Pan beaches has a somewhat legendary status amongst travellers. There's a small village with a few cool bars, weekly parties, tattooists, and an old skool Phangan vibe.

Thong Nai Pan Yai
The quietest of the pair and is slightly longer with more space between rooms; equally as beautiful and also is home to the main village of the region.



Haad Sadet
The beach at the estuary of Koh Phangan's greatest waterfall and neighbouring the island's only National Park; a tropical wonderland of bohemian bungalows and chilled island vibes.

Haad Thong Reng
A few minutes walk from Haad Sadet, Thong Reng is the quieter of the two beaches and is a secluded sandy get away.

Haad Nam Tok
Haad Nam Tok or Waterfall beach is accessible via a small track and is bordered by Thaan Prawet Waterfall; it has a few good value resorts and an isolated old skool feel.



thong nai pan yai

CENTRAL COTTAGE

Slap bang in the middle of Thong Nai Pan Yai and commanding over 80 metres of the beachfront is Central Cottage Resort, a popular getaway retreat for those seeking solitude and peace at one of the Koh Phangan's most beautiful beaches.

Every night at the resort there is a delicious barbecue and a special selection of traditional Thai or Western cuisine available to eat sitting on the beach. The beach bar is open from early evening till late and serves up a relaxing mix of music.

Resort Facilities:

- Beach Front Swimming Pool
- Beach Front Restaurant
- Beach BBQ
- Beach Bar
- Internet
- Pool Table
- Supermarket
- Laundry Service
- Safety Deposit Box
- International Phone/Fax
- Jeep & Motorbike for rent
- Ticketing & Travel Booking

Activates:

- Island Boat Trip
- Scuba Diving
- Snorkelling
- Kayaking
- Trekking
- Fishing







Tel: 077 445128, 077 445031 Fax: 077 445032
www.centralcottage.net e-mail : info@centralcottage.net

see map on page 154

ACCOMMODATION

Candle Hut Resort, TNP Yai (p160)
077 445119 or 08 7623 3406
Traditional wooden style and Thai modern style villa. Every bungalow has air-con with comfortable king size bed. All villas include TV, mini bar and a chic open-air bath.

Central Cottage, TNP Yai (p157)
077 445128 or 077 238586
A good variety of modern air-con and cheaper fan bungalows on the beach. Regular boat trips and daily beachfront seafood BBQs.

Dreamland Resort, TNP Yai (right)
077 238539 or 077 238549
Modern wooden/concrete bungalows with air-con or fan available, all set in tropical garden, beachfront pool and restaurant.

Mai Pen Rai, Haad Sadet (p155)
077 445090 or 077 445158
Classic fan bungalows on the beach or along the coast with sunrise sea views – 'for nature lovers and artists' – a perfect place to relax and take it easy.

Panviman Resort (inside back)
077 445101-9, Thong Nai Pan Noi
Unique stylish luxury resort overlooking both Thong Nai Pan beaches. Relax in paradise; Spa Villas popluar for honeymooners and the Family Cottages perfect for that special getaway retreat.

Santhiya Resort (back cover)
077 238333, Thong Nai Pan Noi
Luxury resort with private beach; villas and bungalows naturally set around a scenic cove all with seaviews and direct access to the beach. Private speedboat transfer.

Rasananda, Thong Nai Pan Noi (p10-11)
077 238555
Rasananda is a unique retreat nestled among acres of swaying palms and lush landscape located on 200m of pristine white sand beach. 44 Villas and Suites all with individual pools and over 100m² living area.

RESTAURANT & BARS

Chantara, Santhiya Resort (p64)
077 428999 ext.803, Thong Nai Pan Noi
Chantara has spectacular sea views overlooking the private bay. There is an extensive variety of cuisine to match dietary preferences - from tantalizing salads, fresh seafood, steaks, pasta and unique desserts and extensive wine list to compliment the flavours.

Me'n'u, Rasananda (p10-11)
Thong Nai Pan Noi, 08 9289 7133
The cuisine of *Me'n'u* has a focus on Europe with a splash of Asia that uses only the finest and freshest ingredients.

ADVENTURE & ACTIVITIES

Dreamland Diver (p40)
077 238735, Thong Nai Pan Yai
With its own fastboat and speedboat, *Dreamland Diver* leaves directly from the beach with easy access to all the major dive sites in the Samui Archipelago. A departure time between 11 and 12 o'clock allows divers a bit more sleep in the morning. *Dreamland Diver* offers all PADI and SSI dive courses, fun diving, Discover Scuba days and snorkelling trips.

PHANGAN.INFO
WWW.PHANGAN.INFO
SECURE ONLINE CREDIT CARD RESERVATION

DL Dreamland Resort

Facilities & Services

- Motorbike and Jeep Rental
- Travel & Tour Booking
- Internet and Email
- International Telephone/Fax
- Laundry Serivce
- Beachfront Restaurant serving Thai and Western cuisine
- Safety Deposit Box
- Beachfront Swimming Pool











Thong Nai Pan Yai, Koh Phangan

Tel: 077 238539, 077 238549 Tel / Fax: 077 445051

www.dreamlandresort.net

email: dreamland_resort@yahoo.com

resort_dreamland@hotmail.com

"the beach place makes you feel relax"

candle hut resort

Facilities:	Room Amenities:
Sea View Restaurant	- Wooden Bungalow
Beach Front Swimming Pool	Under Roof Balcony
Pool Bar	Air-con / Fan
Thai Massage	Hot Shower
Travel Booking	Minib
Internet Service	- Pool Villa
Laundry Service	Open Air Bathroom
Money Exchange	Open Air Balcony
Safety Deposit Box	Hot Shower
International Telephone & Fax	Air-con
	Minibar
	TV









Thong Nai Pan Yai, Koh Phangan, Suratthani, Thailand 84280
Tel: 077 445119 Tel/Fax: 077 445118 Mobile: 08 1083 1052
www.candlehutresort.com email: candlehut@hotmail.com

see map on page 154

Tropical Dive Club (p39)
077 445081, Thong Nai Pan Noi
Based in the middle of the beautiful beach of Thong Nai Pan Noi, the *Tropical Dive Club* is a multi-lingual school specialising in German and English tuition. To ensure the best quality dive trips, *Tropical Dive* only works with small groups of divers or on a one-to-one basis. They also appreciate that most visitors prefer a few extra hours in bed which is why the speedboat departs directly from the bay at around noon! The full range of PADI and SSI dive courses are available including Discover Scuba for those wanting to sample the thrill of diving.

HEALTH & SPA

Ayuvana Spa, Santhiya Resort (p79)
077 428999 ext.823, Thong Nai Pan Noi
In a secluded haven at Thong Nai Pan perfect for the ultimate relaxation, *Ayurvana Spa* offers a wide selection of body treatments to pick you up or wind you down.

Nagamasa (p75)
Thaan Sadet, 08 1996 1930
Nagamasa the Fire Alchemy Meditation Center & Workshop. Alchemy workshops and meditation start at 19.30 every day, while courses begin on every Full Moon.

The Spa at Rasanada (p10-11)
Thong Nai Pan Noi, 077 239559
'*The Spa at Rasananda*' is a peaceful sanctuary in the middle of a micro rain forest on Koh Phangan. Pure and natural elements have been chosen for their curative benefits and energetic powers. Exquisite new fragrances in oils and elixirs will satisfy all five senses. Ancient healing and modern therapies work in harmony to renew, restore and revive.

THAAN SADET WATERFALL



Thaan Sadet waterfall was first visited by Thai Royalty in 1888 when King Rama V left an inscription on a rock that remains today; he revisited the same spot more than 10 times. The present King Bhumibol has also been to this sacred series of falls, where the river waters are used in certain Royal Ceremonies that obtain water from only a few sources around Thailand. It is a fairy tale of huge granite boulders and multitudes of fresh water pools and can be walked its full length of 3kms. The falls are more like huge stepping stones and can be approached from numerous places; either from the magnificent beach of Haad Thaan Sadet or on the road into Thaan Sadet (beware; only experienced motorcyclists should attempt the Thaan Sadet road, otherwise take a boat, taxi or hire a jeep).

BUSINESS DIRECTORY

ACCOMMODATION

(AC=air con, F=fan, HW=hot water, TV=satellite, SW=swimming pool, SP=spa)

Resort Name	Location	Telephone No.	Facilities	Page No.
Al Colosseo Palace	Haad Rin	077 375516	AC,F,HW,TV,SW	-
Ananda Resort	Ao Hin Kong	08 1397 6280	AC,F,HW,TV,SP	-
Asia Bungalows	Haad Salad	077 377288	-	-
Asia Hotel	Thongsala	077 238607	-	-
Baan Bang Rak	Ao Hin Kong	077 377513	-	-
Baan Haad Yao Villas	Haad Yao	077 349160	AC,HW,TV	-
Baan Panburi Village	Thong Nai Pan Noi	077 238599	AC,F,HW	-
Baan Talay Guesthouse	Haad Rin Central	077 375083	AC,F,HW	131
Bamboo Bungalows	Thong Nai Pan Yai	077 445018	-	-
Bantai Resort	Ao Baan Tai	077 238596	-	-
Barcelona Resort	Haad Yuan	08 5787 2339	-	-
Beach 99	Ao Plaay Laem	077 377518	-	-
Beck's Resort	Ao Nai Wok	077 377140	-	-
Beer Bungalows	Ao Baan Khai	077 238488	-	-
Bird Bungalows	Haad Rin Nai	077 375191	-	-
Black and White	Haad Rin	077 375187	-	-
Blue Hill Resort	Haad Rin Nai	077 375557-9	AC,HW,SW	-
Blue Lotus	Ao Baan Khai	077 238489	F	-
Blue Marine Resort	Haad Rin Nai	077 375407	AC,HW,TV	-
Blue Ocean Garden	Haad Chao Phao	08 5789 9818	AC,HW,SP	141
Bottle Beach II	Bottle Beach	077 445156	F	-
Bounty Resort	Haad Dao Duek	077 349105	AC,F,HW,TV,SW	139
Buakao Inn	Thongsala	077 377226	AC,F,HW,TV	-
Burithara Resort	Chaloklum	077 374115	AC,F,HW,TV	-
Candle Hut Resort	Thong Nai Pan Yai	077 445119	AC,HW,TV,SW	160
Centara Pariya Resort	Haad Yuan	08 4844 5366	AC,HW,TV,SW	-
Central Cottage	Thong Nai Pan Yai	077 445128	AC,F,HW,TV	157
Chai Country Resort	Srithanu	08 1271 6967	-	-
Chaloklum Bay Resort	Chaloklum	077 374147-8	AC,F,HW,SW	Inside Front
Charm Beach	Ao Baan Tai	077 377165	-	-
Charung	Haad Rin Nai	077 375168	-	-
Chill House	Haad Rin	08 4689 2056	F	-
Chills Resort	Srithanu	08 9875 2100	AC,F,HW,SW	147
Chokana	Ao Baan Tai	077 238085	-	-
Coco Garden	Ao Bang Charu	077 377721	-	-
Coco Hut Village	Haad Seekantang	077 375368-9	AC,F,HW,TV,SW	Inside Back
Coconut Beach	Haad Khom	077 374298	F	-
Cookies Bungalows	Ao Plaay Laem	08 3181 7125	AC,F,SW	85
Cookies Salad	Haad Salad	08 3181 7125	AC,HW,TV,SW	85
Coral Bay	Haad Khom	077 374245	F	-
Coral Bungalows	Haad Rin Nai	077 375023	-	-
Delight Resort	Haad Rin	077 375527-9	AC,F,HW,TV,SW	-

Dew Shore Bungalows	Ao Baan Tai	077 238128	AC,F,HW,TV,SW	106
Dragon Hut	Haad Kruad	08 9473 1691	AC,TV,F,HW	145
Dream Hill Resort	Haad Yao	077 349138	AC,F,HW,TV,SW	146
Dreamland Resort	Thong Nai Pan Yai	077 238539	AC,F,TV	159
Drop In Club Resort	Haad Rin Central	077 375444-7	AC,HW,TV,SW,SP	04
Fanta	Chaloklum	077 374132	-	-
Fantasea Resort	Chaloklum	08 9443 0785	AC,F,HW,TV	-
Fairyland Club Resort	Haad Rin	077 375076	AC,HW,TV	126
Family House	Haad Rin	077 375173	-	-
First Villa	Ao Baan Tai	077 377225	AC,HW,TV,SW	-
Garden Lodge	Ao Baan Tai	077 377446	AC,F,TV,SW	-
Golden Hill Resort	Ao Wok Tum	077 238608	-	-
Golden Beach Resort	Ao Baan Khai	077 238074	-	-
Grand Sea Resort	Ao Nai Wok	077 377776-7	AC,HW,TV,SW,SP	117
Great Bay Bungalows	Haad Chao Phao	077 349261	-	-
Green Papaya Resort	Haad Salad	077 374230	AC,HW,TV,SW,SP	-
Green Peace Bungalows	Ao Baan Khai	077 238436	AC,F,HW,TV	102
Haad Gruad Resort	Haad Gruad	077 349242	-	-
Haad Khom	Haad Khom	077 374246	F	-
Haadlad Prestige Resort	Haad Salad	077 349285	AC,HW,TV,SW,SP	-
Haad Rin Seaview	Haad Rin	077 375425	AC,F,HW	-
Haad Salad Villa	Haad Salad	08 1894 1758	AC,F,HW,TV	-
Haad Son Resort	Haad Son	077 349103-4	AC,F,HW,TV,SW	Inside Front
Haad Tian Beach Resort	Haad Thian (west)	077 349009	AC,HW,TV,SW,SP	-
Haad Yao Bay View Resort	Haad Yao	077 349140-1	AC,HW,TV,SW	05
Haad Yao Over Bay Resort	Haad Yao	077 349163	AC,F,HW,TV	150
Haad Yao Resort	Haad Yao	077 349152	AC,F,HW,TV	148
Haad Yao See Through	Haad Yao	077 349314-5	AC,HW,TV,SW	Inside Front
Hansa Resort	Ao Baan Tai	077 377494	AC,F,HW,TV	107
Harmony Beach	Ao Hin Lor	08 6885 4646	AC,F,HW	128
Havana Resort	Thong Nai Pan Yai	077 445162	AC,HW,TV,SW	-
High Life Bungalows	Haad Yao	077 349114	AC,F,HW,TV,SW	149
Hillside Bungalows	Haad Rin	077 375102	-	-
Hin Kong Resort	Ao Hin Kong	077 349240	AC,F,HW,TV	-
Holiday Beach Resort	Ao Baan Tai	077 238855	AC,F,HW,TV	65
Hua Laem Resort	Haad Rin	077 375222	-	-
Hut Sun Bungalows	Haad Chao Phao	077 349097	AC,F,HW	-
Ibiza Bungalows	Haad Yao	077 349121	-	-
Island View Cabana	Haad Mae Haad	077 374172	-	-
Jamaica Inn	Ao Baan Khai	077 238483	-	-
J.B. Hut Bungalows	Haad Yao	077 349154	AC,F,HW	135
JJ Resort	Ao Hin Kong	08 1958 8614	-	-
JS Hut	Than Sadet	077 445054	F	-
Jonathan	Haad Rin	077 375152	-	-
Joon Bungalows	Ao Nai Wok	08 7881 0988	F	-
Kung Bungalows	Haad Thaan Praphad	08 1891 5592	-	-
Laid Back Resort	Haad Rin	077 375190	-	-
Leela Beach	Haad Seekantang	077 375094	-	-

ACCOMMODATION

(AC=air con, F=fan, HW=hot water, TV=satellite, SW=swimming pool, SP=spa)

Resort Name	Location	Telephone No.	Facilities	Page No.
Lee Garden Resort	Ao Baan Khai	077 238150	-	-
Lighthouse Bungalows	Haad Seekantang	077 375075	F	-
Lipstick Cabana	Ao Hin Kong	077 349252	-	-
Long Bay Resort	Haad Yao	077 349057-9	AC,F,HW,TV,SW	-
Longtail Beach Resort	Thong Nai Pan Yai	077 445018	F,HW	-
Loy Fa Bungalows	Srithanu	077 377319	AC,F,HW,TV	-
Lucky Resort	Haad Gruad	077 349007	AC,HW,TV,SW	-
Mac's Bay Resort	Ao Baan Khai	077 238443	-	-
Mae Haad Bay	Haad Mae Haad	077 374171	-	-
Mae Haad Cove	Haad Mae Haad	077 374254	F	-
Mae Haad View	Haad Mae Haad	077 374122	-	-
Mai Pen Rai Bungalows	Haad Sadet	077 445090	F	155
Malibu Beach Bungalows	Chaloklum	077 374057	AC,F,HW,TV,SW	143
Mandalai Boutique Hotel	Chaloklum	077 374316-9	AC,HW,TV,SW,SP	151
Milky Bay Resort	Ao Baan Tai	077 238566	AC,F,HW,TV,SW	-
Moon Beach Bungalows	Srithanu	077 377441	AC,F,HW	-
Morning Star Resort	Ao Baan Khai	077 377757	AC,HW,TV,SW	109
My Way Bungalows	Haad Salad	077 349267	-	-
Natural Home Resort	Haad Rin	08 9474 1687	-	-
Neptune's Villa	Haad Rin Nai	077 375251	AC,HW	142
Nice Beach	Thong Nai Pan Yai	077 238547	-	-
Oasis Bungalows	Haad Rin	077 375503	-	-
Ocean View Resort	Haad Khom	077 377231	F,HW	-
OK Bungalow	Ao Wok Tum	077 377141	-	-
Orchard House Resort	Baan Tai	077 377754	-	-
Palita Lodge	Haad Rin Nok	077 375170-2	AC,HW,TV,SW	133
Palm Beach	Haad Rin	077 375240	-	-
Panviman Resort	Thong Nai Pan Noi	077 445101-9	AC,HW,TV,SW,SP	Inside Back
Paradise Bungalows	Haad Rin Nok	077 375244	-	-
Pen's Bungalows	Thong Nai Pan Yai	077 445093	-	-
Phangan Bayshore	Haad Rin Nok	077 375224-227	AC,F,HW,TV,SW	-
Phangan Beach Resort	Ao Baan Tai	077 238809-10	AC,HW,TV	110-111
Phangan Buri Resort	Haad Rin Nai	077 375481/489	AC,HW,TV,SW,SP	129
Phangan Bungalow	Ao Nai Wok	077 377197	-	-
Phangan Cabana	Haad Chao Phao	077 349184	-	-
Phangan Centerpoint	Thongsala	077 377232	AC,F,TV	-
Phangan Chai Hotel	Thongsala	077 377286	-	-
Phangan Cozy Bungalows	Thongsala	08 1535 5361	AC,F	-
Phangan Great Bay	Ao Baan Tai	077 238659	AC,F,HW,TV,SW	101
Phangan Orchid	Ao Baan Khai	077 238819	AC,HW,TV,SW	-
Phangan Paragon	Haad Chao Phao	08 4728 6064	AC,HW,TV,SW,SP	-
Phangan Rainbow	Ao Baan Khai	077 238236	-	-
Phangan Utopia	Haad Thong Lang	077 374093-5	AC,F,HW,TV,SW	-
Phangan Villa	Ao Bang Charu	077 377083	-	-
Phrueksa Beach Resort	Ao Bang Charu	077238 959	AC,F,HW,TV.SW	03

Pimmada Hut	Ao Nai Wok	077 377325	-	-
Pingjun Resort	Thong Nai Pan Yai	077 445062	-	-
Pink's Bungalows	Ao Baan Khai	077 238373	-	-
Plaa's Than Sadet	Haad Sadet	077 445049	-	-
Ploy Resort	Haad Yao (east)	08 1968 6001	-	-
Porn Sawan	Ao Nai Wok	077 377599	-	-
Power Beach Resort	Ao Baan Tai	077 238937	AC,F,HW,TV,SW	103
Rainbow	Haad Rin Nai	077 375293	-	-
Rasananda	Thong Nai Pan Noi	077 239555	AC,HW,TV,SW,SW	Front Cover
Reggae Bungalows	Haad Salad	077 374253	AC,F,HW,TV	-
Rin Beach Resort	Haad Rin Nai	077 375112	AC,HW,TV,SW	120
Rose Villa	Chaloklum	077 374013	-	-
Royal Orchid	Haad Mae Haad	077 374207	-	-
Rung Arun Resort	Ao Baan Tai	077 238624	AC,HW,TV,SW	-
Sabai Beach Resort	Ao Plaay Laem	077 238895	F,AC,HW,TV	-
Salad Beach Resort	Haad Salad	077 349149	AC,HW,TV,SW	-
Salad Buri Resort & Spa	Haad Salad	077 349146-8	AC,HW,TV,SW,SP	02
Salad Hut	Haad Salad	077 349246	AC,F,HW,TV,SW	-
Same-Same Lodge	Haad Rin Nok	077 375200	AC, F, HW	58
Sandee Bungalows	Thong Nai Pan Noi	077 445089	F	-
Sandy Bay Bungalows	Haad Yao	077 349119	AC,F,HW,TV	-
Sandy Bungalows	Haad Rin Nai	077 375138	-	-
Santhiya Resort & Spa	Thong Nai Pan Noi	077 238333	AC,HW,TV,SW,SP	Back Cover
Sarikantang	Haad Seekantang	077 375055-7	AC,F,HW,TV,SW	121
Seaboard Bungalows	Haad Yao	077 349157	-	-
Seaflower Bungalows	Haad Chao Phao	077 349090	-	-
Sea Garden Resort	Haad Rin	077 375283-4	-	-
Sea Breeze Resort	Haad Rin	077 375362	AC,HW,TV,SW	-
Sea Rock Resort	Ao Plaay Laem	077 238803	-	-
Sea Scene	Ao Plaay Laem	077 377516	-	-
Sea View Haadrin Resort	Haad Rin Nok	077 375160	AC,F,HW	-
Seethanu Bungalows	Haad Chao Phao	077 349112	-	-
Serenity Residence	Haad Yao	08 5790 0398	F,HW,TV,DVD	-
Silver Beach Bungalows	Haad Yao	077 349171	AC,HW,TV	-
Shiralea Backpacker Resort	Haad Yao	08 0719 9256	F,HW,SW	140
Silver Cliff	Haad Sadet	077 445087	F	-
Silvery Moon	Ao Baan Khai	077 238563	-	-
SK Home	Haad Rin	077 375375	-	-
Smile Bungalows	Haad Khuat	08 1956 3133	-	-
Smile Beach Resort	Haad Salad	08 9875 8656	F,AC,HW,TV	-
SP Resort	Ao Baan Tai	077 238442	-	-
Star Hut	Thong Nai Pan Noi	077 445085	-	-
Starlight Resort	Thong Nai Pan Yai	08 1737 1464	AC,HW,TV,SW	-
Stone Hill Resort	Ao Plaay Laem	077 238447	AC,F,HW	-
Sunrise Resort	Haad Rin	077 375145	AC,HW,TV,SW	-
Sunset Cove	Haad Chao Phao	077 349211-2	AC,HW,TV,SW	137
Sunset Hill Resort & Spa	Haad Chao Phao	08 1979 5497	AC,HW,TV,SW,SP	-
Sun Beach	Haad Rin	077 375102	-	-

ACCOMMODATION

(AC=air con, F=fan, HW=hot water, TV=satellite, SW=swimming pool, SP=spa)

Resort Name	Location	Telephone No.	Facilities	Page No.
Sun Cliff	Haad Rin	077 375134	-	-
Tanouy Garden	Ao Baan Khai	077 238044	-	-
Tantawan	Haad Chao Phao	077 349108	-	-
Thanpraphard Homestay	Baan Nam Tok	08 1326 8917	F	-
Thansadet Seaview	Haad Sadet	08 9875 1223	F	-
The Sanctuary	Haad Thian (east)	08 1271 3614	AC,F,HW,TV,SP	77
Thong Ta Pan	Thong Nai Pan Noi	077 238538	F,HW	-
Thong Yang Bungalows	Ao Hin Lor	077 238192	-	-
Tiu Resort	Ao Baan Tai	077 238319	-	-
Tommy Resort	Haad Rin Nok	077 375215	AC,HW,TV,SW	-
Top Hill Resort	Haad Rin	077 375327	-	-
Tranquil Bungalows	Ao Nai Wok	077 377433	AC,F,HW	-
Triangle Lodge	Ao Baan Khai	077 377432	-	-
Two Rocks Bungalows	Ao Baan Tai	077 377544	-	-
Venus Resort	Haad Rin Nok	077 375011	AC,F,HW	127
Village Green Bungalows	Haad Chao Phao	077 349217-8	AC,F,HW	-
Vimarn Samut	Haad Rin Nai	077 375027	-	-
Wangsai Resort	Haad Mae Haad	077 374238	-	-
Wattana Resort	Chaloklum	077 374022	-	-
Weangthai Hotel	Thongsala	077 377247	AC,F,HW,TV	113
Weangthai Resort	Ao Bang Charu	077 377247	AC,F,HW,TV,SW	113
White Sand Resort	Thong Nai Pan Yai	077 445123	-	-
White West Hut	Ao Bang Charu	077 238070	AC,F,HW,TV	-
Whynam Hut	Haad Wai Nam	08 1370 2667	-	-
Yoga Retreat	Haad Salad	077 374310	F,SP	76

RESTAURANTS & BARS (see page 56)

Restaurant Name	Location	Telephone No.	Food Served	Page No.
Amstardam Bar	Thongsala	077 238447	Panoramic Views	-
A's Coffee Shop	Thongsala	077 377226	Thai & International	-
A's Beach Place	Ao Plaay Laem	077 377882	Thai & Seafood	-
Aun Jai Seafood	Chaloklum	08 1124 3333	Fresh Seafood	-
Anahata	Baan Khai	08 7125 5430	Thai & Vegetarian	-
Angels Bay	Ao Hin Kong	08 4326 7031	Mediterranean	-
Ando Loco	Thongsala	08 5791 7600	Mexican	67
Baan Pong	Thong Nai Pan Noi	077 445081	Thai & International	-
Bamboozle	Haad Rin	08 5471 4211	Mexican & Cocktails	57
Big Mango	Thongsala	077 377300	Thai, Live Music	-
Blue Top Coffee Shop	Baan Tai	077 238897	Coffee, Home Bakery	57
Boat Ahoy	Baan Tai	077 238759	Thai	60
By The Sea Bar	Thong Nai Pan Noi	077 428999	Cocktails & Wine	64
Casa Italiana	Thongsala	08 6952 4563	Italian	-
Chantara Restaurant	Thong Nai Pan Noi	077 428999	Thai & International	64
Drop In Bar	Haad rin	077 375374	Beachfront Venue	-
Fellini	Srithanu	077 349020	Italian	67

Fisherman's Restaurant	Baan Tai	08 4454 7240	Fresh Seafood	61
Flip Flop Pharmacy	Thong Nai Pan Noi	077 445081	Beachfront Bar	-
Franck's Restaurant	Thongsala	077 377832	French & Thai	-
Hippo Bar	Ao Bang Charu	08 9587 9795	Beachfront Pool Bar	-
Holiday Beach Bar & Rest	Baan Tai	077 238855	Seafood, Thai	65
Hot Moon	Haad Yao	08 4725 5759	International	-
John's Bar & Bistro	Ao Nai Wok	08 7340 5417	International	-
Joy Sushi & More	Haad Rin	08 4889 0907	Sushi, Delivery	63
Jungle Gym Cafe	Haad Rin	077 375115	Juice Bar & Cafe	-
Kaito Japanese Bar	Thongsala	077 377738	Authentic Japanese	-
La Dolce Vita - Ristorante	Haad Chao Phao	08 9636 8189	Italian, Seafood	141
Little Hanoi	Thongsala	077 239638	Vietnamese	-
Longshot Bar	Thongsala	08 4061 3394	Happy Hours 8-10pm	-
Luna Lounge	Thong Nai Pan Noi	08 3136 8130	Asian Fusion, Sofas	-
Mason's Arms	Thongsala	08 6470 8204	Pub Grub, Steaks	-
Mediterraneo	Thongsala	08 9993 1762	Italian & Greek	-
Monnalisa	Haad Rin	08 4441 5871	Italian, Pizzeria	66
Nic's Restaurant & Bar	Haad Rin	08 7007 3769	Thai, Tapas	-
Nira's Home Bakery	Haad Rin, Thongsala	08 6595 0636	DIY Breakfast, Cakes	61
Om Ganesh	Haad Rin Pier	08 6063 2930	Indian	-
Outback Bar	Haad Rin Central	077 375126	Sports, 12 Screens	-
Paschke Bar & Restaurant	Ao Nai Wok	08 9990 8313	German & Thai	-
Peppercorn	Srithanu	08 7896 4363	Steaks & Salads	62
Phangan Home Made	Thongsala	077 238681	Thai, Ice Cream	-
Phangan White Rabbit	Baan Tai	08 4625 5942	Paninis, Cocktails	-
Reggae House	Haad Rin	08 7272 3520	Reggae, Cocktails	68
Same-Same Burger Bar	Haad Rin	077 375200	Burger Bar	59
Same-Same	Haad Rin	077 375200	Live Music	58
Sheesha Bar	Chaloklum	077 374161	International	63
Sky Sports Bar	Thongsala	077 377716	Live Sport, Draft Beer	69
Som Tum Inter	Baan Tai	077 377334	Northeastern Thai	60
Sunset Hill Viewpoint	Haad Chao Phao	08 1979 5497	Panoramic Views	-
The Bistro at Rasananda	Thong Nai Pan Noi	077 239555		10-11
The Pitta Stop	Thongsala	08 5790 5964	Burgers & Kebabs	-
Vantana	Thongsala	077 238813	English & Thai	-
Yellow Cafe	Thongsala	077 238615	Cafe	-

SHOPPING (see page 70)

Name	*Location*	*Telephone No.*	*Specialities*
Amani Int. Suits	Haad Rin	08 1085 9673	Ladies & Gents Tailors
Arts Work-shop	Thong Nai Pan Yai	08 7266 3121	One-of-a-kind Jewellery
Beautiful World	Baan Tai	077 238935	Furniture
Delitaly	Thongsala	077 377029	Import Food Supplier
Fusion Fashion	Haad Rin	08 9868 1938	Clothes
Méli Mélo	Baan Tai	077 377145	Thai Art, Craft & Furniture
Scuba	Thongsala	08 4443 0506	Wear, Accessory, Yoga Items
View Art House Gallery	Baan Khai	08 5902 9870	Painting, Chopper for Rent
Workshop Silver	Thongsala & Haad Rin	08 6096 1580	Handmade Jewellery

HEALTH & SPA (see page 74)

Name	Location	Telephone No.	Specialities
Ayurvana Spa (Santhiya)	Thong Nai Pan Noi	077 238333	Spa & Massage
Chakra Massage	Haad Rin	077 375401	Massage Therapy
Chidaraya Spa	Haad Rin	077 375083	Spa Treatment, Massage
Cocohut Spa	Leela Beach	077 375554	Spa Packages
Hi Class Massage	Haad Rin	08 1606 8159	Massage, Waxing, Hair, Nails
Mandala Spa	Srithanu & Haad Rin	08 7621 5482	Massage, Treatment & Training
Mandalai Spa	Chaloklum	077 374316-9	Spa & Massage
Monte Vista Retreat Centre	Thongsala	077 238951	Retreat Centre
Nagamasa	Thaan Sadet	08 1996 1930	Alchemy Course, Fire Meditation
Orion Healing Center	Srithanu	08 9048 0020	Reiki, Healing
Sanctuary	Haad Thian	08 1271 3614	Retreat Centre
Sarai Spa (Sarikantang)	Haad Leela	077 375055-6	Spa & Massage
Sunset Hill Healing Centre	Haad Chao Phao	08 5692 5251	Fasting, Detox, Daily Yoga
The Spa (Rasananda)	Thong Nai Pan Noi	077 239559	Luxury Spa
Yoga Retreat	Haad Salad	077 374310	Yoga Retreat Centre

SCUBA DIVING (see page 32)

Dive Shop Name	Location	Telephone No.	Website
Chaloklum Diving	Chaloklum	077 374025	www.chaloklum-diving.com
Dreamland Divers	Thong Nai Pan Yai	077 238735	-
Fun Factory	Thongsala	077 238745	www.phanganfunfactory.com
H2O Scuba	Thong Nai Pan Noi	077 445113	www.h2o-scuba.com
Haad Yao Divers	Haad Yao	08 6279 3085	www.haadyaodivers.com
Koh Divers	Chaloklum	08 4838 6289	www.myspace.com/thailanddiving
Lotus Diving	Chaoklum	077 374142/097	www.lotusdiveresort.com
Okay Divers	Thongsala	077 239629	www.okaydivers.co.uk
Phangan Divers	Haad Rin	077 375117	www.phangandivers.com
Phangan Inter. Dive School	Thongsala	08 9587 9795	www.phanganinternationaldivingschool
Reefers Dive Resort	Haad Yao	08 6471 4045	www.reefersdiving.com
Sail Rock Divers	Chaloklum	08 6470 9325	www.sailrockdiversresort.com
Tropical Dive Club	Thong Nai Pan Noi	077 445081	www.tropicaldiveclub.com

ADVENTURE & ACTIVITIES (see page 80)

Name	Location	Telephone No.	Specialities
Big Game Fishing	Thongsala	077 238232	Fishing
Cuttlebone Kiteboarding	Ao Baan Tai	08 1940 1902	Kiteboarding
Cookies Sailing	Ao Plaay Laem	08 3181 7125	Sailing & Windsurfing
Eco-Nature Tour	Chaloklum	077 374159	Around the Island Tour
First Bow & Arrow Club	Chaloklum	08 1274 0173	Archery Range
Hippo Club Tours	Ao Baan Tai	08 0452 9714	Island Tour
Jungle Gym	Haad Rin	077 375115	Yoga,Fitness & Kick Boxing
KiteBoardingAsia	Baan Tai	08 0600 0573	Kiteboarding School, Equipment
Paintball Warfare	Thongsala	077 377300	Paintball
Phangan Golf Range	Wok Tum	08 5472 7580	Golf Range, Free Club Hire
Phangan Safari	Chaloklum	08 1895 3783	Elephant Safari
Reggae House	Haad Rin	08 7272 3520	Bamboo Tattoo

Rin Beach Tours	Haad Rin	077 375385	Ang Thong Marine Park Trip
Safari Boat	Thongsala	077 238232	Around the Island Boat Trip
Same-Same Cooking	Haad Rin	077 375200	Thai Cooking Classes
SL2K	Ao Nai Wok	08 3390 3125	Sailing, Kayaking, Hiking
Snoop Dogg Boat Trip	Haad Rin	08 1085 9137	Island Longtail Boat Trip
Sunset Sports Asia	Baan Tai	08 0696 6797	Heath, Fitness & Events Provider
Wake Up! Wakeboarding	Chaloklum	08 7283 6755	Wakeboarding
Workshop Silver	Thongsala & Haad Rin	08 6096 1580	Jewellery Making Course

TRAVEL & TOUR AGENTS (see page 30)

Name	Location	Telephone No.	Services
Backpackers Info. Centre	Haad Rin	077 375535	Travel, Internet, Tours, Diving
KP's Tourist Info. Centre	Thongsala	077 238454	Travel, Internet, Tours, Diving
Phangan Tour	Suratthani	077 205799	Bus Service to/from Suratthani
Tan Travel & Tour	Thongsala	077 238232	Travel, Internet, Tours, Diving
Venus Travel	Haad Rin	077 375399	Travel Service, Internet

TRAVEL SERVICES (see page 22)

Name	Location	Telephone No.	Services
999 Government Bus	Baan Tai	077 238507/762	Bus Service to/from Bangkok
Bangkok Airways	Koh Samui	077 422512-9	Flights to/from Koh Samui
Haad Rin Queen	Haad Rin	08 9730 6817	Ferry to/from Big Buddha (Samui)
Lomprayah Catamaran	Thongsala	077 238412	Ferry to/from Samui/Koh Tao
Raja Ferry	Thongsala	077 377452-3	Ferry Service to/from Suratthani
Seatran Discovery	Thongsala	077 238679	Ferry Service to/from Surat/Samui
Songserm Express Boat	Thongsala	077 377704	Ferry Service to/from Surat/Samui
State Railway Thailand	Bangkok	022 204444	Train Service to/from Bangkok

PUBLIC / MEDICAL SERVICES

Name	Location	Telephone No.	Map (page number)
Emergency Call	n/a	191	n/a
Bandon Inter Clinic	Haad Rin	077 375471-2	17
Haad Rin Inter Clinic	Haad Rin	077 375342	14
Koh Phangan Hospital	Wok Tum	077 377034	14
Samui Immigration	Koh Samui	077 421069	n/a
Phangan Animal Care	Wok Tum	08 9875 7513	17
Phangan Medical Center	Baan Tai	077 239599	114
Police Station	Thongsala	077 377114	106
Post Office	Thongsala	077 377118	110
Rescue Service	Thongsala	077 377500	15
Tourist Police	Koh Samui	077 430016-7	n/a

WANT TO ADVERTISE YOUR BUSINESS?
FREE LISTING IN OUR BUSINESS DIRECTORY
CALL 077 238766


design & print
logo
poster vinyl
video
production service
brochure
postcard
photography
web design & hosting
etc.

do it your style

PHANGAN.INFO

Call 077 238766
08 1970 5449

online now

PHANGAN INFO ONLINE GUIDE BOOK : ABOUT KOH PHANGAN

File Edit View ... Bookmarks Window Help

http://kohphanganthailand.com

PHANGAN.INFO

*ONLINE BOOKING*ONLINE GUIDE*FREE GUIDE BOOK

PHANGAN INFO ONLINE GUIDE BOOK

- RECOMMENDED
- ABOUT KOH PHANGAN
- TRAVEL INFORMATION
- SCUBA DIVING & SNORKELLING
- FULL MOON PARTY INFORMATION
- HEALTH & SPA
- RESTAURANT & BARS
- HOTELS
- ADVENTURE & ACTIVITIES
- PLACE TO VISIT
- BUSINESS DIRECTORY
- OUR LINKS
- THAILAND LINKS
- LINKS TO US
- PHANGAN ISLAND GUIDE
- GUIDE TO SOUTH WEST
- GUIDE TO SOUTH EAST
- GUIDE TO NORTH WEST
- GUIDE TO NORTH WEST

DOWNLOAD MAPS

- All Maps
- Map of Thailand
- Island Map
- Koh Phangan Map Direc tory
- Koh Phangan Travel Map
- Koh Phnagan Dive Map
- Full Moon Party Venue Map
- Angthong Marine Park Map
- Activities and Places to Visit

PHANGAN INFO Guide Book is now online !

WWW.KOHPHANGANTHAILAND.COM

Online Island Guide to Koh Phangan

Update Every 3 Months !



Advertising Sales :

call 077 238766

081- 9705449

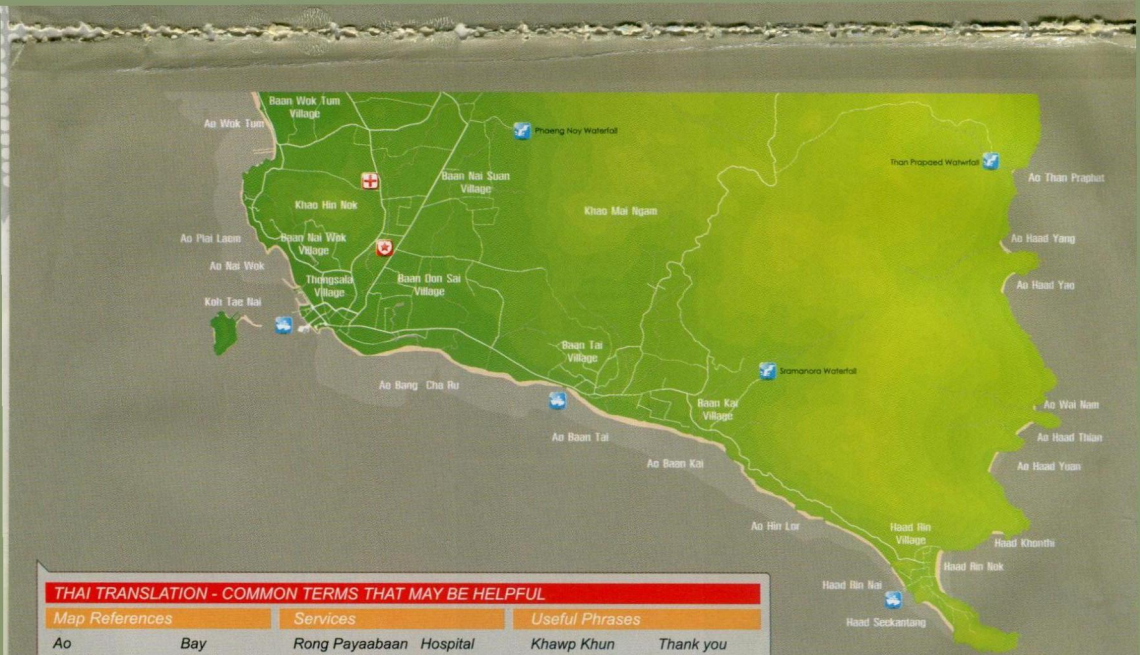
Email : guidebook@phangan.info

© Copyright 2008

DEVELOPED BY PHANGAN INFO CO.,LTD. 101/3 M.1, THONGSALA, KOH PHANGAN, SURAT THANI


PHANGAN.INFO
ONLINE BOOKING * ONLINE GUIDE BOOK * FREE GUIDE BOOK
PHANGAN INFO
ONLINE GUIDE BOOK
RECOMMENDED
ABOUT KOH PHANGAN
TRAVEL INFORMATION
SCUBA DIVING & SNORKELLING
FULL MOON PARTY & BEYOND
HEALTH & SPA
RESTAURANTS & BARS
HOTELS
ADVENTURE & ACTIVITIES
PLACES TO VISIT
BUSINESS DIRECTORY
OUR LINKS
THAILAND LINKS
LINK TO US
PHANGAN ISLAND GUIDE
GUIDE TO SOUTH WEST
GUIDE TO SOUTH EAST
GUIDE TO NORTH WEST
GUIDE TO NORTH EAST
DOWNLOAD MAPS
Click on Images to Download Map
Map of Thailand
Island Map
Koh Phangan Directory Map
FREE POCKET GUIDE
Issue 11
Dec2007- Feb2008
HOTELS
Hotels & Reservation
Location : West Coast
Facilities : Air-Con, Swimming Pool
Promotion : n/a
Asia Bungalows
Location : Haad Salad
RESTAURANTS & BARS
YELLOW
LINK TO US


SYMBOLS
Activity
ATM
Bank
Bar / Pub
Bus Station
Business
Chinese Temple
Church
Diving
Elephant Trekking
Gas Spot
Gas Station
Government Center
Health
Hospital / Health Center
Mosque
Peak
Pharmacy / Clinic
Pier
Police Station
Post Office
Resort / Hotel / Bungalow
Restaurant / Café
School
Shopping
Snorkelling
Temple
Thing to See
Viewpoint
Waterfall
Ao Haad Thongtang
Koh Ma
Haad Khom
Ao Hin Ngam
Ao Mae Haad
Baan Mae Haad Village
Wangtai Waterfall
Ao Chaloklum
Ao Haad Khuat (Butta Beach)
Ao Chak
Ao Haad Salad
Ao Haad Kruat
Ao Haad Thian (west)
Ao Haad Yao (West)
Baan Chaloklum Village
Khao Baan Fai Mai
Ao Thong Nai Pan Noi
Ao Thong Nai Pan Yai
Than Prawes Waterfall
Baan Haad Yao Village
Baan Wang Ta Kien Village
Paradise Waterfall
Khao Ra
Khao Ta Luang
Ao Haad Sol
Ao Krang Khai
Baan Thong Nai Pan Village
Koh Kong Thansadet
Haad Chao Phao
Ao Nad
Ao Haad Kruat
Baan Srithanu Village
Ao Srithanu
Ao Than Sadet
Thaan Sadet Waterfall
Ao Thong Reng
Ao Hin Kong
Baan Maduea Wan Village
Baan Thong Nang Village



THAI TRANSLATION - COMMON TERMS THAT MAY BE HELPFUL

Map References

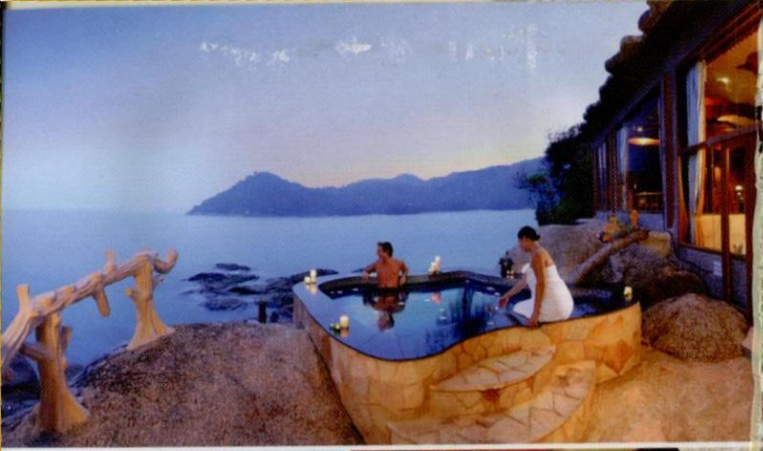
Ao	*Bay*
Haad	*Beach*
Baan	*Town*
Nam Tok	*Waterfall*
Phuu Khao	*Mountain*
Dam Nam	*Snorkelling*
Reua	*Boat/Ferry*
Koh	*Island*
Laem	*Point*

Services

Rong Payaabaan	*Hospital*
Raan Khai Yaa	*Pharmacy*
Tam Ruat	*Police*
Praisanii	*Post Office*
Thanaakaan	*Bank*
Rong Raem	*Hotel*
Taa Reua	*Pier*
Songthaew	*Taxi*
Talaat	*Market*

Useful Phrases

Khawp Khun	*Thank you*
Sawas-dii	*Hello*
Khaw Thort	*Excuse Me*
Khao Jai	*I Understand*
Yaak Dai....	*I Would Like...*
Pai	*Go*
Thao Rai	*How Much?*
Meua a-rai	*When?*
Chawp	*I Like*







Magical Adventure

Panviman or Paradise Alike is designed to be in harmony with its natural surroundings, and is situated on Thong Nai Pan Noi Beach, one of the most beautiful beaches on the island.

Panviman Group of Resorts:
Tel: +66 (0) 2910 8660-4 ext. 132, 137
Fax: +66 (0) 586 9740, 585 5939
E-mail: reservations@panviman.com; sales@panviman.com

Panviman Resort Koh Phangan:
Tel: +66 (0) 7744 5101-9
Fax: +66 (0) 7744 5100
E-mail: rsvn_kohphangan@panviman.com

www.panivman.com










cocohut

Beach Resort & Spa

Only 5 minutes walk to "Full Moon Party" beach....

"Live with the nature.... Party with the moon"

Facilities & Activities:

- Cocohut Spa
- Cocohut Restaurant
- Swimming Pool
- Pool Table
- Beach Bar
- Beach Volleyball
- Safety Box
- Wi-Fi Internet
- Laundry Service

"A dream resort on the beautiful island of Phangan"
Joshua Lonely Planet

Leela Beach, Haad Rin Nai
Tel / Fax : + 66 (0) 77 375 368-9
www.cocohut.com
email : info@cocohut.com

Cocohut Spa
Clay Cottage Spa By The Sea

Coco hut Spa features Thai Massage
Aromatic Oil Massage
Facial Treatment
Wrap, Scrub, Waxing,
Thai Herbal Steam Room
Couple Treatment Room
Single & Couple Bath Tub
Manicure & Pedicure, and more...

"The melody of touch,
Balancing your body and soul"








Free Pick Up
Northeast Area (Cocohut Spa)
Call 077 375 554



Santhiya Resort & Spa, Koh Pha-Ngan....Naturally Inspiring



Nestled amid a perfect fusion of luscious jungle, cascading waterfalls and a pristine private bay lies the exclusive Santhiya Resort & Spa. Enjoy gourmet poolside dining and exotic spa treatments whilst staying at one of the luxurious, ornate traditional Thai-style pool villa suites.

Tranquility awaits you.





www.santhiya.com

Bangkok Sales & Reservation Office
Telephone no. : +66 (0) 2889 - 3500
Fax no. : +66 (0) 2889 - 2119
E-mail : reservation@santhiya.com

Location : Koh Pha - Ngan
Telephone no. : +66 (0) 7742 - 8999
Fax no. : +66 (0) 7742 - 8900
E-mail : info@santhiya.com